In conjunction with: 12TH MALAYSIAN CONFERENCE ON PSYCHOLOGICAL MEDICINE

WELL BEING ACROSS CULTURES : PSYCHOTHERAPY IN A BIOLOGICAL ERA 2nd Announcement

22nd – 26 th August 2006 – Kuala Lumpur, Malaysia www.2006wcp-mcpm.com - infowcp@icem.com

Welcome Message from the Organizing Chairpersons:

"Selamat Datang!" In the Malaysian National Language, that means, "Welcome". The Malaysian Psychiatric Association and the International Federation for Psychotherapy warmly welcome you to the 19th World Congress of Psychotherapy in Kuala Lumpur. We in Malaysia feel honoured to have been given the task of organizing this Congress and welcome delegates to contribute their expertise interact with colleagues from other parts of the world and simply enjoy both the scientific and the social aspects of the conference.

The world is shrinking. Events and ideas from one region of the globe that in the past took ages to filter across to other regions are now presented to us at the touch of a key. The effects of globalization and the influence of technology have served to reduce the gaps that existed between peoples. Consequently, there is increasing familiarity with ideas that were once rejected as foreign. Therapies, Eastern and Western, have crossed continents. It is in such a climate that we meet to share, to learn and to form bridges.

We hope this congress will be a catalyst in the process of bridge building not only cross-culturally but also within the caring professions of psychotherapy/counselling and psychiatry. With advances in neurobiology, with the ever-increasing number of newer psychopharmacologic agents there is a considerable risk of losing the human being among his neurotransmitters! We believe the presentations will help to advance a more holistic and integrated approach to health and wellbeing. See you in Kuala Lumpur in August.

Organizing Committee:

T. Maniam / Abdul Kadir Abu Bakar / Philip George / Mohd Fadzillah Abdul Razak / Yen Teck Hoe / Salina Abdul Aziz / Siti Nor Aizah / Azhar Md. Zain / Mohd Daud / Norliza Che Mi / Rajinder Singh/ Low Mi Yen / Rajinder Singh

Scientific Program Committee:

Azhar Md. Zain / Abdul Kadir Abu Bakar / Mohd Fadzillah Abdul Razak / Salina Abdul Aziz / Sarfraz Manzoor Husain / Philip George / Zubaidah Jamil / Alvin Ng Lai Oon / Siti Nor Aizah Ahmad / Muhd. Najib Alwi / Toh Chin Lee / Bharati Vengadasalam / Brian Ho Kong Wai / Teoh Hsien-Jin / Mahadir Ahmad / Hanizam Abd. Ghani / Low Mi Yen / Yen Teck Hoe

International Advisory Board :

- Douglas Kong (Singapore)
- David Orlinsky (USA)
- Wolfgang Senf (Germany)
- Mechthild Neises (Germany)
- Kang Suk-Hun (Korea)
- Lee Jung-Kug (Korea)
- Michael Robertson (Australia)
- Gunnar Gotestam (Norway)
- Sidney Bloch (Australia)
- Sandy MacFarlane (Australia)
- Tsutomu Sakuta (Japan)
- Chris Freeman (United Kingdom)
- Carol Ryff (USA)

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T. Maniam Ulrich Schnyder - President MPA, Chairperson Ulrich Schnyder - President IFP, Co-chairperson

- Edna Foa (USA)
- Chiara Ruini (USA)
- Michael Nicholas (Australia)
- Anthony Ang (United Kingdom)
- Proposed Scientific Program :

22nd August 2006 (Tuesday)

- 8.30 12.00 : Pre-conference Workshops
 - 1. IPT for Depression & PTSD
 - 2. Issues Facing Men in Today's World
 - 3. Drug Addiction
 - 4. Working with Borderlines
 - 5. Sexual Dysfunction
 - 6. CBT for Psychosis
 - 7. Clay / Play Therapy
 - 8. ADHD
 - 9. Well-being therapy
 - 10. Group psychotherapy

23rd August 2006 (Wednesday)

8.30 – 10.00: Opening Ceremony and Keynote Address (Evidence-based Research in Psychotherapy - Norman S.)

