Invitation from the President of the Congress

Dear Colleagues,

Mental disorders were known to Ancient Egyptian 5,000 years ago. In spite of the mystical beliefs, psychiatric patients were cared for and treated as were those with physical ailments. The theme of this congress “5,000 years of Science and Care: Building the Future of Psychiatry” reflects both the admixture of the old and the new, and the progress into the future. From Egypt came the first calendar, the earliest script, the oldest known love-song, the first decorated monumental stone building and the tallest tomb. Egypt was also the first nation to be completely Christianized. And it has the oldest university in the world (The Islamic Al Azhar University). Five places from various periods have been declared World Heritage sites: Memphis, the capital of the Old Kingdom together with its associated necropolis, the modern city of Luxor with its temples and tombs, all of the Nubian temples from Abu Simbel to Philae, the early Christian pilgrimage center of Abu Mina, and the ancient Islamic quarter of Cairo. Egypt is an ancient but, at the same time, a very young country. Cairo which is over 1,000 years old, offers the most significant contributions of Pharonic, Coptic and Islamic art. The Congress will discuss the state of the art in the advances in neurosciences as regards all the complexities of today’s psychiatry. The four plenary lectures will be presented by the president, the president elect, the Egyptian Nobel laureate in physics, Prof. Ahmed Zewail and the winner of the Jean Delay Prize 2005. We shall have keynote lectures covering the present state of art on future challenges. Several symposia with contributions from all the WPA’s 60 scientific sections will be presented with special, regular and industry-supported symposia, panels, workshops, seminars, meet the expert, forums, debates and posters will include contributions from East and West, North and South, in developed and developing countries. Video teleconferences, new book and journal presentations, new research paper sessions and free oral communications will be presented. For the first time in a World Congress, master clinical case conferences will be discussed with worldwide pioneers in clinical psychiatry where the opportunity for active participation and intervention of the audience will be available, as over 90% of attendees are clinicians who need to return home with a matrix for upgrading knowledge and skills, renewing professional and personal relations and establishing new ones. Emphasis on the partnership in the care of mental patients and innovative mental health programs in developed and developing countries will be the focus of attention. In this congress we need to translate scientific advances to a better care of mental patients, to be compatible with our theme “5000 Years of Science and Care: Building the Future of Psychiatry”. You are welcome to Egypt to be partners in the ancient and the modern of the Science and Care of our patients.

Prof. Ahmed Okasha
President of the WPA, President of XIII World Congress of Psychiatry

Email: secretariat@wpa-cairo2005.com
Website: www.wpa-cairo2005.com

1. Committees

1.1 Supervisory Committee
A. Okasha (Egypt) - Chairperson
J. E. Mezzich (USA) - Chair Scientific Committee
S. Abdel Azeem (Egypt) - President EPA
A. H. Khalil (Egypt) - Congress Director
P. Ruiz (USA) - Chair Organizing Committee
T. Okasha (Egypt) - WPA Z.R. for Northern Africa
N. Sartorius (Switzerland) - Advisor to the President
E. ElZayat (Egypt) - Representative from Emeco – Consultant
C. Sicilia (Spain) - Representative from Telsea – Consultant

1.2 Organizing Committee
Chairpersons: A. H. Khalil (Egypt) / P. Ruiz (USA)
Co-Chairpersons: J. Cox (UK) / D. Moussaoui (Morocco)
Assistant to the Congress Director T. Okasha (Egypt)
Members: M. Abdel Wahab (Egypt) / M. Fahmy (Egypt) / J. Raboch (Czech Republic) / S. Ahmed (Egypt) / W. Gaebel (Germany) / A. Saad (Egypt) / F. Antun (Lebanon) / T. Gawad (Egypt) / A. Sheshai (Egypt) / M. Arafa (Egypt) / M. Ghanem (Egypt) / P. Smolik (Czech Republic) / G. Christodoulou (Greece)

