

FIRST INTERNATIONAL CONFERENCE ON MENTAL HEALTH SERVICES IN POST WAR

MENTAL HEALTH SERVICES AND ESSENTIAL HEALTH CARE IN POST WAR

IRAQ: CURRENT AND FUTURE FOCUS

Venue: Sheraton Abu Dhabi Hotel & Resort, UAE
18 - 22 February 2008

hazim@obaydi.com - mariwan.husni@nhs.net - amerhosin@aol.com

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البرنامج العلمي للمؤتمر / Scientific Programme

A very warm welcome from the Conference Chair and his Colleagues at the Organising and Scientific Committees to all delegates attending the Conference

Dear colleagues, delegates and invited guests, It is my utmost pleasure to see you all attending this conference, which is

convened in the Capital of UAE, Abu Dhabi. The conference has attracted delegates from various parts of the globe. Thus, we are expecting our conference to be unique, stimulating and scientifically rewarding as many of our colleagues from Europe, the USA, Iraq and the Arab World will be attending, presenting and contributing to the success of this conference on mental health services and essential health care in post war Iraq.

We very much hope delegates will find this gathering useful and enhancing to our scientific commitment and long-term cooperation for Iraq.

Indeed, our mutual and fundamental views are characterised by continuation of scientific cooperation with all expatriates and our colleagues inside Iraq with vision of investment in science, technology, training and engaging in a scientific debate and cooperation to enhance development of mental health services and primary health care in Iraq.

However, overwhelming responses have been received following our first and second announcements for participation. Over 100 scientific submissions were made. The scientific committee had the difficult task of selecting only some of these for presentation. Half of which will be oral presentations divided into various symposia while the other half will be made poster presentations and workshop training programmes. It is worth noting at this stage that there will be around six main workshop training programmes planned to discuss several issues, i.e. paediatric medicine, child psychiatry, food intolerance, hypertension, irritable bowel syndrome, accident and emergency, and brain injury trauma etc. It should be recognised that submissions were made from

several universities and hospitals representing various institutions and countries, e.g. Iraq, USA, and the UK.

Our sincere appreciation and gratitude to various partners, namely the World Health organisation (WHO), Eastern Mediterranean Regional Office (EMRO),

Iraqi Mental Health Forum UK (IMHFUK), World Psychiatric Association (WPA), Royal College of Psychiatrists (RCPsych), Royal College of General Practitioners (RCGP), British Arab Psychiatric Association (BAPA), the International Medical and Educational Trust Missouri USA, and the International Centre of Psychosocial Trauma Centre, University of Missouri Columbia, and our UAE host.

Many thanks also due to all members of the scientific and organising committees. Last but not least, a big thank you to all participants who submitted their work and to all our delegates who are behind the success of this scientific gathering.

Finally may we use this opportunity to thank the IMHF UK and the organising committee for their hard work and planning for this conference. I very much hope that the outcomes of this conference will be professionally and scientifically rewarding to all of us as well as contributing to improving mental health services in Iraq. A warm welcome to you all to Abu Dhabi.

Dr Hazim Obaydi
Conference Chair
hazim@obaydi.com

Dr Mariwan Husni
Scientific Committee Chair
mariwan.husni@nhs.net

Dr Amer Hosin
Conference Co-Chair
amerhosin@aol.com

The Organising and Associated Partners:

World Health Organisation (WHO), Eastern Mediterranean Regional Office (EMRO), Iraqi Mental Health Forum UK (IMHFUK), World Psychiatric Association (WPA), Royal College of Psychiatrists (RCPsych), Royal College of General Practitioners (RCGP), British Arab Psychiatric Association (BAPA), the International Medical and Educational Trust Missouri, USA, and the International Centre of Psychosocial Trauma (ICPT), University of Missouri, Columbia, USA.

Conference Theme:

Mental Health Services and Essential Health Care in Post War Iraq: Current and Future Focus

Consultative Joint Conference and Main Committee Members

Dr Hazim Obaydi
Conference Chair
hazim@obaydi.com

Dr Mariwan Husni
Scientific Committee Chair
mariwan.husni@nhs.net

Dr Amer Hosin
Conference Co-Chair
amerhosin@aol.com

Members of the Scientific Committee:

Mariwan Husni (Chair), Sadiq Al-Samarrai, Husam Alathari, Hariith Swadi, Riyadh Al-Baldawi, Haroutyon Krekorian, Saadi Ali, Tomma Muhsin, Elham Aldouri, Saad Al-Khalaf, Saad Kamal Ahmed, Emad Habib Yousif, Mahmood Al-Bachari, Sudad Sadiq Jawad, Najem Al-Falahe, Hellme Najim, Adul Majeed Mohammed, Kusay Moosa Hadi, Amer Hosin, Tarik Al-Kubaisy, Adil Al-Mousawi, Nazar Amin, Said Alhashimi, Mohammed Al-Uzri, Numan Sarhan Ali, Monaf Al-Jadiry, Ziad Abdel Jabbar Zaidan, Mufeed Raof, Nisreen Boya, Hazim Obaydi, Ali Hadi Al-Barazanchi and Namir Damluji.

Organising Committee:

UK: Hazim Obaydi (Chair), Tarik Al-Kubaisy, Badea Khalf Al-Heety, Mariwan Husni, Amer Hosin, Saleh Dhumad, Ali Hadi Al-Barazanchi, Faiza Hassan, Emad Lilo, Abdul Kareem Salman Al-Obedy, Fajir A. Alwan, Sabah Sadik, Mohammed Al-Uzri, Falah Hussain Saleh, Haroutyon Krekorian and Mohammed J Abbas.

Europe (excluding UK): Riyadh Al-Baldawi (Sweden)

Gulf Region: Mufeed Raof (UAE) and Ziad Abdel Jabbar Zaidan (Oman).

Iraq: Nazar Mohammed Amin, Said Alhashimi, Natic Al-Kubaisy, Ghassan Husain Salem and Shalan Joodah

North America: Sadiq Al-Samarrai (USA) and Husam Alathari (USA).

Public Relations Committee:

Amer Hosin (Chair), Adil Al-Mousawi, Faiza Hassan, Sabah Sadik, Mufeed Raof, Tarik Al-Kubaisy, Abdul Kareem Salman Al-Obedy, Riyadh Al-Baldawi, Sudad Sadiq Jawad, Nahla Fawzi Jamil, Mohammed Thiyab Abed Al-Karkhi, Sadiq Al-Samarrai, Husam Alathari

Financial Committee

Ali Hadi Al-Barazanchi (Chair), Faiza Hassan, Amer Hosin, Badea Khalaf, Saleh Dhumad and Hazim Obaydi

Guests of Honour

- Professor Dr. Hussein Al Gezairy, Regional Director of the World Health Organization for Eastern Mediterranean (WHO/EMRO Egypt)
- Professor Dr H. Khayat Chief Advisor for the Regional Director of the World Health Organization for Eastern Mediterranean (WHO/EMRO Egypt).
- Professor Ed Cairns (Former President of Division 48 APA)
- Dr Jack Piachaud, Medact, London

Conference Venue:

Sheraton Abu Dhabi Hotel & Resort, UAE
Corniche Road, Abu Dhabi (Tel. 00-971-2-6773333)

Participating Countries:

Iraq, Great Britain, USA, Palestine, Kuwait, Bahrain, Oman, Jordan, Saudi Arabia, Sweden and Germany

Participating Universities:

United Kingdom: Dr Amer Hosin, London Metropolitan University, Professor Ed Cairns, University of Ulster, UK

Other UK Universities include Leicester & Liverpool

Iraq: Ministry of Health and Higher Education in Iraq, University of Mosul, University of Baghdad, University of Kufa, Babylon University, University of Basra, Al-Mustansiriah University, Hawler University, Duhok University, Sulaimaniya University. AlMustansiriyah University. Wasat University.

USA: University of Missouri, Columbia, New York University, John Hopkins University, George Washington University.

Sweden: Uppsala University.

Egypt: Dr Elmahdy, Mohammed. Head of Psychiatry Department, Demietta College of Medicine, Al-Azhar University. Ain Shams University

Instructions to our Colleagues (chairpersons, discussants and moderators)

- The success of each scientific session will depend on strict time management.
- Some sessions have discussion time at the end, while others don't; in these sessions please allow less than three minutes for each question after the presentation.

General Information to our Speakers

- Time management of your presentation is of utmost importance; please do not exceed the allocated time for your presentation as such excessive time might leave impact on the other presentations.
- Language of conference either Arabic or English, however most delegates prefer their presentation in English.
- Slides and Video projection not available. An Overhead can be provided on request.
- Please bring your presentation on the evening before your presentation date, to the conference Secretary Room. This guarantees smooth delivery and avoids delays in your presentation in the following morning.
- Only presentations on CD-ROMs or USB memory sticks can be processed. Please note that the use of your own laptop will not be possible.
- The date and room of your presentation can be found in the conference programme, which will be available to delegates prior to the conference.