10.00 - 10.30: Tea break

12.00 - 14.30: Lunch Symposium (Janssen-Cilag) : Long-Acting Antipsychotic : Optimising Outcome/Poster Sessions

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19.00: Gala Dinner and Launch of South Asia Forum – Malaysian Chapter

- WCP:
- 10.30 12.00:
 - Accelerated Behaviour Cognitive Therapy (Genevie Milns (L) (Alvin)
 - Group Psycotherapy (L) (Christer Sandahl)
 - Adolescent Population (L) (Toh CL)
- 14.30 -16.00 :
 - Psychotherapy in Pediatric Setting (L) (Teoh)
 - Art/Play/Sand-tray therapy (L) (S)
 - Psychotherapy for sexual issues (L) (Vivienne Cass)
- 16.30 17.30: Plenary: Well-being therapy (Carol Ryff)
- **MCPM:**
- 10.30 12.00: General Symposium1: Depression (Organon)
 - 1. Depression in Primary Care Treating it Early and
 - Treating it Right
 - 2. New Strategies in treatment of depression
 - 3. Psychosocial aspect of management in depression
- 14.30 16.00 : General symposium 2: Bipolar Disorder (Astra Zeneca)
 - 1. Long Term treatment in bipolar disorder
 - 2. Psychosocial treatment in bipolar disorder
- 16.30 17.30: Concurrent sessions:
 - 1. Neuropsychiatry
 - 2. Liaison psychiatry
 - 3. Child psychiatry

24th August 2006 (Thursday)

08.30 – **10.00:** Plenary: Phenomenology and Philosophy in psychotherapy (Bing Kimura)

10.00 - 10.30: Tea Break

12.00 – **14.30:** Lunch symposium (Novartis) Returning to functional abilities: The role of cognitive enhancers in dementia/poster sessions

16.00 - 16.30: Tea Break

19.00: Dinner symposium

WCP:

- 10.30 12.00 :
 - Psychotherapy in family issues (L)
 - Marital/Couple therapy (L)
 - Psychotherapy in Managing Patients with chronic pain Malaysian experience (S) (Zubaidah Jamil)
- 14.30 16.00:
 - Psychotherapy for victims of child abuse and domestic violence (L)
 - Tao therapy (L) (Rhee)
 - Transcultural aspects in psychotherapy (L) (Tan Eng Kong)
- 16.30 17.30: Plenary
 - Motivational self-help program: harm or help? (Douglas Kong)
- 17.30 18.30: IFP Board Meeting

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MCPM:

- 10.30 12.00: General symposium 3:
 - Anxiety disorders (Solvay)
 - Neural plasticity and stress
 - Understanding the neurobiological basis and its
 - treatment implications
- 14.30 16.00: General symposium 4:
 - Treating bipolar depression (GSK)
- 16.30 17.30: Concurrent sessions:
 - 1. Free papers
 - 2. Community psychiatry
 - 3. Forensic psychiatry

25th August 2006 (Friday)

- 08.30 10.00: Plenary
 - Borderline personality disorder-Psychotherapy and neurophysiological perspectives (Meares)
- 10.00 10.30: Tea Break

12.00 – 14.30: Lunch symposium (Lundbeck) : Recovery in depression/Poster session

- 16.00 16.30: Tea break
- 19.00: Dinner symposium
- WCP:
- 10.30 12.00: Psychotherapy:
 - Art or Science (L) (Tan Eng Kong)
 - Psychotherapy for Suicidal patients (L)
 - Psychotherapy in immigrant population (L)
- 14.30 16.00:
 - Psychotherapy with HIV and AIDS patients (S) (Christopher Lee, HIV counsellors)
 Psychotherapy for victims of violence and aggression (L) (Azhar)
 - -Personal construct therapy (Najib)
- 16.30 17.30: Plenary:
 - Practicing psychodynamic psychotherapy from asian perspective (Anthony Ang)

MCPM:

10.30 - 12.00: General symposium 5:

- Treatment effectiveness in schizophrenia (Eli Lily)
- 14.30 16.00: Biennial General: Meeting of MPA

26th August 2006 (Saturday)

WCP:

08.30 - 10.00: Plenary: Meet-the-experts session

10.00 - 10.30: Tea Break

10.30 – 12.00: Asian regional perspective in psychotherapy religion, culture and spirituality (S) (Azhar, Douglas Kong)
 12.00 – 14.30: Closing ceremony

