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اتحاد الأطباء النفسيين العرب  
الجمعية السورية النفسية لأطباء الطب النفسي  
خدمات الصحة النفسية في العالم العربي  
(التحديات والنظرة المستقبلية)

### SECOND CALL FOR ABSTRACT

Deadline Date : 31/8/2010



(8-10 December 2010)

Khartoum – Sudan

Venue

Friendship Hall – Burj Al Fatih

الخرطوم السودان

8-10 ديسمبر 2010

11th. Conference of the Arab Federation of Psychiatrists

**Mental Health Service  
in The Arab World  
( Challenges and Prospects )**

Websites:

www.sudapsychass.org

www.sudanesepsychiatrists.org



## Foreword



Recent years have seen significant changes in the field of mental health in the countries of the Arab Region. The stigma attached to mental illness is diminishing, psychiatric services which were earlier totally confined to a few large mental hospitals, are now gradually being replaced by psychiatric units with both inpatient and outpatient facilities in general hospitals, many countries have developed specific national mental health policies and programs.

Although a majority of the countries of the Region have agreed in principle to integrate mental health into the primary health care delivery system, implementation so far has been limited.

The shortage of qualified mental health professionals in almost all the countries of the Region is well known. The poor condition of medical records of the present mental health services in some countries is also a serious shortcoming. A negative attitude toward mental health is often encountered among health planners and administrators, possibly stemming from a lack of knowledge about recent developments in the field of mental health.

Ambiguity over the roles of the members of the mental health care team—the psychiatrist, the clinical psychologist, the psychiatric social worker, the psychiatric nurse.

People exposed to major economic transitions are at risk for mental disorders, alcohol, substance use and suicide. Currently, most of the Arab Countries are exposed to conflicts, wars, terrorism and fundamentalism which may be the seeds for many behavioral and mental disorders.

Whether we like it or not traditional healers do and will continue to provide some form of intervention into the lives of mental patients and their families in the Arab World and this is more so the case, the less the accessibility of mental health services on the community level.

You are cordially invited to attend the 11th Pan Arab Psychiatric Congress to be held in Khartoum-Sudan 8-10 December 2010 to discuss the challenges and prospects of mental health services in the Arab World.

Professor Ahmed Okasha  
President Arab Federation of Psychiatrists  
President Egyptian Psychiatric Association  
Past President World Psychiatric Association

## WELCOME



On behalf of the Sudanese Association of Psychiatrists, it gives me a great pleasure to invite you to the 11th Conference of the Arab Federation of Psychiatrists to be held in Khartoum, on 8-10 December 2010.

### MENTAL HEALTH SERVICES IN THE ARAB WORLD, (CHALLENGES AND PROSPECTS)

We are determined to make this conference a unique event to be remembered by all participants. You will enjoy the scientific programs, the social events and the nice weather in Khartoum during December.

All of you are cordially urged to come and participate actively in the conference and meet with experts and scholars from the Arab world and all over the globe.

We sincerely look forward to seeing the members of the Arab Federation of Psychiatrists in Khartoum to consolidate the unity of our organization and work together for the cause of mental health in our region.

My best regards

### Abdallah Abdelrahman

President of the Sudanese Association of Psychiatrists

## Themes and Scientific Topics

1. Mental Health in Conflicts and Disaster Areas,
2. Recent Advances in General Adult Psychiatry.
3. Traditional and Spiritual Healing,
4. Sociocultural Aspects of Mental Health
5. Speciality Psychiatry  
(child, old age, addiction, liaison psychiatry, etc.)
6. Woman's Mental Health,
7. Psychological Contribution to Mental Health,
8. Psychiatry and the Law. ( mental health acts, etc.)
9. Sexual and Sleep Disorders,
10. Mental Health Education in the Arab World
11. Mental Health of Displacement and Refugees
12. Organic Psychiatry.

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Sudanese Psychiatric Association (UK)  
Sudanese Psychological Society

**Fees: \$ 200**

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