1.3 Scientific Committee
Chairperson: J. Mezzich (USA)
Co-Chairpersons: S. Abdel Azeem (Egypt) / G. Christodoulou / (Greece) M. Maj (Italy)
Secretary: T. Asaad (Egypt)
Members: F. Antun (Lebanon) / V. Krasnov (Russia) / D. Regier (USA) / E. Belfort (Venezuela) / L. Kuey (Turkey) / P. Ruiz (USA) / E. P. Berner (France) / F. Lieh-Mak (China) / B. Saraceno (WHO-Geneva) / E. Camarena (Mexico) / J. J. Lopez-Ibor (Spain) / N. Sartorius (Switzerland) / H. R. Chaudhry (Pakistan) / B. Martinlade (U.K.) / P. Smolik (Czech Republic) / J. Costa e Silva (USA) / G. Mellisop (New Zealand) / C. Stefanis (Greece) / J. Cox (UK) / R. Montenegro (Argentina) / J. Suzuki (Japan) / M. P. Deva (Malaysia) / T. Okasha (Egypt) / A. Tasman (USA) / M. R. Jorge (Brazil) / M. Olatawura (Nigeria) / S. Tyano (Israel) / M. Kastrup (Denmark) / W. Pankratz (Canada) / F. Kigozi (Uganda) / P. Pichot (France)
2. Preliminary Scientific Program (These contents are provisional and may be modified)

2.1 Plenary Lectures

President: Ahmed Okasha / Mental Disorders and Care in Egyptian History: From Pharaonic to Coptic to Islamic Eras

President-Elect: Juan E. Mezzich / Science and Humanism: Double Helix for the Future of Psychiatry

Egyptian Nobel Laureate: Ahmed Zewail / Medicine in a New Age

Jean Delay Prize Winner: Otto Steenfeldt-Foss / The Patient and Human Rights and Biopsychosocial Development in Psychiatry

2.2 Key Lectures

Hagop Akiskal (USA) / The Origins of Depression: Genes, Stress, Temperament and Gender

Nancy Andreasen (USA) / What is Psychiatry?

Robert Cloninger (USA) / The Science of Well-Being: An Integrated Approach to Mental Health and its Disorders

Heinz Häfner (Germany) / New Perspectives in Psychiatric Epidemiology

Heinz Katschnig (Austria) / Quality of Life in Mental Disorders: Concepts, Conundrums and Controversies

Brian Leonard (UK) / Stress, Depression and Neurodegeneration

Fernando Lolas (Chile) / The Dialogical Foundation of Ethics in Psychiatry

Juan J. López-Ibor (Spain) / Disentangling Obsessive-Compulsive Disorder

Frank Njenga (Kenya) / The African Psychiatrist is One in a Million

Benedetto Saraceno (WHO) / Psychiatry Between Broad Holistic Thinking and Narrow Bio-Medical Practice

Norman Sartorius (Switzerland) / Breaking the Chains of Stigma

Donna Stewart (Canada) / The International Consensus Statement on Women’s Mental Health

Peter Tyrer (UK) / Dealing with Personality Disorders and Conditions

2.3 Special Lectures

Michaela Amering (Austria) / New Challenges in Clinician-Patient Cooperation: Empowerment and Recovery

Carlos Berganza (Guatemala) / Comprehensive Diagnostic Formulation in Child Psychiatry: Do We Need a New Paradigm?

Saida Douki (Tunisia) / Women’s Empowerment Policy as a Key to Prevention in Mental Health

Nady El-Guebaly (Canada) / Managing Addiction: An International Perspective on Challenges and Promises

Robin Emsley (South Africa) / Changing the Course of Schizophrenia: Predictors of /Treatment Outcome Revisited

Courtney Hardin (USA) / Reclaiming Lives from Schizophrenia: Resilience and Rehabilitation

Assen Jablensky (Australia) / The Many Faces of Comorbidity

Simon D. Kipman (France) / Psychoanalysis and Psychiatry: Interlinked Destinies

Isaac Marks (UK) / Self-Help Can Improve Anxiety and Depressive Disorders

Helmut Remschmidt (Germany) / How Effective are our Treatments? Problems and Results of Treatment Evaluation in Child and Adolescent Psychiatry

Bedirhan Üstün (WHO, Switzerland) / The World Mental Health Survey and the Revision of the International Classification of Diseases

Ahmad Mohit (WHO, Egypt) / Culture and Spirituality in Mental Health

2.4 Special Symposium Organizers

Renato Alarcon (USA) / Psychiatry, Culture and Globalization: Conflicts and Opportunities

Said Abdul Azim (Egypt) / Sports and Psychiatry: From the Pharaonic Era to the Present Day

Olusegun Baiyewu (Nigeria) / Dementia in Different Cultures

Carlos Carbonell (Spain) / Creativity and Psychiatry

Yan-Fang Chen (China) / Evaluation Instruments for Future International Diagnostic Systems

Michael Davidson (Israel) / Assessment of Cognitive Functioning in Schizophrenia

Mason Durie (New Zealand) / Psychiatry and Indigeneity: The Interface between Science and Indigenous Knowledge

Fawzy Fawzy (USA) / Advances in Psycho-Oncology

Wolfgang Fleischhacker (Austria) / Schizophrenia and Suicide

Gerardo Heinez (Mexico) / Integrative Approach in the Evaluation of Affective Disorders