- Abstract submission form : deadline for receipt of abstracts 31st March 2006
 - Presenting author details: - Last name:
 - First name:
 - Institution:

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- Please indicate conference session: WCP or MCPM

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- General subject of presentation (e.g. forensic, learning disability)

Abstract instruction: Abstract title at top; authors; institution; abstract content (max 300 words)

• Address all submissions to :

Mail from the webpage : www.2006wcp-mcpm.com Fax : The Secretariat 19th WCP, fax no. 603-20260128 Regular mail : The Secretariat 19th WCP c/o ICEM Sdn Bhd , Unit 3.2, 3rd Flr, Wisma Concorde, 2, Jalan Sultan Ismail, 50250 Kuala Lumpur

• The Scientific programme committee (SPC)

The Scientific programme committee (SPC) is pleased to invite interested participants to send abstracts for presentation as free papers or posters. Papers explore psychotherapy issues in other fields and categories such as the ones listed below are also sought:

- Adherence
- Aging
- AIDS/HIV
- Alcohol/Smoking/Substance abuse
- Asthma and pulmonary disorders
- Cancer
- Cardiovascular disease
- Chronic fatigue and somatoform disorders
- Diabetes, metabolism, nutrition, obesity and eating disorders
- Gastrointestinal, dermatological and psychophysiological disorders
- Gender and Women's health
- Health behaviours
- Health systems, policy and economics
- Illness/Illness affect/Illness behaviour
- Pain, Musculoskeletal and neuromuscular disorders
- Psychological, somatic problems and quality of life
- Stress, psychophysiology and psycho-immunology
- Violence, Victimisation and PTSD
- Work-related health
- Others

Abstracts must be single-spaced, font size 12, Time New Roman in Word format.

Abstracts must be written in English.

The abstract must not exceed 300 words.

The abstract must not contain bibliographical references, images, tables, diagrams, graphs or appendices.

Abstracts on quantitative research must be presented in the following structured format:

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- Abstract title (not more than 20 words)
- Author(s) and author affiliation(s)
 - Aims
- Background review
- Methods
- Results

- Conclusions (avoid evasive statements like "the findings will be discussed")

- Acknowledgements – this include grant support (including the grant number) and disclosure of any financial relationship the author(s) may have with the manufacturer / supplier of any commercial products or services related to the work reported in the abstract

Abstracts on qualitative research can be adjusted but are expected to follow explicitly similar structure outlined for the quantitative ones.

Acceptance of a paper for presentation does not imply any commitment on the part of the organizing committee to provide financial assistance to the presenter. Only registered participants, who have paid their registration fees, shall be permitted to present their papers.

The presenting author is required to ensure that all co-authors are aware of the content of the abstract before submission to the secretariat.

Submissions are accepted on the understanding that the work has been performed with the permission of any relevant ethical or legislative body.

The presenting author is required to fill in abstract submission cover sheet to facilitate future correspondence.

Abstract selection and presentation

A panel of faculty members will review abstracts and results will be forwarded to the corresponding author.

Accepted abstracts will be presented as posters and will be published in the Book of abstracts.

Instructions for preparation of posters will be sent together with notification of acceptance.

Authors will be notified by March 30. 2006 as to whether their abstract has been accepted.

• Invited speaker presentations:

Abstracts for invited speaker presentations must be submitted according to the instructions above and should be received by the general abstract deadline of March 1, 2006. Please indicate on the website abstract form that the abstract is for your invited lecture.

Important Dates

- Deadline for submission of Abstracts 31st March 2006
- Early Registration 15th May 2006

- Late Registration After 15th May 2006 - Additional US \$50.00

- Cancellation Before 15th June 2006 -of Registration 50% Refund
- Cancellation After 15th June 2006 -of Registration No Refund - Registration fees will be based on a sliding scale according to
- World Bank Economic Categories
- Congress Website: www.2006wcp-mcpm.com

Secretariat :

C/O ICEM SDN BHD Unit 3.2, 3rd Floor, Wisma Concorde, No. 2, Jalan Sultan Ismail, 50250 Kuala Lumpur, Malaysia Tel: 603 - 2026 0818 Fax: 603 - 2026 0128 Email : infowcp@icem.com

Congress Registration & Payment form:

Register online at www.2006wcp-mcpm.com or complete this form and fax back to The secretariat, 19th WCP at 603-20260128.