Fees:

Registration Fees: \$300 or £150 for Delegates attending the entire scientific programme. These expenses cover meals and certificates of attendance.

Workshop Fees: \$100 per workshop or \$300 entitles the delegates to attend all workshop programmes. This covers meals for the day and certificates of attendance.

Accommodation and Flight Fees

- Requests for accommodation and flights received after 1 January 2008 will not be processed. From then onwards delegates must arrange for their own flights and accommodation. However, registration for conference attendance will continue until 19 February 2008. We encourage early registration for both the main conference and the planned workshop training programmes.
- All delegates that arrange their own flights and accommodation will need only to pay the £150 (\$300) registration fee, which entitles them to take part in both the social and scientific programmes.

Registration fees will cover

- The scientific programme, relevant papers presented at the conference, delegates' folder and the certificate of attendance.

- Participation in the social programme, various trips and social activities. The planned social programme includes visits to museums, old towns and market places. Other social activities may include visits to historical sites.

E-mail address for Conference Registration

Dr Hazim Obaydi FRCPsych
Conference Chair
Consultant Psychiatrist, London
E-mail: hazim@obaydi.com

Bank Transfer

Registration fees should be sent to the following

Barclays Bank
Highbury Branch, London, (UK), N5 1RD
Account Name: Conference Account IMHF
Sort Code: 20-44-86
Account Number: 40655384

Scientific Committee & Programme Chair

Dr Mariwan Husni
Consultant Psychiatrist, Harrow Mental Health Trust, London
E-mail: mariwan.husni@nhs.net

Continued Professional Development and Continued Medical Education (CPD & CME): 30 credit points planned to be achieved for attending the entire programme.

التعضيد العلمي للمؤتمر
سيتم تقييم المؤتمر من منظمة الصحة العالمية المركز الإقليمي
ونأمل على الحصول على 30
نقطة تعليمية للحضور الكامل للمؤتمر

AVERAGE TEMPERATURE IN THE UAE: Winters and Spring experience pleasant temperatures of around 20 degrees Celsius.

TIME ZONE: November through to February: GMT +4 Hours (Winter).

ELECTRICAL CURRENT: 220 Volts

WEEKEND: Fridays and Saturdays are the national weekends.

Nearby major cities to the Conference Venue: Abu Dhabi, Dubai, Al-Ain, Sharjah, Ajman.

Communications: International telephone code for the UAE: 00-971 (02 for

Abu Dhabi)

Airport:

Abu Dhabi International Airport is well connected; a distance of around 30 kilometres from the centre of the capital; a 25-minute journey by Taxi.

Currency:

Currency Unit: Dirham; and UAE Dirham £1 = 7 UAED

The Main Scientific Programme/ البرنامج العلمي للمؤتمر

Monday 18 February 2008 الاثنين Arrival to Abu Dhabi
Registration: 16.00 - 20.00

Tuesday 19 February 2008 Opening Ceremonies

الثلاثاء 19 فيفري 2008 الافتتاح

- 10.00-12.00 : (Main Auditorium) Opening Ceremony & Keynote Speeches
- 12.00-13.00: (Main Auditorium) Pharmaceutical Fair & Exhibition
- Hall 1: Poster Session**
- 13.00-14.00: Lunch
- 15.00-18.00: (Main Auditorium) **Symposium (1)** The essence and priorities of mental health services in post war Iraq
- 19.00-21.00: (Main Auditorium) Dinner

Wednesday 20 February 2008 الأربعاء

- 09.30-12.30: (Main Auditorium) **Symposium (2)** PTSD Adults Services: Prevention, coping and treatment approaches
- Workshop (1):** (Hall 1) Paediatric Implications of maternal diseases on the unborn and future child
- Workshop (2):** (Hall 2) Local Solution for local problems: Development of culturally appropriate services for those in mental distress
- 13.00-14.00 : (Main Auditorium) Lunch
- 15.00-18.00: (Main Auditorium) **Symposium (3)** PTSD Children Services: Coping and Treatment approaches
- Workshop (3):** (Hall 1) Food intolerance, Irritable Bowel Syndrome ISB, obesity & fatty liver disease
- 19.00-21.00 (Main Auditorium) Dinner

Thursday 21 February 2008 الخميس

- 09.30-12.30: (Main Auditorium) **Symposium (4)** The outcomes of evidence based psychiatric research and practice
- Workshop (4)** (Hall 1) Hypertension and management of brain injury
- Workshop (5)** (Hall 2) Psychological support for children of war
- 13.00-14.00 Lunch
- 15.00-18.00: (Main Auditorium) **Symposium (5)** Addiction, rehabilitation and other self harming behaviours
- Workshop 6** (Hall 1) ECT Evidence based clinical practices
- Symposium (6)** (Hall 2) The contributions of multidisciplinary teams and the psychosocial perspectives to mental health
- 19.00-22.00: (Main Auditorium) Dinner & Official Conference End; Recommendation

Friday 22 February 2008 : Departure

الجمعة 22 فيفري 2008 العودة وانتهاء فعاليات المؤتمر

Opening Ceremony/ افتتاح المؤتمر

19 February 2008

- 10.00-12.00 Main Auditorium /

Welcome, Greetings and Main Keynote Speeches

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Main Keynote Speeches / جلسة الافتتاح

19 February 2008

- 10.00-12.00 Main Auditorium

Chair: Dr. Hazim Obaydi
Discussant: Professor Namir Damluji

1. Coping With Peace: The Northern Irish Experience /

من تجربة إيرلندة الشمالية في السلام

Professor Ed Cairns
Former President of Division (48) APA, Professor of Psychology at University of Ulster, UK.

2. Psychosocial Intentions: From former Yugoslavia to Iraq/

رؤى نفسية واجتماعية من خبرة وتجربة الحرب اليوغسلافية

Dr Jack Piachaud
Consultant Psychiatry, Medact, Grayston Center, 28 Charles Square, London N1 6HT.

Symposium 1: The essence and priorities of mental health services in post war Iraq / الجلسة الأولى: في أوليات وأسيقيات الخدمات النفسية

- 19 February 2008, 15.00-18.00 Main Auditorium

Chair: Dr Amer Hosin
Discussant: Dr Mohammed Al-Uzri

3. Inter Agency Standing Committee (IASC) Guidelines and Emergency Mental Health and Psychosocial Support/ مبادئ وإرشادات الدعم النفسي والإجتماعي وخطط طوارئ الصحة النفسية

Dr Mohammed T. Yasamy
Regional Advisor, Mental Health and Substance Abuse, WHO, EMRO, PO Box 7608
Nasr City 11371, Cairo

4. Risk Reduction and Emergency Preparedness: A Mental Health Perspective/ التهيء للطوارئ وتقليل المخاطر: رؤية في الصحة النفسية

Dr. Nada Alward
Health Action in Crises Cluster, WHO (HQ), 20
Avenue Appia, 1211 Geneva 27, Switzerland.

5. Developing Iraq's Mental Health Policy/ تطوير سياسات الصحة النفسية بالعراق

Dr Hamada I Hamid
Department of Neurology and Psychiatry, New York
University, New York
Dr Anita Everett
Department of Community and General Psychiatry,
John Hopkins School of Medicine, Baltimore, USA.

6. Towards a better Educational and Training Programme in Mental Health in Iraq/ من أجل تدريب وتعليم أفضل للصحة النفسية بالعراق

Professor Abdul-Monaf Al-Jadiry
Chair of Department of Psychiatry, Jordanian
University, Amman, Jordan.

7. Role of International Educational Institutions in Supporting Mental Health services in Iraq/ دور المؤسسات الدولية في دعم الخدمات النفسية بالعراق

Dr Majid Al-Yassiri
Consultant Psychiatrist at Barnes Hospital, South
Worple Way, London SW14 8SU.

8. Arab Older Adults - An Army with High Psychiatric Morbidity Begging Specialised Services / طب نفس الشيخوخة والمسننين من الاختصاصات المطلوبة

Dr Saad Al-Khalaf
Consultant Psychiatrist and Senior Lecturer at St.
George's Hospital & Surrey and Borders NHS Trust,
UK.

9. Voluntary Mental Health Services: Learning from the UK experience/ دور المؤسسات غير الحكومية في الخدمات النفسية وخبرة المملكة المتحدة في هذا الحقل

Dr Saleh Dhumad
Specialist Registrar, Park Royal Centre for Mental
Health, Central Way, London NW10 7NS, UK.

