

THE INTERNATIONAL ASSOCIATION OF MUSLIM PSYCHOLOGISTS & THE JOURNAL OF MUSLIM MENTAL HEALTH

Web Site : www.MuslimMentalHealth.com

The International Association of Muslim Psychologists

Muslim Health Network

To contribute in the Islamization of Psychology process
To develop a network of Muslim psychologists
To hold regular workshops and provide training to psychologists in different professional areas
To hold an international seminar/conference every three years
To publish a quarterly newsletter
To publish a biannual, refereed journal, Muslim Psychologist
To provide professional consultation to departments of psychology in the Muslim world, such as curriculum development at the undergraduate and postgraduate levels, test construction, and other industrial/organizational and clinical issues.

MEMBERSHIP CATEGORIES: CATEGORIES ANNUAL FEES

- A. Honorary Member US\$100 minimum
- B. Full Member: At least a Master's degree in Psychology - US\$20
- C. Affiliate Member : A degree in related fields - US\$10
- D. Student Member : At least a Bachelor's degree in Psychology - US\$5

MuslimMentalHealth - Muslim Mental Health Network

bismillah ar-rahman ar-raheem

Muslim Mental Health is a discussion forum for professionals and students of the mental health fields (psychology, psychiatry, counseling, social work, etc.) .

It is for individuals who fear Allah and have a sincere intention to not only keep from straying from the Straight Path, but to also use their knowledge and effort to benefit and build the Islamic Ummah.

Topics of Discussion May Include:

- the intellectual, emotional, psychological, and spiritual nature of Muslim communities; areas of concern for the present-day Muslim mental health professional
- secular theories and how they relate or conflict with Islamic constructs and cultural variables
- solutions provided by the Qur'an and sunna for our psychological ailments
- personal issues and difficulties relating to clients and advice seeking; case presentations
- collaboration on research projects and recent issues presented in scientific journals
- announcements on conferences and career opportunities

On-Going Group Activities Include :

- Database of Islamic mental health references
- Research sadaqah project

Recent Discussion Topics Were :

- videotaping clients during relapse to enhance insight
- handshaking with opposite gender

- online Muslim mental health provider directories
- solution-focused brief therapy: Islamic perspective
- why are Muslims not pursuing empirical data studies?

This list is open to Muslims from around the world, regardless of theoretical orientation or training. Working in the mental health fields can be mentally and emotionally strenuous and exhausting. Unfortunately, however, most of us do not have the support of colleagues who are likewise trying to follow Islam .

Jazakum Allah Khairan, and may Allah bless this list and its members and allow for us to exchange knowledge and support that will benefit ourselves and our clients both in this world and the next.

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Conferences

September 10-15, 2005 - XIII World Congress of Psychiatry (Cairo / Egypt)
Sponsored by The World Psychiatric Association and The Egyptian Psychiatric Association
Deadline for submission of abstracts, lectures, papers, posters, and workshops is November 1, 2004
www.wpa-cairo2005.com

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The Journal of Muslims Mental Health

The Journal of Muslim Mental Health intends to identify the mental health care needs of Muslims. Establishing a peer reviewed and refereed academic journal will encourage research in this field and provide a forum for the development of culturally sensitive psychometric scales, faith-based psychotherapy techniques, outcome studies on mental health interventions in Muslim populations, etc....

As community service projects are developed, the void in the Muslim mental health literature becomes more glaring. The Journal of Muslim Mental Health will be a forum for filling this vacuum by making relevant research data, typically overlooked by more general mental health journals, readily available within and beyond the academic medical community. Aside from important intellectual contributions, the journal will inform service-oriented work that will make institutions more effective in delivering mental health care to their communities.

Can Muslim mental health professionals and academics provide a culturally, and religiously, relevant approach to mental illness? Can Islam as a tradition develop a distinct position on human behavior, psyche, and mental health which can accommodate different cultures in different periods? These are questions that must be addressed by researchers in the field who are familiar with the principles of Islamic law, theology, and philosophy and are actively participating in research on mental health. There are only a few contemporary works that attempt to reconcile current theories of behavior and psychopathology with Muslim cultures. The Journal of Muslim Mental Health will serve as a vehicle for critical engagements with the academic discourse, integrating different modes of research and analysis, exploring the culturally constructed dimension of mental illness and exploring the spectrum of Muslim perspectives on mental health.

How Can You Help?