Eli Karam (Lebanon) / World Markers of Psychopathology: Similarities and Differences in the World Mental Health Surveys

Yoshibumi Nakane (Japan) / Public Images of Mental Disorders

Alberto Perales (Peru) / Violence and Mental Health in Latin America

Steven Sharfstein (USA) / Access to Care in the 21st Century

Otto Steenfeldt-Foss (Norway) / Patient Rights and Human Rights in Light of the Ongoing Deinstitutionalization in Psychiatry

Sarah Thornicroft (UK) / Stigma and Discrimination: Is There Any Evidence for Effective Interventions?

2.5 Forums

World Conflicts and Mental Health / Organizer: R. Montenegro (Argentina)

HIV/AIDS and Mental Health / Organizer: F. Kigozi (Uganda)

Investing in Mental Health / Organizers: S. Tyano (Israel) & F. Baingana (World Bank)

Patients as Parents / Organizer: M. Rondon (Peru)

Psychiatric Care in the Community / Organizer: H. Herrman (Australia)

Mass Media and Psychiatry / Organizers: M.A. Materazzi (Argentina) & O. Cuena (Spain)

Mentally Ill Physicians / Organizer: D. Lecic-Tosevsky (Serbia)

Disasters and Mental Health / Organizer: G. Christodoulou (Greece)

Mental Health Issues in Deprived World Areas / Organizer: J.K. Trivedi (India)

Patients as Active Protagonists in Health Care / Organizer: Pat Franciosi (WFMH)
3. Exhibitions

Three types of exhibitions will be held during the XIII World Congress of Psychiatry. Parties interested in setting up an exhibit should contact the Secretariat. Your ideas or suggestions for the exhibitions are also welcome.

3.1 Poster

The papers selected as Posters will be grouped by topics, and exhibited in the poster area. Once the Poster has been selected, it must be prepared complying with the following guidelines. Maximum board sizes: 120 cm. high by 90 cm. wide. Clearly labelled at the top: title, name of authors and work place.

3.2 Commercial

A major exhibition area for pharmaceutical companies and scientific publications will take place during the congress.

3.3 Art

An exhibition of artwork related to psychiatry/mental health, such as artwork by the mentally ill and other subjects related to mental health worldwide, will take place during the congress.

4. Registration

4.1 Registration Submission Procedure

In order to ensure that your registration information is processed quickly and correctly, the organizers request that you register using the online registration form. Your credit card and personal information will be protected from unauthorized access by an online security system (SSL).

Congress website: www.wpa-cairo2005.com

If for any reason you are unable to use the online registration form, please fill out "Form A" and send it to the secretariat via fax or mail. Any inquiries about registration or requests for additional forms should be addressed to:

XIII World Congress of Psychiatry Secretariat

TILESA OPC, S.L.

c. Londres, 17 - 28028 Madrid (Spain)

Phone: (34) 913 612 600 - Fax: (34) 913 559 208

e-mail: registrations@wpa-cairo2005.com

Registration Fees

<table>
<thead>
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<th>CATEGORY</th>
<th>After April 30th, 2005</th>
<th>Until April 30th, 2005</th>
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<tr>
<td>Delegates from category A* countries</td>
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<td>Delegates from category B* countries</td>
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<td>Delegates from category C* countries</td>
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<tr>
<td>Accompanying Persons **</td>
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Important
* For your registration, please, use the appropriate fee for the geographical area of the country in which you reside (see list of countries in www.wpa-cairo2005.com).
** Students must attach a copy of their student ID, and trainees a signed certificate from their department head or supervisor. Other professionals work certificate.
*** Registration fees for all accompanying persons do not include attendance to any of the Congress Scientific Sessions.
Please note: All payments must be made in US Dollars. Each fee is applied for certain countries classified by World Bank Economic Categories (see list of countries in www.wpa-cairo2005.com) as follows:

Category A: High-income countries
Category B: Upper-middle income countries
Category C: Lower-middle income countries
Category D: Low-income countries

The deadline for early registration will be April 30th, 2005.

Regular fees include:

- Attending all scientific sessions.
- Participation in Cultural events: Opening Ceremony, Welcome Reception, Closing Ceremony.
- Admission to the exhibition area.
- Congress bag, documents, book of abstracts, final program and other congress materials.
- Coffee-breaks and picnic lunches.
- Daily transportation from the hotel to the venue including the Opening Ceremony, Welcoming Reception and Closing Ceremony.
- Individual insurance policy (congress days). Specific conditions contact secretariat.