10. Role of Ministry of Higher Education in the Developmental of Mental Health Policies and Services in Iraq/ دور وزارة التعليم العالي في تطوير سياسات وخدمات الصحة النفسية بالعراق

Dr. Qassim Hussein Salih
Professor of Psychology, Head of Iraqi Psychological
Association, Salahuddin University, Erbil, Iraq.

Symposium 2: PTSD adults services: Prevention, coping and treatment approaches / الجلسة الثانية: اضطرابات ما بعد الصدمات والكوارث الوقاية والعلاج والتأهيل والتعامل مع ضغوط الكوارث لدى الكبار

20 February 2008, 09.30-12.30 Main Auditorium

Chair: Dr Saad Khalaf
Discussants: Professor Ziad Abdel Jabbar Zaidan

11. Impact of the War on Mental and Somatic Health Status and Essential Health Care Needed for the Iraqi People

Dr Hikmet Jamil
Wayne State University, Division of Occupational &
Environmental Health, 300 Woodward Avenue, Suite
808. Detroit, Michigan, 48201, USA.

12. Prevalence of Psychiatric Morbidity among Plastic Surgery Patients with Mutilated Ears

Dr Ali R Zarzoor
Consultant Psychiatrist, Ibn Rushd Mental Hospital,
Baghdad, Iraq.

13. The impact of the War on Recently Arrived Iraqi Refugees to Sweden-Clinical observations

Dr Riyadh Al-Baldawi
Professor of Psychiatry at Oriental Health Medical and
Rehabilitation Centre, Stockholm, Sweden.

14. Coping with Catastrophe: An Islamic Perspective

Dr Abdul Basit
Former Assistant Professor of Psychiatry, Feinberg
School of Medicine, North- Western University,
Chicago.

15. The Role of Spirituality in Coping with Trauma: An Islamic Perspective

Dr. Aisha (Laureen) Hamdan
Assistant Professor in Community Medicine, College of
Medicine, University of Sharjah, P. O. Box 27272,
Sharjah, UAE.

16. Prevention of Post-Traumatic Stress Disorder in Times of War

Dr. Numan S. Ali and Tori Snell
Formerly in Ibn Rushd Psychiatric Hospital, Baghdad.
Currently in Al -Rashid Hospital Centre, Amman,
Jordan.

17. Quality of Life among College Students in Iraq

Dr Maha Sulaiman Younis, Hussain Alkaisi, Kamini
Vasudev, Allan Young College of Medicine, University
of Science and Technology, Jordan.

18. Counselling Interview: Thoughts and Applications

Dr. Qassim Hussein Salih
Professor of Psychology, Head of Iraqi Psychological
Association, Salahuddin University, Erbil, Iraq

19. Pharmacological Treatment of PTSD

Dr Iyad Khreis
4800 Royal Lytham Drive, Columbia, Missouri 65203,
USA & Royal Oaks Hospital, Missouri.

Symposium 3: PTSD children services: Prevention, coping and treatment approaches/ الجلسة الثالثة: اضطرابات ما بعد الصدمات والكوارث

الوقاية والعلاج والتأهيل والتعامل مع ضغوط الكوارث لدى الأطفال
20 February 2008, 15.00-18.00 Main Auditorium

Chair: Professor Sami Timimi
Discussant: Professor Abdul Basit

20. Post Traumatic Stress Disorder in Children

Dr Saeed Sami Noori Alhashimi
Al-Mustansiriya College of Medicine, Baghdad, Iraq

21. Post Traumatic Stress Disorder among Children in Salahuddin Governorate, Iraq

Dr Omar Kairiddin Banoosh Alayoubi
Ministry of Health (Salahuddin Centre for Continued Education), Tikrit, Iraq.

22. War Trauma and Child Mental Health Services in Kurdistan Region of Iraq

Dr. Abdulbaghi Ahmad
Department of Neuroscience, Child and Adolescent Psychiatry, Uppsala University, Sweden.

23. Exposure to War Trauma and PTSD among Parents and Children in the Gaza Strip

Dr Abdel Aziz Mousa Mohammed Thabet
Consultant Child and Adolescent Psychiatrist, Gaza Community Mental Health Programme, El Rasheed Street. PO Box 1049, Gaza, Palestine.

24. Psychosocial Programs for Schools in Iraq: Baghdad, Babylon & Kabala Regions

Dr Saeed Sami Noori Alhashimi
AlMustansiriya College of Medicine, Baghdad, Iraq.

25. The Development of Child Psychiatric Services

Dr Mohammed Juma Abbas MRCPsych
Specialist Registrar, UK.

26. Family Medicine and Primary Care Psychiatry

Dr Layth Delaimy MRCP
Family Physician & Postgraduate Educational Supervisor, Surrey, England.
Representative of the Royal College of General Practitioners, UK.

Symposium 4: The outcomes of recent evidence based psychiatric research and practice / الجلسة الرابعة: نتائج واكتشافات البحوث الحديثة في الطب النفسي

21 February 2008, 09.30-12.30 Main Auditorium

Chair: Dr Tarik Al-Kubaisy
Discussant: Professor Abdul-Monaf Al-Jadiry

27. Clinical Assessment of Olanzapine in Iraqi Schizophrenic Patients

Dr Saeed Sami Noori Alhashimi
College of Medicine Al-Mustansiriya University, Baghdad, Iraq.

28. Dissociative Convulsions: Assessment, Management, and Long Term Outcome

Dr Sudad Jawad FRCPI, FRCPsych and Dr Nahla Jamil FRCP, MRCPsych
Welsh Neuropsychiatry and Brain Injury Unit, and Gwent NHS Trust, UK.

29. Antidepressant and Suicidality

Dr Iyad Khreis
Royal Oaks Hospital, Columbia, Missouri 65203, USA,
E-mail: ikreis@pbhc.org.

30. Correlation between Anger and Depression

Prof. Elham Khattab Aljammal
Mosul Medical College, Mosul, Iraq.

31. Cross Sectional Study of Psychiatric Outpatient Clinic in Baghdad University Hospital

Dr Maha Sulaiman Younis
College of Medicine, University of Science and Technology, Jordan.

32. The Frontal Lobe: New Concepts, Assessment and Management

Dr Sudad Jawad (FRCPI, FRCPsych) and Dr Nahla Jamil (FRCP, MRCPsych)
Welsh Neuropsychiatry and Brain Injury Unit and Gwent NHS Trust, UK.

33. Investigating Existing Mental Health Facilities in Iraq and Developing more Community based Support Services

Dr Ali J Hadi Al-Barazanchi
Acton, London, UK.

34. PTSD among a Sample of Baghdad University Students

Dr Natic Al-Kubaisy
Psychological Research Centre, Baghdad University
Dr Tarik Al-Kubaisy
Lincoln Mental Health Trust, UK.

35. A Critical Examination of the 'Leadership Competencies' in the Psychiatric Hospital, Kingdom of Bahrain.

Haitham Jahrami
Psychiatric Hospital, Ministry of Health, Kingdom of Bahrain P.O Box 5128.
Gordon Marnoch and Ann-Marie Gray
School of Policy Studies, University of Ulster, Jordanstown, County Antrim, UK, BT37 0PQ.

Symposium 5: Addiction, rehabilitation and other self harming behaviour / الجلسة الخامسة: الإدمان والتأهيل والسلوكيات الأخرى لإيذاء النفس

21 February 2008, 15.00-18.00 Main Auditorium

Chair: Dr Najem Al-Falehe
Discussants: Dr Tomma Muhsin
Dr Saeed Sami Noori Alhashimi

36. Understanding the Neuroscience of Addiction to help develop Substance Abuse Treatment and Prevention Programs

Dr Husam Alathari
Psychiatry and Behavioural Medicine, George Washington University.

37. The Affliction of Addiction in Baghdad

Dr Mohamed Thiyab Abed Al-Karkhi
National Rehabilitation Centre, Abu Dhabi, UAE.

38. Psychosocial Stresses Among the Drug Addicts and non-addicts: Comparative Study

Ali Kadhim Al-Shemary and Mahdi Hattab Al-Atabee
Wassit University, Iraq.

39. The Influence of Group Therapy on the Substance Misuse Patients

Dr Talib Kafaji
National Rehabilitation Centre, Abu Dhabi, UAE & Dr
Shamil Wanigaratne
National Addiction Centre, London.

40. Assessment and Management of Suicidal Behaviour

Dr Mahmood Al-Bachari
Chester, UK.

41. Suicide in the Kurdistan Region of Iraq

Dr Vian Nissan Hanna
Kurdistan Region, Iraq.

42. Deliberate Self Harm among Kurdish Women and Young Females in Kurdistan

Dr Kazhan Ali Taufiq Kadir
Kurdistan Region, Iraq.