One of the most important contribution one can make is your intellectual contribution. The success of this journal depends on the quality of the literature published. Therefore, if you have interesting clinical or analytical research, a compelling editorial or book review, or if you can write up an interesting clinical case then please submit your work to our journal. Second, if you have expertise in a specific discipline within mental health, please volunteer as a peer reviewer. We carefully select our peer review staff; therefore, you must submit your curriculum vita to the below address. Finally, as in any worthwhile endeavor, we could always use financial support .

For questions or contributions please email Dr. Hamada Hamid, Managing Editor: journal@MuslimMentalHealth.com

Editor-in-Chief

Abdul Basit, Ph.D directs The University of Chicago's Division of Multicultural Mental Health Services. He is an eminent clinician and scholar in multicultural services. Dr. Basit is a member of the National Advisory Board to the Center for Mental Health Services, Chicago Governor Ryan's board on children and family services, and The U.S. Human Health Service Secretary Tommy Thompson's panel on services for Arab and Muslim Americans. Dr. Basit is also the director of the Islamic Society of North America's Center for Health and Human Services .

Managing Editor

Hamada Hamid, D.O. after graduating medical school at Michigan State University, completed an internal medicine internship at Cook County Hospital in Chicago, Illinois. He then spent a year as a Fulbright fellow studying the public health problems of Jordanians with various neuropsychiatric illnesses. He is currently a clinical fellow at New York University's Center for Global Health and a resident in the combined neurology and psychiatry program at NYU. His current research interests include the role of culture in the presentation and management of neuropsychiatric illnesses.

Imam & Chaplain Sections Editor

Ahmed Nezar M. Kobeisy, Ph.D. is the Director of the Islamic Society of North America's Center for Aging Support and Counseling. After providing 17 years of service as Imam and Counselor for the Islamic Society of Central New York in Syracuse, he has recently relocated to Schenectady, New York. He is currently Imam and Director of the Islamic Center of Capital District and continues to work as the Muslim Chaplain of Syracuse University. He has faculty appointments at Le Moyne College, State University of New York at Oswego, and Hartford Seminary. His areas of specialty include cross-cultural counseling particularly to Muslims and Arabs, pastoral care, conflict management and resolutions, and history, cultures and affairs of Islam and the Muslim world. He is the author of "Counseling American Muslims: Understanding the Faith and Helping the People."

Associate Editors

Sameera Ahmed, Ph.D (biosketch coming soon)

Osman Ali, M.D. completed his general psychiatry residency at Cornell University in 2003 and a fellowship in public psychiatry at Columbia University in June 2004. He is the primary investigator for an ongoing research study of imam's role in meeting the counseling needs of Muslim communities in the United States. He is currently an Attending Psychiatrist at Bellevue Hospital in New York City.

Mona Amer, M.A. is a Psychology Fellow at Yale University School of Medicine and a Clinical Psychology PhD candidate at The University of Toledo, Ohio. She received her initial psychology training at the Behman Hospital, Egypt, where she served on the research team for the United Nations Drug Control Program Global Study on the Illicit Drug Markets. She is the primary investigator on mental health needs assessment research of the Northwest Ohio Muslim community and has pioneered a cultural competency training model for mental health practitioners working with Muslims. She is also the Associate Editor for The Community Psychologist.

Ihsan Al-Issa, Ph.D is the General Secretary of the International Arab Psychological Association. His present research interest is in the indigenization of Arab psychology and the study of the concept of the self in Arab Islamic communities.

His publications include edited volumes: "Handbook of Culture and Mental Illness: An International Perspective" and "Al-Junun: Mental Illness in the Islamic World."

Navid Rashid, MD completed his general psychiatry training and was chief resident in at University of Illinois-Chicago. He serves on the American Psychiatry Association's Corresponding Committee on Religion, Spirituality, and Psychiatry. He is also the primary investigator on trauma intervention by religious professionals. He is currently a fellow at Georgetown University's Consultation Liaison program .

Ahsan Sheikh, M.D. is a Child Psychiatrist currently practicing in San Jose, California at Eastfield Ming Quong, a Non Profit Organization servicing children at risk of losing their placement at home. He received his B.S. in Psychology at the University of Michigan and graduated from the University of Michigan Medical School, where he received his Adult Psychiatry training. He completed his Child Psychiatry Fellowship at Stanford University. He has worked in a Consultation-Liaison role between Mental Health Care systems and the Muslim population, both in Greater Detroit and in the Bay Area.