Accompanying person’s fee includes: Participation in Cultural events: Opening Ceremony, Welcoming Reception, Closing Ceremony.

Method of Payment: Payment of registration fees may be made by one of the following methods:

CREDIT CARD: You may use American Express, Visa, Diners Club, or MasterCard. Be certain to fill in the payment information on the registration form if you use this method.

BANK TRANSFER: Participants are responsible for all bank transfer charges. You are required to send a copy of the bank remittance receipt with the registration form, so that your payment is applied correctly.

Confirmation of Payment: Upon receipt of Form A and your payment, the secretariat will send a confirmation slip on which a registration number is written. Please present the slip at the on-site registration desk to receive the congress materials and your name badge. No confirmation will be sent if your registration is received after September 1ST, 2005.

Cancellation: A notice of cancellation should be sent in writing to the Congress Secretariat, TILESA OPC, S.L. Individuals cancelling before or on April 1ST, 2005 will be refunded as follows:

- Cancellations received by May 1ST, 2005: 80% (minus bank transfer charge)
- Cancellations received on or after May 1ST, 2005: No refund

On-site Registration: After September 1ST, 2005, the only possibility to register will be on site. Participants who wish to register on site are advised to arrive early.

5. Accommodation

EMECO travel is the Official Congress Travel Agent, for any further information about accommodation, please contact directly:

EMECO Travel - Accommodation, Tourist Services

e-mail: accommodation@wpa-cairo2005.com

2 Talaat Harb St. - Cairo 11111 - Egypt
Tel: +202 574 56 65
Fax: +202 578 68 11

5.1 Hotels & Rates

Cairo is rich with hotels of different categories and different international and local chains, in order to satisfy all needs and to match the budget of most of Cairo visitors. In terms of preparation for the XIII WCP, Emeeco Travel has reserved a large number of rooms in most hotels in Cairo with different categories (Please consult the reservation form for more details about Categories, location and pricing). Hotel Rates: Are on bed basis only and are exclusive of 25% service charge and taxes.

<table>
<thead>
<tr>
<th>AREA</th>
<th>Single or Double</th>
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<td>US $ 70</td>
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</table>

As for all conferences, hotel bookings are ruled by some policies, which come at the end to the benefit of the delegates. Reading the following policies carefully, will help to instate your booking appropriately.

5.2 Cancellation & Refund Policy

Deposit and No Show: In order to confirm your hotel booking, a one-night deposit of the requested hotel is required 10 days after receiving our preliminary confirmation; otherwise, your reservation will be released. Reinstating your booking will be subject to availability. This deposit will be forwarded to the hotel. Delegates must settle the balance of their account with the related hotel upon check out. In case of no show, a one-night deposit will be charged.

Change of Booking: Any change or cancellation of reservation(s) must be notified to Emeeco Travel and not directly to the hotel.

Late Arrivals: If your exact arrival time is not yet determined when making your hotel booking, please, ensure sending its details upon finalizing your airline reservation. This will allow us updating the hotel with your arrival details thus securing your room if late arrival. Otherwise, your reservation risks to be released and no show charges might apply.

Arrival Time: Many international flights arrive to Cairo in the early morning. Hotel check-in time is usually at 13.00 hours. By receiving your arrival time we shall do our best to secure your room at the hotel. However, you might not be able to check in prior to the above stated time. To guarantee a room being available for an early arrival you will need to book and pay for your room for the previous night. If this is required please indicate it on your reservation form.

Accommodation Refunds: Deposit(s) is/are non-refundable one month prior your arrival date and will not be refunded in case of no show on the specific arrival date you have booked.

General Notes: To benefit from the Early Bird Rates, related one night deposit should be received before April 1ST, 2005.

For information about Suite rates, please contact wpaaccommodation@emeco.com

Dead line to accept and confirm hotel reservation requests is September 1ST, 2005.
6. Social Events

Exclusive Dinner at the Pyramids Plateau:

Upon arrival, drummers and musicians dressed in Bedouin attire will greet and welcome the delegates. Guests will later be invited into the tent where they will be seated and witness the most amazing panoramic view of the three pyramids. Dinner Buffet will be then served, followed by a very special entertainment (check details on the Conference website); cash bars will be available. For reservations, please contact: registrations@wpa-cairo2005.com

Price: US $ 120,00 Per Person

7. Tours (Please revise TOUR RESERVATION FORM for prices.)

7.1 DAILY TOURS:

Pyramids & Sphinx:

These were looked upon reckoned by the Greeks as one of the Seven Wonders of the World. A single pyramid is built of 2,300,000 blocks, each weighing an average of two and one-half tons. The Cheops Pyramid is especially interesting since its interior burial chambers are open for inspection by the public. Not far from the Pyramids is the Great Sphinx of Giza, which dates from the time of Chephren (2620BC).