43. Female genital mutilation among girls and women attending one of the Suleimaniya Primary health care centres

Dr Kazhan Ali Taufiq Kadir
Kurdistan Region, Iraq.

POSTER SESSION

19 February 2008

- 12.00-13.00 Hall 1

Chairs and Coordinator: Dr Saleh Dhumad & Dr Saad Al-Obiady

44. Descriptive Study of TCD (Transcranial Doppler) use in Neurological Diseases

Dr Hayder Kadhum Hassoun
Kufa Medical College, Iraq.

45. Attitudes to ECT of Medical Students in the UK, Egypt and Iraq: A Transcultural Perspective

Dr Mohammed Juma Abbas MRCPsych
Specialist Registrar, UK.

46. Psychoneurotic Profiles of Lower Limb Orthotic Patients Attending Governmental Workshops in Baghdad City

Dr Alaa Saeed Hadi Alobaidi
Assistant Professor, College of Health & Medical
Technology, University of Baghdad.

47. Introduction to the Medical and Psychological Rehabilitation Centre in Iraq

Dr Aqeel Ibrahim Salih Al-Sabbagh
Consultant Psychiatrist, Bahjet Al Fuad Rehabilitation
Centre for Torture Victims (BFRCT), Basrah, Iraq.

48. Death Anxiety Perceived by University Academics in Iraq

Faris Kamal O. Nadhmi
Psychology Department, University of Baghdad.

49. Doctors' Narratives in Exile: A Qualitative Study

Dr Saadeh George MRCPsych
Consultant Psychiatrist, UK.

Symposium 6: The contributions of multidisciplinary teams and the psychosocial perspectives to mental health services/ الجلسة السادسة: إسهامات الفرق المتعددة التخصصات في الصحة النفسية

21 February 2008, 15.00-18.00, Hall 2

Chair: Dr Riyadh Al-Baldawi
Discussants: Dr Mahmood Al-Bachari
Professor Adil Al-Mousawi

50. Social Changes in Post War Iraq

Dr Fajir J Alwan
Hull, UK.

51. The Role of Social Work in Mental Health

Emad Lilo
Liverpool University,
Liverpool, UK, E-mail: emadlilo@tiscali.co.uk, Tel.
0044 (0) 789194 9098.

52. Psychological Rehabilitation in Post War Iraq

Dr Mohammed Elmahdy
Head of Psychiatry Department, Damietta College of
Medicine, Al-Azhar University.

53. Mind – Body Medicine: Applications to Mental Health

Yasmin Buraik
Psychiatric Service Division, Saudi Aramco Medical
Organisation, Saudi Arabia.

54. Asperger's Syndrome: A Transcultural Dilemma

Dr Sudad Jawad and Nahla Jamil
Welsh Neuropsychiatry and Brain Injury Unit, Gwent
NHS Trust, Wales, UK.

55. The Abusive Childhood and its Relationship with Anxiety, Depression and Borderline Personality Disorder

Suad Abdalla Mohammed Al-Besher
P. O. Box 7988 - 32100 Hawally, Kuwait.

56. Psychological Disorders of the Elderly

Dr Othman Alasfour
Social Development Officer in charge of Psychological
Services Prime Minister Office, Kuwait.

57. Doctors-Patient Relationship

Dr Saadi Ali FRCPsych
Consultant Psychotherapist, Community Mental Health
Team, Manor Road, Beverley, HU17 7SG, UK.

58. Proposal for Mental Health Care Delivery System changes in Iraq

Namir Damluji
Professor of Psychiatry, University of California, San
Diego, USA.

ورشات العمل / Workshops

Workshop Training Programmes / البرنامج العلمي لورشات العمل التدريبية

WHO Accredited Workshops

Workshop Programmes Coordinator: Dr Amer Hosin/
منسق برامج ورشات العمل: د. عامر حسين

Wednesday 20 February 2008

- 09.30-12.30

Workshop (1)

Dr Majeed H Jawad
Consultant Paediatrician, Chief Royal College Examiner
Surrey & Sussex Healthcare NHS Trust, Canada
Avenue, Redhill Surrey RH1 5RH, UK

Hall 1

Paediatrics & Maternity Health: Wheezy infants and
Asthmatic child. Implication of maternal diseases on the
unborn and future child

- 09.30-12.30

Workshop (2)

Professor Sami Timimi
Consultant Child and Adolescent Psychiatrist and
Director of Postgraduate Medical
Education, Lincolnshire Partnership NHS Foundation
Trust, UK

Hall 2

Local solution for local problem: Development of
culturally appropriate services for those in mental
distress

- 15.00-18.00

Workshop (3)

Professor Nadim Y Haboubi
Consultant Physician/Gastroenterologist, Wales, UK
Dr Nuha A. A. Haboubi
Consultant in Chemical Pathology, Endocrinology and
Metabolism, Wales, UK

Hall 1

Food intolerance, Irritable Bowel Syndrome, obesity and
fatty liver disease

Wednesday 21 February 2008

- 09.30 - 12.30

Workshop (4a)

Dr Baha Al-Wakeel FRCP
Consultant in Accident and Emergency Department,
Middlesex Hospital, London

Hall 1

(4a) A & E and Hypertension Workshop

Workshop (4b)

Dr Sudad Jawad FRCPsych
Consultant Neuro-Psychiatrist/Senior Lecturer, UK

Hall 1

(4b) Management of Patients with Brain Injury

- 09.30 - 12.30

Workshop (5)

Dr Dalia Mohammed Moemen, Department of Psychology,
Ain Shams University,
Bashaer Bader, Kuwait

Hall 2

Part I: Psychological Support for Children of War
Part II: Loss, Bereavement & Support

- 15.00 - 18.00

Workshop (6)

Dr Majid Al-Yassiri FRCPsych Consultant Psychiatrist
Barnes Hospital, South Worple Way, London SW14 8SU

Hall 1

ECT Evidence based clinical practice

Workshop Training Programmes

ورشات العمل التدريبية

Registration: 19/2/2008- 21/2/2008

Form: Abu Dhabi, UAE

Fee per a person per workshop: \$ 100

Surname الكنية.....
First name الإسم الأول.....
Street الشارع.....
Town..... Zip code.....
City اسم المدينة.....
Country البلد.....
Tel. Fax.....
E Mail:.....

Workshops Registration ورشات العمل المرغوبة

Please specify the workshops you intend to attend

- 1).....
- 2).....
- 3).....

Date Signature:

Deadline for Registrations (2008/02/18) آخر موعد للتسجيل
Forms should be e-mailed to:

ترسل استمارات التسجيل على العناوين التالية أيضا بالبريد الإلكتروني

Dr Hazim Obaydi
Conference Chair
hazim@obaydi.com

Dr Mariwan Husni
Scientific Committee Chair
mariwan.husni@nhs.net

Dr Amer Hosin
Conference Co-Chair
amerhosin@aol.com

سيتم تقييم كل حضور ورشة تعليمية ب 15 نقطة تعليمية مع التزويد بشهادة

Workshop 1: Paediatric and Maternal Health**Part I**

- The Wheezy Infant: Practical approach to the diagnosis and management.
- The Asthmatic child and implication of allergy; Practical approach to the diagnosis and management.
- The use of various devices in treating asthma.

- Dr Majeed H Jawad

Consultant Paediatrician, Chief Royal College Examiner
Surrey & Sussex Healthcare NHS Trust,
Canada Avenue, Redhill, Surrey RH1 5RH, UK
E-mail: mhjawad@btinternet.com
Hospital E-mail: majeed.jawad@sash.nhs.uk

Tel. 0044 1737 231759

Mobile. 0044 7960192695

Fax. 0044 1737 231911

Objectives

This workshop is an interactive workshop and intends to use a variety of learning methods including lecture, group discussion and presentation of submitted case scenarios

Learning outcomes

By the end of this workshop trainees should be able to:

- i) Understand the various causes and means of identification of different conditions leading to cough and wheezing in infants and children.
- ii) To develop skills in the use of various age appropriate devices in treating wheezing and asthma.
- iii) To familiarize candidates with the implication of allergy on asthma and the most recent studies in this area.

Part II

Implications of maternal disease on the unborn and future child

A review article illustrating the importance of various conditions, which affect the pregnant mother, and can be transmitted to the foetus or the newborn infant.

Awareness of attending doctors to such conditions can contribute to minimising the harmful effect on the unborn and future child. It also allows better understanding of the possible effect of these maternal problems and, therefore, better preparations for the delivery of the forthcoming baby as well as their management.