- Contact Details:
 - Title: Prof, Dr, Mr, Mrs, Ms
 - Family & name
 - First & middle name
 - Organization / Institution - Address

 - City & State - Postal & code Country
 - Telephone
 - Email
 - Fax
 - Dietary preference if any

Registration Fees		Late Registration	Total
	by 15 May, 2006	after 15 May 2006	Amount
Workshop registration			
Foreign delegates	100 \$	100 \$	
Malaysian	RM 200	RM 200	
delegates	1111 200	1111 200	

Conference registration

World Bank Economic	Foreign				
Categories	Delegates				
A (High-income countries)	Member	550 \$	600 \$		
	Non-member	600 \$	650 \$		
B (Upper-middle-income	Member	400 \$	450 \$		
countries)	Non-member	450 \$	500 \$		
C/ D (Lower-middle to Low	Member	200 \$	250 \$		
income countries)	Non-member	250 \$	300 \$		

Conference	registration

Malaysian delegates: MPA member	RM 600	RM 700
Malaysian delegates: Non-MPA member	RM 650	RM 750

• Method of payment — Telegraphic Transfer:

Please make payment to: Malaysian Psychiatric Association HSBC Bank, 2, Leboh Ampang, Kuala Lumpur, Malaysia A/c No: 301-113031-001 Swift code: HBMBMYKL

Please kindly fax a copy of the telegraphic transfer bank slip once payment has been deposited, to 603-20260128.

· Hotel reservation form

Please print clearly in block capitals and return the completed form by or before 7 july 2006.

Fax to : Shangri-La Hotel, Kuala Lumpur Attention: Sharon Teo/ Patrick Oh E.mail: Sharon.teo@shangri-la.com or patrick.oh@shangrila.com Phone: (603) 20743596 / 20743511 Fax: (603) 20708616

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Reservation should be made directly with Shangri-La hotel, Kuala Lumpur by returning this form to fax number (6 03) 2070 8616 on or before 7 July 2006 with one night deposit. Any reservation request after this date will be subject to space availability basis. A special conference rate has been arranged for all participants. The above credit card number will serve to guarantee the room reservation and authorizes Shangri-La Hotel to charge one night of stay.

• Terms and Conditions :

 The guestroom will be released after 22 July 2006, any room reservation made thereafter will be subject to hotel guest room availability.

Any cancellation 7 days prior to arrival date is subject to a cancellation charge of one night's room rate for each room cancelled to the individual credit card account.

- Short stay will be charges for the full duration of stay as per the original booking.

- Should delegates with a guaranteed reservation not arrive on the scheduled date of arrival, a full length of stay per room charge will be levied to the individual guest for any no show on arrival date of confirmed bookings.

— Check-In : 14.00 hours Check-Out : 1200 hours

Well Being Across Cultures : Psychotherapy in a **Biological Era**

(22nd - 26th August 2006 • Kuala Lumpur, Malaysia)

Malaysia is a veritable melting pot of the various Asian peoples blessed with cultural diversities. From Kuala Lumpur, a bustling metropolis full of skyscrapers, to quaint villages just minutes away, you will encounter.

Malaysians of every creed, keeping alive centuries-old traditions through their languages, beliefs, festivals, cuisine in harmonious co-existence.

Malaysia is located just north of the Equator, between Thailand and Singapore. It is home not only some of the world's most beautiful beaches and islands but also ancient rainforests and highlands with a plethora of exotic wildlife and plants. Nowhere else in Asia can you find such a delightful melting pot of races, with all their different beliefs and traditions? One beautiful characteristic of Malaysia is that it is truly Asian; as you can travel from a Malay village through an Indian neighbourhood to Chinatown and feel that, you have been to three separate countries!

Kuala Lumpur is the main gateway into the country. The epitome of progress, Kuala Lumpur is proof of the country's property. Having played host too many world-class meetings, conferences and exhibitions. Kuala Lumpur has many telecommunication system and multimedia facilities. Government related events, technological advancements and educational advancements in the areas of the Multimedia Super Corridor and many other would benefit from Kuala Lumpur's variety of services. Apart from there, KL is also a major entertainment centre with world-class accommodation and excellent shopping facilities serving mouth-watering food with a variety of places to see and things to do.

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