Egyptian Museum:

The Egyptian Museum is the most important depository of Egyptian antiquities in the entire world. It features artifacts from the Pharaonic and Greco-Roman periods.

Sound & Light Show at the Pyramids:

Guests enjoy a fabulous 45-minute show at the feet of the Pyramids of Giza, held every evening.

Memphis & Sakkar:

Memphis served as the capital of Upper & Lower Egypt some 5,000 years ago during the 1st Dynasty. Menes, the first pharaoh of this dynasty, built a great white-walled palace & the Temple of Ptah here. Sakkar Dominated by the famous step pyramid of King Zoser. It was the first pyramid to be built in ancient Egypt, preceding those at Giza by many centuries, & is the work of the famous Pharaonic architect Imhotep.

The Citadel, Mosque & Khan Khalili Bazaar:

Situated on a spur of the Muqattam Hills, the citadel dominates Cairo's skyline and was the nerve center of the city and Egypt for almost 700 years. Constructed in 1176 by Saladin and completed by Muhammad Ali. The tour also includes a visit to Khan El Khalili, a famous Cairo bazaar dating back to the late 14th century.

Old Cairo, Synagogue & Churches:

Coptic Museum is built on the site of the Roman fortress of Babylon, constructed about 30 B.C., Under Augustus and rebuilt in the time of Trajan. Ben Ezra Synagogue stands in a pleasant shady garden in the center of Cairo. Al Mo'a'ala Church built in the fifth century over the southern gate of the Fort Babylon. The Basilica style church is rich in antiquities from the early Christian era.

Pharaonic Village:

At the Pharaonic Village, visitors sail on comfortable motorized barges down a network of canals and view incredibly accurate tableaux of the recreation of ancient Egyptian life.

Dinner & oriental show:

An authentic oriental restaurant offering a wide variety of typical Egyptian dishes, lots of appetizers with a life entertainment of a Folkloric show and belly dancer.

Nile Cruise dinner in Cairo:

During sailing our guests will enjoy the sailing as well as the bright colors of Cairo at night together with life music entertainment while buffet dinner is served after dinner a belly dancer show will perform with oriental band and singer.

7.2 PRE & POST TOURS

Nile Cruise:

Cruise along the Nile whose banks are lined with ancient villages, temples, cotton fields and date palms and meet with Kings, Queens and civilization that goes back for more than 6000 years. All unchanged since biblical times contrasted and surrounded by the modern cities, hotels, cruises and the widely spread travel services.

Sharm El-Sheikh:

Sharm El-Sheikh is located about 550 kilometers from Cairo, 40 minutes by plane, known as the city of peace. All around are Bedouins, colorful tents, mountains and the sea. Sharm El-Sheikh is considered to be an ideal place to practice diving, windsurfing, horse and camel back riding, while desert safaris and various water sports.

Hurghada:

Located on the Red Sea and known for its very pleasant climate all the year round. It became the foremost tourist resort of the Red Sea coast and an international center for aquatic sports. The warm waters in Hurghada are ideal for many varieties of rare fish and coral reefs, which may also be observed from glass bottomed boats.

Alexandria:

The second largest city in Egypt after Cairo, it was the capital of Egypt in the Greek age and widely known as the Mediterranean Mermaid. Alexandria witnessed the Greeks and the Romans; It also had one of the Seven Wonders (Alexandria Minaret), which was destroyed in an earthquake before 2000 years ago. Alexandria is treasured with the Greco-Roman museum, Pompey's Pillar, Catacombs, Roman Theatre, Citadel of Qaitbey and recently, the re-built Bibliotheca Alexandrina.

7.3 Date to Remember & How to Contact Us:

Reduced Registration Fee April 30st, 2005
Web-site : www.wpa-cairo2005.com

Scientific and Technical Secretariat
Tilesa OPC, S.L.
c. Londres, 17 - 28028 Madrid (Spain)
Phone: (34) 913 612 600
Fax: (34) 913 559 208
e-mail: secretariat@wpa-cairo2005.com

Travel Agent
Emeco Travel
Accommodation, Tourist Services
2 Talaat Harb St.
Cairo 11111 (Egypt)
e-mail: accommodation@wpa-cairo2005.com

Congress Venue
Cairo Internacional Convention & Exhibition Centre
www.cicc.egnet.net