Part III

Perinatal outcomes of Breech presentation in the pretext mode of delivery

- Dr Abdulrazak H. Alnakash
Head of Obs & Gynae Department
Alkindy Medical College & Al- Elwiya Maternity Teaching Hospital, Baghdad

Objectives: To choose the best mode of delivery for term, frank or complete, breech presentation through studying the perinatal outcome of each mode of delivery decided when managing a group of pregnant ladies presented with breech delivery in our centre.

Design: A prospective study

Setting: Al-Elwiya Maternity Teaching Hospital.

Patients and Methods: One hundred and fifty pregnant ladies presented at term with singleton, frank or complete, breech presentation for delivery in our centre during the period from May 2004 to August 2005.

Mode of delivery, parity, gestational age, maternal age, maternal medical illness, and birth weight where the variables that have been tested in each delivery included in the study to verify their relationship to perinatal outcome.

Results: No significant relationship is found between the occurrence of adverse perinatal outcome and the variables. However, mode of delivery was the major determinant of the perinatal outcome.

Of the 150 pregnant ladies, 46 were delivered vaginally, 32 had elective caesarean section, and the remaining 54 pregnant, had undergone an emergency caesarean section because they were presented with labour.

Thirteen (8.6 %) babies were adversely affected by the process of delivery, 9 (5%) of them were delivered by vaginal route, 3 (2 %) delivered by emergency caesarean section and one (0.6%) by elective caesarean section.

Conclusion: Elective caesarean section is regarded the safest way of delivery for those with term, frank or complete, breech presentation.

Workshop 2: Local Solutions for local problems: Developing culturally appropriate services for those in mental distress

- Professor Sami Timimi
Consultant Child and Adolescent Psychiatrist and Director of Postgraduate Medical Education, Lincolnshire Partnership NHS Foundation Trust
Visiting Professor of Child and Adolescent Psychiatry, Lincoln University
Work Address: Ash Villa, Willoughby Road, Greylees, Sleaford, NG34 8QA, UK
Tel. 0044(0)1529 488061 Fax. 0044(0)1529 488239
E-mail: stimimi@talk21.com

Introduction: This proposed workshop will be divided into 3 parts. Part one will introduce participants to key theoretical and empirical developments in the field of transcultural psychiatry.

Part two will invite participants to reflect on their own practice in their country of origin to explore how 'indigenous' models of mental distress can or cannot be accommodated to current systems in use in Western 'ethnopsychiatry'.

Part three will draw together the findings from parts one and two to create pragmatic frameworks that could enable such knowledge to be applied in clinical practice in the countries of origin of participants.

Aims: By the end of the workshop participants should: 1. Have acquired new knowledge about indigenous/traditional models of human distress 2. Be able to

compare, contrast and carry out some evaluation of the strengths/weaknesses of indigenous/traditional models of human distress as compared with modernist Western psychiatric models 3. Have new ideas on how to implement the knowledge gained in the workshop into individual clinical practice 4. Have new ideas on how to implement the knowledge gained into service development.

Methodology: Part one will be predominantly lecture style using a PowerPoint presentation. Part two will use a semi-structured questionnaire as the basis for developing the discussion with participants encouraged to fill in this questionnaire as we proceed. Part three will be built around a theme of developing a PowerPoint presentation (which can be converted into a handout) live with the participants shaping the content of this PowerPoint. The purpose of this will be to start a process of collecting the accumulated knowledge of participants and through the collectively developed presentation/handout to then cascade this knowledge into the real world settings the participants work in, through them presenting our collective findings locally to other staff in their own clinics and hospitals.

Analysis: Reference throughout will be made to both empirical findings and theoretical frameworks through which we can interpret the significance of these findings. In the discussion sections local knowledge will be privileged as can be found in grounded theory and ethnographic approaches. However, in addition participants will be encouraged to reflect upon the processes behind which their professional knowledge was developed, to reflect on this and to attempt to disentangle this from local/indigenous systems of knowledge (such as, for example, those that may be present in Moslem beliefs about the self and the nature, causes, consequences and cures for states of human distress).

Results and Conclusions: It is hoped that participants will leave enriched with new directions to develop their professional lives, as well as new ideas on how to approach both clinical work and service development to make it more culturally congruent for service users. It is hoped that they will also leave with a presentation that they may wish to present to their colleagues. Those interested will also be invited to participate in possible future research/writing on the subject.

Workshop 3: Food intolerance, Irritable Bowel Syndrome (IBS), obesity & fatty liver disease

- Professor Nadim Y. Haboubi MD FRCP
Consultant Physician/Gastroenterologist, Wales, UK & Dr Nuha A. A. Haboubi MB ChB, FRCPath, FEBMB, EurClinChem, Csci Consultant in Chemical Pathology, Endocrinology and Metabolism, Wales, UK

All aspects of IBS including classifications, pathogenesis, dietary manipulation, pharmacotherapy and psychological approaches will be discussed.

- A real chronic GI disorder of function manifested by a group of symptoms.

- Abdominal pain/discomfort
- Bloating/distension
- Constipation and/or diarrhoea

- Cyclical in nature
- No known structural or biomechanical abnormalities.
- Significantly affects quality of life.
- Need to treat the multiple symptoms of IBS.

- The second part of the workshop will focus on Obesity and the Metabolic Syndrome. A higher body weight is associated with an increased incidence of a number of conditions, including diabetes mellitus, cardiovascular disease, and non-alcoholic fatty liver disease, and with an increased risk of disability. Obesity is associated with an increased risk of all-cause mortality. The clustering of metabolic and pathophysiological cardiovascular risk factors has long been recognized but it was Reaven who popularized the syndrome in the Banting lecture of 1988. Since 1999, several major international or national organizations proposed their own definitions for the syndrome, named the metabolic syndrome. The absolute cardiovascular risk of the metabolic syndrome, however, is not necessarily higher than those of its individual components. The pathogenesis underlying the clustering of cardiovascular risk factors remains unclear. Factors including genetic disposition, obesity, insulin resistance

and inflammation have been suggested as being involved. Since the metabolic syndrome is multifactorial in origin, strategies for reducing cardiovascular risk in individuals with the metabolic syndrome involve the management of multiple risks. Lifestyle changes are an effective first-line management; pharmacological interventions for hypertension, diabetes and dyslipidaemia are in accordance with established guidelines. Pharmacological and surgical therapies for obesity are effective in selected patients.

The final part of workshop will address Non-alcoholic fatty liver disease (NAFLD), which comprises of a wide spectrum of fat induced liver injury ranging from benign steatosis to cirrhosis and liver failure. NASH is not sufficiently recognized worldwide despite its' seriousness. The epidemiology, diagnosis, clinical course, prognosis and therapeutic options of NASH will be presented

The workshop may also discuss Polycystic Ovary Syndrome (PCO). PCO is the most common endocrine disorder in women affecting 20% of women in UK and 35% of Asian and Middle Eastern Women. In addition to being the main cause of Infertility, it carries multiple other clinical risks including Cardiovascular and Type 2 Diabetes. These clinical effects and risks will be discussed.

Workshop 4a: A & E and Hypertension

- Dr Baha Al-Wakeel FRCP
4 Beaufort Road, London W5 3EA
Accident and Emergency Department
Middlesex Hospital
E-mail: drbaha@hotmail.com

Workshop 4b: Management of Patients with Brain Injury

- Sudad Jawad MBChB MD FRCPI FRCPsych
Consultant Psychiatrist & Neuropsychiatrist
Welsh Neuropsychiatry & Brain Injury Service
E-mail: sudad.jawad@btinternet.com

Objectives

- To improve and consolidate our knowledge of management of patients with Traumatic brain Injury through interactive sessions.
- Apply systematic Neuropsychiatric assessments
- Organize team approach in assessing patients' needs
- Medium and long term community support

Structure

The second sessions on brain injury will focus on number of case presentations. The delegates would be divided into three groups and discuss and apply Neuropsychiatric assessment and management tools. At the end of these sessions the delegates should have gained more knowledge in the following:

- Neuropsychiatric behavioural assessment
- Screening for frontal lobe deficits
- Setting up their won teams with special responsibility towards patients with TBI
- Gaining more competence in meeting the long-term needs of patients following a period of rehabilitation.