Advisory Board

Patrick Corrigan, Psy.D is Professor of Psychiatry at the University of Chicago where he directs the Center for Psychiatric Rehabilitation, a clinical, research, and training program for persons with severe mental illness and their families. Dr. Corrigan is also principal investigator and director of the Illinois Staff Training Institute for Psychiatric Rehabilitation, a program that examines organizational and educational issues related to the implementation and maintenance of effective rehabilitation programs in real world settings. The Institute has provided training and consultation to more than 1000 rehabilitation professionals who provide service for more than 10,000 consumers .

Dr. Corrigan has been principal investigator of several projects on consumer and staff characteristics that enhance the implementation of rehabilitation strategies. He has published more than 100 articles as well as five books including Interactive Staff Training for Effective Rehabilitation with Stanley McCracken. He is Editor-in-Chief of the journal, Psychiatric Rehabilitation Skills. This year, Dr. Corrigan became principal investigator of an NIMH-funded Research Infrastructure Support Program on mental illness stigma. He is also director of the Chicago Consortium for Stigma Research.

Haythem Khayat, M.D. is Senior Policy Adviser for the World Health Organization's Eastern Mediterranean Regional Office (including the Middle East), and Director of the WHO's Arabic Program. He has taught at the medical faculties at Damascus University and Brussels University. He is a board member of the Islamic Organization for Medical Sciences, and Editor-in-Chief of the Eastern Mediterranean Health Journal. His work on tobacco control includes analysis and advocacy in relation to Islamic societies, and research on tobacco prevention in Egypt and Saudi Arabia. He is author to many publications including the World Health Organization's series in Islamic Rulings and Health .

Margaret Kornfeld, Ph.D is a pastoral psychotherapist, past president of the American Association of Pastoral Counselors. She is currently teaching at Auburn Theological Seminary in New York City, and has been on the faculties of Union Theological Seminary, Fordham University and Blanton Peale Graduate Institute. She is author of "Cultivating Wholeness A

Guide to Care and Counseling in Faith Communities."

Ingrid Mattson, Ph.D is a Professor of Islamic Studies and Associate Editor of The Muslim World at the Macdonald Center for Islamic Studies and Christian-Muslim Relations at Hartford Seminary, Hartford, CT since 1998. She is also the Vice-President of The Islamic Society of North America, served as an advisor to the Afghan delegation at the United Nations Commission on the Status of Women, thirty-ninth session, Director of Projects for Afghan Refugee Women, Akora Khattak refugee camp, Pakistan, 1987-1988. She has several publications in Islamic law and history. For more information see her website at: <http://macdonald.hartsem.edu/mattson.htm>

Amina McCloud, Ph.D is professor of Islamic Studies at Depaul University. She is Editor-in-Chief of Islam, Law, and Culture. She has served as a consultant for Harvard University's Pluralism Project, Boston University Medical school's medical ethics and culture program, and . She has published numerous books, book chapters, and articles especially in the area of Muslims in America. To learn more about Dr. McCloud's work please visit her homepage at: <http://condor.depaul.edu/~amcloud/>

Richard Mollica, M.D., M.A.R. is the Director of the Harvard Program in Refugee Trauma (HPRT) at Massachusetts General Hospital. He is also Associate Professor of Psychiatry, Harvard Medical School. He received his M.D. from the University of New Mexico Medical School and an M.A.R. from Yale University Divinity School. In 1981, Dr. Mollica and his HPRT team developed one of the first clinical programs for refugees in the United States. Under Dr. Mollica's direction, HPRT has pioneered the medical and mental health care of survivors of mass violence and torture in the United States and abroad. He has many publications in the area of psychiatric trauma

John Tuskan, R.N., M.S.N. is currently assigned to the Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA), Department of Health and Human Services under which he serves as the Director of Refugee Mental Health Program. The refugee program provides mental health, technical assistance and consultation to the Federal Office of Refugee Resettlement and the entire U.S. refugee resettlement network. Captain Tuskan also serves as SAMHSA's Faith-based and Community Initiatives Coordinator, CMHS's International Initiative Officer and is an instructor in Psychiatry at the Uniformed Services University of the Health Sciences. He has established professional experience in clinical assignments with the U.S. Army and the National Institutes of Health, mental health consulting with the U.S. Immigration and Naturalization Services and the U.S. Marshals Service. Captain Tuskan has completed humanitarian field assignments in response to disasters, mass immigration exercises, and refugee emergencies in the Middle East and Eastern Europe. Captain Tuskan is a graduate of the Pennsylvania State University and Yale University.

