

## IIIrd. INTERNATIONAL CONFERENCE of Al Noor Hospital (3RD.ICAN-2008) PSYCHIATRY IN GENERAL PRACTICE- HEALTHY MINDS, HEALTHY LIVES

Al Noor Hospital - Abu Dhabi UAE  
February 7 - 9, 2008.

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### President's Message

Dear Colleagues

It is a great delight for me to welcome you in the prestigious city of Abu Dhabi in United Arab Emirates and a special privilege to invite you to the 3rd International Conference of Al Noor Hospital that will be held on February 7-9, 2008.

ICAN annual conferences have so far created a great impact on medical services and the quality of patient care in private sector. The first conference on "Problems of Obesity in Medical Practice" and the second conference on "Liver Diseases" are followed by the **3rd ICAN- "Psychiatry in General Practice- Healthy Minds, Healthy Lives"**.

It is becoming increasingly recognized by all international scientific organizations that out of the ten leading causes of disability in The Global Burden of Disease world wide, five of them are psychological disorders- namely Schizophrenia, Depression, Obsessive Compulsive, Dementia and Drug Abuse. The World Psychiatric Association (WPA), the American Psychiatric Association (APA) and the World Health Organization (WHO) have launched *The Global Ant Stigma Campaign* to fight the myths and misunderstanding surrounding those diseases. Stigma creates a vicious circle of alienation and discrimination which can lead to social isolation, inability to work, drug abuse, homelessness and excessive institutionalization-all of which diminish the quality of life of people suffering from psychological disorders and put a great stress on their families.

It is estimated that 23-45% of OPD attendants are suffering from physical symptoms of psychogenic origin which highlights the importance of psychological approach to patients attending O.P. clinics. The WHO has recently recommended the integration of mental health into general medical practice for early detection, intervention and treatment. It has designed a special CME course for PHC doctors.

It is our great aspiration to make this conference a major breakthrough for psychiatry in the new millennium by increasing awareness, improving public attitude and generating action to eliminate discrimination and prejudice. We hope that it would be a joint venture for all Medical Health Providers as well as Non-government Organizations (NGOS) to get together to change the community attitude towards psychiatry and foster the objective of Healthy Minds, Healthy Lives.

Once again welcome to Abu Dhabi.

*Dr. Kassem Alom, MD*  
*Conference President*  
*Managing Director*  
*Al Noor Hospital*

### Learning Objective

Upon Completion of the sessions of this conference, the participants should be able to:

- Assess the global burden of psychiatric disease in developing countries.
- Discuss the role of the Psychiatrist toward being an ( Adopter ) versus (Innovator) in the field of transcultural psychiatry.
- Outline the recent developments in the management of depression.
- Identify the need to utilize a team-approach for mental health workers in launching anti-stigma campaigns.
- Explain the key concepts in the use of novel anti-psychotic drugs and SSRI (Serotonin Reuptake Inhibitor) as combined treatment modalities on evidence-based practice.

### Target Audience( Who Should Attend).

1. Psychiatrist
2. Psychologist
3. Social Workers
4. General physician
5. PHC doctors
6. NGO's ( Non-Government Organizations)
7. Rheumatology
8. Gynaecology
9. Surgeon
10. Paediatrician
11. Other Specialities
12. Neurologist

### Conference Topics

- Anxiety Disorder
- Depressive Disorder
- Phobias
- Post-Traumatic Stress Disorder
- Bipolar Disorder
- Schizophrenia
- Suicide
- Eating Disorder
- Common Children Disorders
- Psychiatric Services for the Elderly
- Substance Abuse
- Domestic Violence
- Media Violence

- Psychiatric Confidentiality
- Bill of Patients' Right
- Psychiatry and Women
- Psychiatry and Medical Diseases
- Psychiatric Aspects of HIV – AIDS
- Students' Mental Health
- Prevention ( Primary, Secondary, and Tertiary )
- Fighting the Stigma