Workshop 5: الدعم النفسي لأطفال الحرب والكوارث: برنامج تدريبي

**Part I:
Psychological support for children of war and disasters:
Training programme Two hour slot**

- Dr Dalia Mohammed Ezzat Moemen داليا محمد عزت مؤمن
Department of Psychology, Ain Shams University,
68 Kalifa Maamoon Street, Abbasseia Cairo, Egypt
E-mail: dmoemen@hotmail.com
Tel. 002-01-23780093 Fax. 002-02-26854079

الهدف العام:

الفئات المستهدفة تدريبها

برنامج التدريب

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**Part II:
Loss, Grief and Bereavement: Concepts, Stages and
Support One hour slot**

-Bashaer Bader
Nuzha, Block 1, St 16, House No 13 , P.O.Box 39033, Kuwait
E-mail: sdo21century@hotmail.com
Tel. 00965 9723784
Fax. 00965 2434967
Office. 24022409/368

خلاصة وتقييم التدريب

Workshop 6: ECT Updated Evidence Based Clinical Practice

-Dr Majid Al-Yassiri FRCPsych
Barnes Hospital, South Worple Way, London SW14 8SU
E-mail: majid.al-yassiri@swlstg-tr.nhs.uk
Tel. 0208 8788151
Fax. 02088765471

The workshop:

This workshop will focus on recent development in ECT, Mechanism of action, Prescribing, Administration, dosing strategies, Anaesthetic practice & safety issues

Who should attend?

Mental health practitioners who are interested and involved in ECT prescribing and administration

Summary of the workshop

- What is ECT.
- Mode of action.
- Recent research on effectiveness in mental disorders
- Who prescribe
- Seizure threshold vs Therapeutic dose concept
- Dosing titration strategies
- Good practice in anaesthesia for ECT
- Side effect
- Medication & ECT
- Medical conditions and ECT
- Case Scenarios
- Ethical and legal issues

Learning and Teaching Methods used:

This workshop will be an interactive workshop using power points presentation and dialogue

Learning outcomes

By the end of this workshop training programme trainees should be able to:

- What is ECT
- When to prescribe
- How to administer ECT

- How to measure Seizure threshold & Therapeutic dose February
- Preparing patient for ECT
- Induction and muscle relaxation
- The use of EEG to monitor seizure
- General medication & ECT
- Psychotropic medication & ECT
- Medical condition and ECT
- Post ECT Cognitive dysfunction
- Dealing with complications: prolonged or tardive seizures
- Developing protocols for Good practice in ECT
- Capacity and consent as related to ECT

21st 2008

الهيئات الرسمية المشاركة والداعمة للمؤتمر

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البرنامج السياحي

Index of Presenters and Main Committee Members

Index of Presenters (Main Speakers)

- Abbas, Mohammed Juma. Specialist Registrar in Psychiatry, UK.

E-mail: mohdgum@hotmail.com .

- Abdul Muhsin, Haider. Consultant Psychiatrist. Baghdad, Iraq.

E-mail: dr_haiderabdulmuhsin@yahoo.com .

- Ahmad, Abdulbaghi. Assistant Professor. Dept. Neuroscience, Child and Adolescent Psychiatry, Uppsala University, Sweden.

- E-mail: abdulbaghi.ahmad@bupinst.uu.se , Tel. 46186112555.
- Al Khyatt, Muzahim. Professor of Surgery. Dean of College of Medicine, University of Mosul, Mosul, Iraq. E-mail: malkhyatt@yahoo.com , Tel. 00-964-770 161 5100.
 - Alasfour, Othman Ahmed Abdullah. Senior Psychologist. Office of Social Development, Prime Minister's Office, Kuwait. E-mail: othman_alasfour@yahoo.com .
 - Al-Atabee, Mahdi Hattab. Assistant Professor in Psychology. College of Education, Wassit University, Wassit, Iraq.
 - Alathari, Husam. Assistant Professor in Psychiatry. George Washington University, 3302 Gallows Road, Falls Church, VA 22042, USA. E-mail: alathari@aol.com , Tel. 17035979213.
 - Alayoubi, Omar Khairiddin Banoosh. Psychiatrist. Takrit, Salahuddin, Iraq. E-mail: oalayoubi@yahoo.com , Tel. 009647706143300
 - Al-Bachari, Mahmood. Consultant Psychiatrist., Chester, UK. E-mail: doctoralbachari@hotmail.com , Tel. 00-44-1244 880401.
 - Al-Baldawi, Riyadh. Professor of Psychiatry. Orient Health Medical and Rehabilitation Centre, Stockholm, Sweden. E-mail: r.baldawi@orienthalsan.nu , Tel. 070-484 05 19.
 - Al-Barazanchi, Ali Hadi. Consultant Psychiatrist. Woodview House, The Fair Way, London W7 3XP, UK. E-mail: ali_hadi@btinternet.com , Tel. 00-44-7968 376914.
 - Al-Besher, Suad Abdalla Mohammed. Senior Psychologist. P.O.Box: 29829, Safat, 13150 Kuwait, Kuwait. E-mail: suad119@hotmail.com , Tel. 9659671787.
 - Aldabbagh, Abdul Munem. Professor of Community Medicine. Al-Mustansiriyah College of Medicine, Baghdad, Iraq. E-mail: aldabbaghm@yahoo.com, Tel. 00-9641-8833068.
 - Al-Hamdani, Raad Y. Professor/Consultant Physician. College of Medicine, University of Mosul, Mosul, Iraq. E-mail: raadhamdani56@yahoo.com .
 - Alhashimi, Saeed Sami Noori. Consultant Psychiatrist. College of Medicine, Al-Mustansiriya University, Baghdad, Iraq. E-mail: said_alhashimi@yahoo.com , Tel. 9647903576200.
 - Alhory, Okla Sulaiman Ali. Senior Psychologist. College of Essential Education, University of Mosul, Mosul, Iraq. E-mail: dralhory_okla@yahoo.com , Tel. 00-964-7702624943.
 - Ali, Numan Sarhan. Consultant Psychiatrist. Al-Rashid Hospital Center, Amman, Jordan. E-mail: Numanali@hotmail.com .
 - Ali, Saadi. Consultant Psychiatrist & Psychotherapist. Community Mental Health Team, Manor Road, Beverley, HU17 7SG, UK. E-mail: saadiali@hotmail.com .
 - Al-Jadiry, Abdul-Monaf. Professor of Psychiatry. Chair of Psychiatry Department, Faculty of Medicine, Jordanian University, Amman, Jordan. E-mail: aljadiryamh@yahoo.com .
 - Aljammas, Elham khattab. Professor of Psychiatry. Mosul Medical College, Mosul University, Mosul, Iraq. E-mail: elham_alj@yahoo.com .
 - Al-Karkhi, Mohamed Thiyab Abed. Consultant Psychiatrist. National Rehabilitation Center, Abu Dhabi, UAE. E-mail: alkarkhi2004@yahoo.com .
 - Al-Kubaisy, Tarik Fahal. Consultant Psychiatrist. Witham Court, Fen Lane, North Hykem, Lincoln, LN6 8UZ, UK. E-mail: tarikalkubaisy@yahoo.co.uk , Tel. 0044 (0) 78 335 70 248
 - Al-Najjar, Abdullah Hussein Qassem. Psychologist. Hebron Open University, West Bank, Palestine. E-mail: mlakk66@hotmail.com.
 - Alnakash, Abdulrazak Hussein. Assistant Professor in Obs & Gynae, AlKindy Medical College, University of Baghdad, Baghdad, Iraq. E-mail: razaknakash@yahoo.com , Tel. 00-964- 7901 311564
 - Alobaidi, Alaa Saeed Hadi. Assistant Professor in Public Health. Dept of Community Health Technology, College of Health and Medical Technology, Baghdad, Iraq. E-mail: alaahadi1956@yahoo.com .
 - Al-Obiady, Saad. London, UK. E-mail: salobiady@yahoo.com .
 - Al-Sabbagh, Aqeel Ibrahim Salih. Consultant Psychiatrist. BFRCT, Al-Ashar, Basrah,, Iraq. E-mail: akeelsabbagh@yahoo.com , Tel. 9644314814
 - Al-Salman, Mustafa Akram. Consultant Pathologist. Tunis Q. Sec. 326, Street 60, House 16, Baghdad, Iraq,. E-mail: dr_mustafaazawi@yahoo.com .
 - Al-Shabaki, Mohammed. Psychological Counselor. Mosul, Iraq. E-mail: m_shabak2005@yahoo.com .
 - Al-Shemary, Ali Kadhim. Senior Psychologist/Lecturer. College of Education, Wassit University, Wassit, Iraq. E-mail: alikadhim70@yahoo.com .
 - Altawil, Mohammed. Director of Palestine Trauma Centre for Victims' Welfare. University of Hertfordshire, Clinical Psychology Department, Hertfordshire, UK. E-mail: m.altawil@herts.ac.uk , Tel. 00-44-1707 286129.
 - Alwan, Fajir J. Sociologist. Hull, UK. E-mail: fajir_alwan@yahoo.co.uk , Tel. 0044(0) 7845617256
 - Alward, Nada Jawad. WHO Physician. WHO/HQ, 20 Avenue Appia, 1211, Geneva 27, Switzerland. E-mail: alwardn@who.int , Tel. 00 41 79 671 3435.
 - Al-Yassiri, Majid. Consultant Psychiatrist. Barnes Hospital, South Worple way, London SW14 8SU, UK. E-mail: majid.al-yassiri@swlstg-tr.nhs.uk , Tel. 00-44-20 87725651.
 - Bader, Bashaer. Senior Psychologist. Nuzha Block1 St16, House 13, PO BOX 39033, Kuwait. E-mail: sdo21century@hotmail.com . Tel. 9659723784