Information for Authors

Mental illness is culturally influenced, and to form diagnostic opinions, management decisions, and health policy on people from different communities, the historical and social nuances of the culture must be well understood. The Journal of Muslim Mental Health provides an academic forum to explore social, cultural, historical, theological, and psychological factors related to the mental health of Muslims in the United States as well as that of the global Islamic community. To this end, the Journal welcomes contributions across the social science disciplines,

including psychiatry, psychology, Islamic studies, nursing, social work, sociology, anthropology, philosophy and fields interested in mental health and the Muslim community. Readership is intended to include social scientists, clinicians, counselors, and health policy makers. Clinical and research material is welcome for submission to the following areas: Original Contributions (reviews, original research), Chaplains' Forum (for reflections and observations by pastoral care specialists and imams involved in clinical mental health care and counseling), book review, and Letters to the Editor.

Manuscript Submission

Submitted manuscripts will be :

Original contributions (please specify whether material has been previously published or is under consideration for publication elsewhere). Approved by the authors, who are all expected to qualify for authorship by significant participation in the submitted material. The corresponding author should be designated and contact information provided. Adherent to accepted standards of patient anonymity and informed consent; this responsibility rests with the authors. Reviewed anonymously by JMMH editorial board members or other designated peer reviewers prior to acceptance for publication. Inclusive of disclosure of all forms of support including conflict of interests.

Manuscript Preparation

The Journal's format will be in accordance with the International Committee of Medical Journal Editors. See "Uniform Requirements for Manuscripts Submitted to Biomedical Journals," Ann Intern Med 1997; 126:36-47. See <http://www.icmje.org>

Original research and review articles are welcomed:

Include Title, Abstract, and standard text format of Introduction, Materials and Methods, Results, and Discussion with references and figures. Please consult "Uniform Requirements for Manuscripts Submitted to Biomedical Journals." Ann Intern Med 19) 47-126:36 ;97icmje.org)

Other categories for submission include:

Chaplains' Forum; this is intended for observations, reflections, and introspective material from imams, clergy, chaplains and religious professionals of all faiths. It is preferred that the material be relevant to clinical encounters, and address in some way the relationship between the domains of religion/spirituality and mental health . Case studies and case series of interesting clinical cases are also welcomed.

Featured topics will occasionally include: Islamic Law & Ethics, History of Mental Health in the Islamic World, Mental

Health Concept.

Letters to the Editor; these should be concise, and may include general comments and concerns from the readership, specific responses to published material in the JMMH, and case reports or anecdotal reports.

Submit articles to journal@MuslimMentalHealth.com

PROFESSIONAL ASSOCIATION

The following are information links to websites associated with Muslim Mental Health :

- AJMMH - American Journal of Muslim Mental Health
http://www.muslimmentalhealth.com/Association_Docs/contribute.asp
- Arab Psych Network - Internet psychology and psychiatry resource for the Middle East.
<http://www.arabpsynet.com/>
- Crescent Life - Excellent resource for online articles related to Muslims and mental health
<http://www.crescentlife.com/index.htm>
- Ethnic Health Forum - Mental Health Information in Urdu
<http://www.ethnichealth.org.uk/urdu-mind/eindex13.htm>
- IAMP - International Association of Muslim Psychologist - European office website
<http://www.angelfire.com/me/iamp>
- ICNA - Islamic Circle of North America
<http://www.icna.com/>
- IMA - Islamic Medical Association of South Africa
<http://www.ima.org.za/>
- IMANA - Islamic Medical Association of North America
<http://www.imana.org>
- Islamic Chaplaincy Program - Hartford Seminary Islamic Chaplaincy Program
<http://macdonald.hartsem.edu/chaplaincy/index.html>
- Islamic Psychology Online - Resource to traditional and premodern Islamic theories of mental health
<http://www.angelfire.com/al/islamicpsychology/>
- ISNA - Islamic Society of North America
<http://www.isna.net/>
- ISSA - Islamic Social Service Association
<http://www.issaservices.com/>
- MHN - Muslim Health Network. United Kingdom based charity organization dedicated to educating and providing resources to Muslims in the UK
<http://www.muslimhealthnetwork.org/>
- MMH List - Muslim Mental Health email list. Over 200 mental health professionals from different disciplines around the world subscribed
<http://groups.yahoo.com/group/MuslimMentalHealth/>
- WIAMH - World Islamic Association for Mental Health
<http://www.geocities.com/wiamh2001/index.html>

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