#### Conference Committees

##### Conference President

Dr. Kassem Alom

##### Conference Convener

Dr. Elzain Omara

([http://www.icanuae.com/3rdican/Dr.ElZain\\_Omara.html](http://www.icanuae.com/3rdican/Dr.ElZain_Omara.html) )

##### Scientific Committee

###### International Members

- Prof. A. Okasha, Egypt
- Prof. Tarik Elhabib, KSA
- Prof. Christopher Mayer, UK
- Prof. Mustafa Kamal, Egypt
- Prof. Afaf Hamid Khalil, Egypt
- Prof. Zeinab Bishry, Egypt
- Prof. Sheikh Idris A. Rahmi, KSA
- Prof. Malik Badri, Pakistan

###### Local Members

- Dr. Ahmad Anbar, UAE
- Dr. Talaat Matter, UAE
- Dr. Sheikha Muzafari, UAE
- Dr. Tariq Darwish, UAE
- Dr. Tarik Khamas, UAE
- Dr. Gamal Mousa, UAE
- Dr. Medhat Elsubahi, UAE
- Dr. Tamer Adham, UAE
- Dr. Das Lucky Gupta, UAE
- Dr. Yousif El Tigani, UAE

#### Organizing Committee

##### Secretary General

Dr. Aman El-Duweini

##### Ass. Conference Convener

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##### Ass. Conference Convener

Dr. Lamya El Barrasi

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##### It Incharge

Mr Moath Khalefa

#### Links

##### Al Noor Hospital

Pioneer healthcare provider located in the heart of Abu Dhabi, providing medical care through state-of-the-art technology and expert medical team in a friendly and solicitous environment.

[www.alnoorhospital.com](http://www.alnoorhospital.com)

##### Abu Dhabi CME

The Abu Dhabi CME unit has recently been established to support the Continuing Professional Development of Physicians and Health Professionals within the Emirate of Abu Dhabi. This will be through organizing CME events.

Another important aim is to promote cooperation between all the hospitals in the Emirate of Abu Dhabi.[www.abudhabicme.com](http://www.abudhabicme.com)

##### Gulf MD

Gulf MD has been conceived to meet a growing demand by the general public for highly detailed and sophisticated information about Healthcare Practitioners. This website is dedicated to providing quality health information. For the thousands of Physicians, Dentists, Mental Health Providers, and other practitioners every year.[www.gulford.com](http://www.gulford.com)

##### E-CME

This website is for an international audience of Healthcare Professionals and provides a library of interactive Continuing Medical Education (CME) courses.[www.ecme.com](http://www.ecme.com)

##### Med Line Pub Med

A search Infotrieve database for abstracts of medical articles and events. Through this website Physicians can order recent clinical articles and news.[www4.infotrieve.com](http://www4.infotrieve.com)

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Correspondance

Registration

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Registration

Please fill in the registration form and forward it to the registry office Via :

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Web site

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دعوة للمشاركة في محاور الأعداد القادمة

صيف 2007: "مظاهر الإكتئاب في المجتمع العربي" - آخر أجل 07-06-30  
 خريف 2007: "سيكولوجية التطرف العقائدي .. وهم القوة وقوة الوهم" - آخر أجل 07-09-30  
 شتاء 2008: "السيكولوجيا من منظور عربي" - آخر أجل 07-12-31  
 المشرف: أ.د. الغالي أحروشاو - فاس، المغرب  
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ندعوا زملائنا الكرام مشاركتنا إعداد ملفات هذه المحاور.  
 دمتم ذخرا للعلم و المعرفة

رئيس التحرير

[www.arabpsynet.com/apn.journal/index-apn.htm](http://www.arabpsynet.com/apn.journal/index-apn.htm)

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Al Noor Neuropsychiatry Centre



[www.alnoorhospital.com](http://www.alnoorhospital.com)

Psychiatry In General Practice



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