- Basit, Abdul. Former Assistant Professor in Psychiatry. 200 Oriole Road, Matteson, IL 60443-1019, USA.
E-mail: abasi97@aol.com , Tel. (708) 767-3452
- Buraik, Yasmine. Senior Counselor. Psychiatric Services Division, Saudi Aramco Medical Organisation, Dhahran, Saudi Arabia.
E-mail: buraik.yasmine.1@aramco.com , Tel. (00 966 3) 877 7015
- Cairns, Ed. Professor of Psychology. School of Psychology, University of Ulster, Coleraine, BT52 1SA, Northern Ireland.
E-mail: ec.cairns@gmail.com , Tel. 00-44-28-703-24661
- Chaleby, Kutaiba. Psychiatrist. 6642 Overlook Rd, Orfeild, PA 18069, USA.
E-mail: chaleby@hotmail.com , Tel. 610 799 7753
- Damluji, Namir. Professor of Clinical Psychiatry, University of California at San Diego, USA.
E-mail: docdamluji@hotmail.com , Tel. 001 619 886 2856
- Delaimy, Layth. Family Physician & Postgraduate Educational Supervisor. Surrey, UK.
E-mail: delaimy@sky.com , Tel. 00-44-7767784477
- Dhumad, Saleh. Specialist Trainee in Psychiatry. Park Royal Centre for Mental Health, Central Way, NW10 7NS, UK.
E-mail: sdhumad@yahoo.co.uk , Tel. 00-44-7782416745
- Elmahdy, Mohammed. Head of Psychiatry Department, Demietta College of Medicine, Al-Azhar University.
E-mail: mahdy1956@hotmail.com , Tel. 0020 122886537 or 0020502250666
- George, Saadeh. Consultant Psychiatrist. 9 Erlesmere Gardens, London W13,9TZ, UK.
E-mail: saadehgeorge@doctors.org.uk , Tel. 00-44-7786142307
- Haboubi, Nadim. Professor in Gastro-enterology, Wales, UK.
E-mail: nadim.haboubi@gwent.wales.nhs.uk .
- Haboubi, Nuha A.A.. Consultant Pathologist, Wales, UK.
E-mail: nadim.haboubi@gwent.wales.nhs.uk .
- Hamdan, Aisha (Laureen). Assistant Professor. Department of Family, Community Medicine & Behavioural Sciences, College of Medicine, University of Sharjah, P. O. Box 27272, Sharjah, UAE.
E-mail: ahamdan@sharjah.ac.ae , Tel. 050-863-6424.
- Hamid, Hamada. Consultant Psychiatrist. Dept of Psychiatry & neurology, New York University, New York, USA.
E-mail: hamadahamid@gmail.com .
- Hanna, Vian Nissan. Consultant Psychiatrist. Department of Psychiatry, Erbil Teaching Hospital, Erbil, Iraq.
E-mail: drviannissan@yahoo.com .
- Hassoun, Hayder Kadhum. Consultant Neurologist/Head of Neurology Dept. Kufa Medical College, Kufa University, Kufa, Najaf, Iraq.
E-mail: drhayder67@yahoo.com .
- Hosin, Amer. Director of MSc Programme Child, Adolescent and Family Mental Health, London Metropolitan University, London, UK.
E-mail: amerhosin@aol.com , Tel. 00-44-7803 296322.
- Jahrami, Haitham Ali Ahmed. Head of Occupational Therapy Department, Psychiatric Hospital, PO Box 5128, Manama, Kingdom of Bahrain.
E-mail: hjahrami@health.gov.bh , Tel. 00-973-17279340.
- Jamil, Hikmet. Professor of Psychiatry. Director of OEM Courses, Dept. of Family Medicine & Public Health Sciences, School of Medicine, Wayne State University, USA.
E-mail: hjamil@med.wayne.edu , Tel. (313) 577-2048.
- Jamil, Nahla Fawzi. Consultant/Senior Lecturer in Psychiatry. Gwent NHS Trust, Wales, UK.
E-mail: nahla.jamil@btopenworld.com .
- Jawad, Majeed H. Consultant Paediatrician/Royal College Chief Clinical Examiner. Surrey & Sussex Healthcare NHS Trust, Redhill, Surrey, RH1 5RH, UK.
E-mail: mhjavad@btinternet.com . Tel. 00-44-7960192695.
- Jawad, Sudad Sadiq. Consultant/Senior Lecturer in Psychiatry. Welsh Neuropsychiatry & Brain Injury Service, Wales, UK.
E-mail: sudad.jawad@btinternet.com .
- Kadir, Kazhan Ali Taufiq. Consultant Psychiatrist. Suleimaniya, Shorish area, Iraq.
E-mail: kazhankadir@hotmail.com .
- Kafaji, Talib. Consultant Psychologist. National Rehabilitation Center, Abu Dhabi, UAE.
E-mail: talibkafaji@hotmail.com .
- Kanawati, Yassar Joma. Senior Psychologist. 478 Woodlawn Drive, Marietta, GA,30067, USA.
E-mail: nasser.kanawati@hp.com , Tel. 770-380-0635.
- Khalaf, Saad. Consultant Psychiatrist. Surrey and Borders Partnership NHS Trust, 18 Mole Business Pk, Randalls Rd, Leatherhead, KT22 7AD, UK.
E-mail: saad.khalaf@sabp.nhs.uk , Tel. 00-44-1372 205782.
- Khreis, Iyad. Consultant Psychiatrist, Deputy Clinical Director, Royal Oaks Hospital. 307 North Main Windsor, MO, USA.
E-mail: ikhreis@pbhc.org , Tel. 001- 5735299191.
- Lafta, Mohammed Rashid. Consultant Psychiatrist. Baghdad, Iraq.
E-mail: muh1215@yahoo.com .
- Lilo, Emad. Senior Social Work Trainer. Liverpool University, Liverpool, UK.
E-mail: emadlilo@fiscal.co.uk , Tel. 00-44-7891949098
- Moemen, Dalia Mohammed Ezzat. Psychologist. Department of Psychology, Faculty of Arts, Ain Shams University, Cairo, Egypt.
E-mail: dmoemen@hotmail.com , Tel. 20123780093.
- Nadhmi, Faris Kamal Omar. Psychologist. College of Arts, Baghdad's University, Baghdad, Iraq.
E-mail: fariskonadhmi@hotmail.com , Tel. 46737347597.
- Piachaud, Jack. Consultant Psychiatrist. Medact, Grayston Centre, 28 Charles Square, London N1 6HT, UK.
E-mail: m.piachaud@imperial.ac.uk , Tel. 00-44-7931 388516
- Sadik, Sabah. Consultant Psychiatrist, UK.
E-mail: sabahsadik@google-mail.com .

- Saleem, Abdul Muhsen. Consultant Surgeon. Head of Otolaryngology and Head and Neck Surgery Department, Mosul General Hospital and Alrahma Hospital in Mosul, Mosul, Iraq.
E-mail: zkalaf@yahoo.com , Tel. 00964 7701625660.
 - Salih, Qassim Hussein. Professor of Psychology. College of Education for Human Sciences, Salahuddin University, Erbil, Iraq.
E-mail: qassimsalih@yahoo.com , Tel. 00964 750 482 9116.
 - Shakir, Amir. Paediatrician. Blåbärgsg.29, 212 29 Malmö, Sweden.
E-mail: amir_shakir@hotmail.com .
 - Snell, Tori. Forensic Psychologist. Al-Rashid Hospital Center, Amman, Jordan.
E-mail: tori.snell@gmail.com .
 - Taib, Nezar Ismet. Child and Adolescent psychiatrist. Child & Adolescent Psychiatrist, Mental Health Center-Dohuk, Dohuk, Iraq.
E-mail: nezarit@yahoo.com , Tel. 00964 750 4572058.
 - Thabet, Abdel Aziz Mousa Mohammed. Assistant Professor/Director of Child Institute. Director of ChildInstitute/Gaza branch, Al Quds University - Abu Dais, El Rasheed Street- P.O Box 1049, Palestine.
E-mail: thabet@gmail.com , Tel. 00972 82825700.
 - Timimi, Sami. Professor in Child Psychiatry. 8 Southwell Court, Bracebridge Heath, Lincoln, UK.
E-mail: stimimi@talk21.com , Tel. 00-44-1529 488061.
 - Wanigaratne, Shamil. Consultant Psychologist. Addiction Center in London, London, UK.
 - Yasamy, Mohammed Taghi. WHO Regional Advisor on Mental Health/Substance Misuse. Regional Advisor, WHO (EMRO), P.O. Box 7608, Nasr City 11371, Cairo, Egypt.
E-mail: yasamym@emro.who.int , Tel. 00-20 2 2765524.
 - Younis, Maha Sulaiman. Assistant Professor in Psychiatry. College of Medicine, University of Science and Technology, Jordan.
E-mail: maha.younis@yahoo.com , Tel. 788622369.
 - Zarzoor, Ali Rekaby. Consultant Psychiatrist. Sharjah, UAE.
E-mail: alirekabi2000@yahoo.com , Tel. 00971 507688956.
- Index of Conference Committees' Members**
- Abbas, Mohammed Juma. Specialist Registrar in Psychiatry. UK.
E-mail: mohdgum@hotmail.com .
 - Abed,Riadh Tawfiq. Consultant Psychiatrist/Medical Director. Rotherham, UK.
E-mail: abedrt@btinternet.com .
 - Ahmed, Saad Kamal. Consultant Psychiatrist. Eastbourne, UK.
E-mail: skahmed@fsmail.net .
 - Alathari, Husam. Consultant Psychiatrist/Assistant Professor. George Washington University, 3302 Gallows Road, Falls Church, VA 22042, USA.
E-mail: alathari@aol.com , Tel. 17035979213.
 - Al-Bachari, Mahmood. Consultant Psychiatrist. Chester, UK.
E-mail: doctoralbachari@hotmail.com , Tel. 00-44-1244 880401.
 - Al-Baldawi, Riyadh. Professor of Psychiatry. Orient Health Medical and rehabilitation Centre, Stockholm, Sweden.
E-mail: r.baldawi@orienthalsan.nu . Tel. 070-484 05 19.
 - Al-Barazanchi, Ali Hadi. Consultant Psychiatrist. London, UK.
E-mail: ali_hadi@btinternet.com , Tel. 00-44-7968 376914.
 - Aldouri, Elham. Consultant Psychiatrist. Albany Lodge, St Albans, Herts, UK.
E-mail: elham.aldouri@hpt.nhs.uk .
 - Al-Falahe, Najem. Consultant Psychiatrist. London, UK.
E-mail: najemalfalahe@yahoo.com .
 - Alhashimi, Said Sami Noori. Consultant Psychiatrist. Al-Mustansiriya University, Baghdad, Iraq.
E-mail: said_alhashimi@yahoo.com .
 - Ali, Saadi. Consultant Psychiatrist/Psychotherapist. Community Mental Health Team, Manor Road, Beverley, HU17 7SG, UK.
E-mail: saadiali@hotmail.com .
 - Ali, Numan Sarhan. Consultant Psychiatrist. Amman, Jordan.
E-mail: numanali@hotmail.com .
 - Al-Jadiry, Abdul Monaf. Professor of Psychiatry. Chair of Psychiatry Department, Jordanian University, Amman, Jordan.
E-mail: aljadiryamh@yahoo.com , Tel.
 - Al-Karkhi, Mohammed Thiyab Abed. Consultant Psychiatrist, ehabilitation Centre, Abu Dhabi, UAE.
E-mail: alkarkhi2004@yahoo.com .
 - Al-Khalaf, Saad. Consultant Psychiatrist. Surrey, UK.
E-mail: saadal_khalaf@hotmail.com .
 - Al-Kubaisy, Tarik. Consultant Psychiatrist. Lincoln, UK.
E-mail: tarikalkubaisy@yahoo.co.uk , Tel. 00-44-7833-570248
 - Al-Kubaisy, Natic. Psychologist. University of Baghdad, Baghdad, Iraq.
E-mail: natikalkubaisy@yahoo.co.uk .
 - Al-Mousawi, Adil. Professor of Psychiatry. Northwick Park Hospital, London, UK.
E-mail: adilalmousawi@google-mail.com , Tel. 00-44-7958 248928
 - Al-Obedy, Abdul Kareem Salman. Consultant Psychiatrist. Cairo, Egypt.
E-mail: kareemobedy60@yahoo.com .
 - Al-Samarrai, Sadiq. Consultant Psychiatrist. University of Buffalo, SA.
E-mail: alrahwan@yahoo.com .
 - Al-Uzri, Mohammed. Consultant Psychiatrist/Hon Senior Lecturer, Leicester, UK.
E-mail: mmau1@leicester.ac.uk . Tel. 00-44-1162256476
 - Alwan, Fajir A. Sociologist. Newcastle, UK.
E-mail: fajir_alwan@yahoo.co.uk .
 - Amin, Nazar Mohammed. Professor of Psychiatry. Sulaimaniya University, Sulaimaniya, Iraq.
E-mail: nazarmh2003@yahoo.com .
 - Boya, Nisreen. Consultant Psychiatrist/Medical Director. UK.
E-mail: nhbooya@aol.com .
 - Dhumad, Saleh. Specialist Trainee in Psychiatry. London, UK.

E-mail: sdhumad@yahoo.co.uk , Tel. 00-44-7782 416745.

- Hadi, Kusay Moosa. Consultant Child Psychiatrist/Clinical Director, Milton Keynes, UK.
E-mail: kusay.hadi@mkpct.nhs.uk .

- Hassan, Faiza. Consultant Psychiatrist. Epping, Essex, UK.
E-mail: faiza.hassan@hotmail.com , Tel. 00-44-7956 839290.

- Hosin, Amer. Director of MSc Programme Child, Adolescent and Family Mental Health, London Metropolitan University, London, UK.
E-mail: amerhosin@aol.com , tel. 00-44-7803 296322.

- Husni, Mariwan. Consultant Psychiatrist. Northwick Park Hospital, London, UK.
E-mail: mariwan.husni@nhs.net , Tel. 00-44-7976766237.

- Jamil, Nahla Fawzi. Consultant Psychiatrist/Senior Lecturer. Gwent NHS Trust, Wales, UK.
E-mail: nahla.jamil@btpopenworld.com .

- Jawad, Sudad Sadiq. Consultant Psychiatrist/Senior Lecturer. Welsh Neuropsychiatry & Brain Injury Service, Wales, UK.
E-mail: sudad.jawad@btinternet.com .

- Joodah, Shalan. Consultant Psychiatrist. Baghdad, Iraq
E-mail: shalanjoodah@yahoo.com .

- Khalaf, Badea. Consultant Psychiatrist. Maidstone, UK.
E-mail: Badeakhalaf@yahoo.co.uk, Tel. 00-44-7803 280194.

- Krekorian, Haroutyon. Consultant Psychiatrist. UK.
E-mail: haroutyon@krekorian.co.uk .

- Lilo, Emad Habib. Senior Social Worker. Liverpool

University, Liverpool, UK.

E-mail: emadlilo@hotmail.com , Tel. 00-44-7811 854169

- Mohammed, Abdul Majeed. Consultant Child Psychiatrist. Maudsley Hospital, London, UK.
E-mail: a95@btinternet.com .

- Najim, Hellme. Consultant Psychiatrist. Basildon, Essex, UK.
E-mail: hellmenajim@yahoo.co.uk .

- Obaydi, Hazim Saeed. Consultant Psychiatrist. 69 Salmon Street, Kingsbury, London, UK.
E-mail: hazim@obaydi.com , Tel. 00-44-20- 82057103

- Raof, Mufeed Mohammed Saeed. Assistant Professor. Ajman University, Ajman, UAE
E-mail: mufeedraoof@googlemail.com .

- Sadik, Sabah. Consultant Psychiatrist. UK.
E-mail: sabahsadik@googlemail.com .

- Saleh, Falah Hussain. Consultant Psychiatrist. London, UK.
E-mail: ahmed.hussain@blpt.nhs.uk .

- Salem, Ghassan Hussain. Senior Psychologist. University of Baghdad, Baghdad, Iraq
E-mail: ghassan.salem@yahoo.com .

- Swadi, Harith. Consultant Child Psychiatrist. New Zealand
E-mail: harith.swadi@cdhb.govt.nz .

- Tomma, Muhsin. Consultant Psychiatrist. UK.
E-mail: t.muhsin@btinternet.com .

- Yousif, Emad Habib. Consultant Psychiatrist. Colchester, UK.
E-mail: e.yousif@ntlworld.com .

- Zaidan, Ziad Abdel Jabbar. Professor of Psychiatry. Head of Psychiatry Department, Qaboos University, Muscat, Oman
E-mail: zajzaidan45@yahoo.co.uk .

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