**4th Scientific Congress of Anxiety**

**Psychiatric Association of Turkey & Turkish Neuropsychiatric Association**

**Web site:** [www.4-ansiyetekongresi2005.com](http://www.4-ansiyetekongresi2005.com)

**09-13 March 2005 /Tunisia - Hammamet, Royal Hotel**

**E. mail:** bilimsel@adimtravel.com

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**SCIENTIFIC PROGRAM**

**9 March 2005**

18h 00 : OPENING CEROMONY AND PANEL
Topic: Anxiety in Culture and Art – Anxiety and Creativity
Chairman: Dr. Cengiz Gülec
Speakers: Dr. Kerem Doksat, Dr. Levent Mete, Dr. Medaim Yanik, Dr. Demet Danik

20h 00 : OPENING COCKTAIL (Lundbeck Pharmaceuticals)

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**10 March 2005**

07h 30 – 08h 00 : MEET THE EXPERTS
**HALL 1** : Epidemiology: Dr. Orhan Doğan - Dr. Neşe Kocaboğlu
**HALL 2** : Social Phobia: Dr. Nesrin Dilbaz - Dr. Hatice Güz

09h 00 –11h 00 : PANEL 1
Topic: Social Phobia (Case Presentation and Discussion)
Chairman: Dr. Nesrin Dilbaz
Speakers: Dr. Nesrin Dilbaz, Dr. Kemal Sayar, Dr. Tunç Alkin, Dr. Emine Kılıç, Dr. Hatice Güz, Dr. Nihat Kaya

Discussion Subjects:
- Treatment, prognosis and results in social phobia Dr. Nesrin Dilbaz
- Is social phobia a valid diagnosis? Dr. Tunç Alkin
- Cultural aspects of social Phobia Dr. Kemal Sayar
- Clinical epidemiology and biologic correlations of social phobia and avoidant personality disorder Dr. Hatice Güz
- Social phobic children and family characteristics Dr. Emine Kılıç
- Comorbidity in social phobia Dr. Nihat Kaya

11h 00 – 11h 30 : COFFEE BRAKE (Lilly Pharmaceuticals)

11h 30 – 13h 00 : PANEL 2
Topic: Generalized Anxiety Disorder
Chairman: Dr. İlkin Içelci
Speakers: Dr. Armağan Samancı, Dr. Meral Berkem, Dr. Reha Bayar, Dr. İbrahim Balciöglu, Dr. Adnan Cansever, Dr. Orhan Doğan

Discussion Subjects:
- Treatment of treatment resistant Generalized Anxiety Disorder: Dr. Armağan Samancı
- Diagnosis and treatment of childhood GAD Dr. Meral Berkem
- Prediction and treatment resistance in GAD Dr. Reha Bayar
- Prognose and coping strategies in GAD Dr. İbrahim Balciöglu
- Difficulties in GAD Dr. Adnan Cansever
- Epidemiology of GAD Dr. Orhan Doğan

**14h 00 – 16h 30 : PANEL 3**

**13h 00 – 14h 00 : LUNCH**

**14h 00 – 16h 30 : PANEL 3**
Topic: Eating Disorders (Case Presentation and Discussion) and Body Dysmorphic disorder
Chairman: Dr. Hüsnü Erkmen
Speakers: Dr. Hakan Türkcüpar, Dr. Ayça Gürdal, Dr. Füsün Çuhadaroğlu, Dr. Atilla Erol, Dr. Fulya Maner, Dr. Başak Yücel, Psk. Rukiye Hayran

Discussion Subjects:
- Psychotic and neurotic aspects of Anorexia Nervosa, Which on is more related? Dr. Ayça Gürdal
- Is denial of treatment and treatment resistance in Anorexia Nervosa Psychotic? Dr. Atilla Erol
- Family therapy in eating disorders Psy. Rukiye Hayran Clinical features in Bulimia Nervosa Dr. Fulya Maner
- Soul and body are suffering together: Are the medical problems being overlooked in Eating disorders? Dr. Başak Yücel
- Cognitive approaches in Eating Disorders Dr. Hakan Türkcüpar
- Anorexia nervosa as self pathology Dr. Füsün Çuhadaroğlu

16h 30 – 17h 00 : COFFEE BRAKE (Lilly Pharmaceuticals)

**17h 00 – 19h 00 : PANEL 4**
Topic: Obsessive Compulsive Disorder (Case report Discussion)
Chairman: Dr. Esat Göktepe
Speakers: Dr. Mehmet Zihni Sungur, Dr. Ertan Tezcan, Dr. Aytül Çorapçıoğlu, Dr. Zerrin Topçu, Dr. Raşit Tükel

Discussion Subjects:
- Psychotherapeutic approaches to OCD Dr. M. Zihni Sungur
- Pharmacotherapy of OCD Dr. Raşit Tükel
- Resistance concept in OCD Dr. Aytül Çorapçıoğlu
- Comorbidity in OCD Dr. Ertan Tezcan
- OCD in Attention deficit hyperactivity disorder Dr. Zerrin Topçu

**19h 30 : DINNER**

20h 30 : TUNISIAN WINE AND CHEESE (With Assistance Of Fako Pharmaceuticals)

**11 March 2005**

07h 30 – 08h 30 : MEET WITH EXPERTS
**HALL 1** : Cognitive Behavioral Therapy in Anxiety Disorders: Dr. M. Zihni Sungur - Dr. Hakan Türkcüpar
**HALL 2** : Research Methods in psychiatry: Dr. Hasan Herken - Dr. Murat Erkiran

09h 00 – 10h 30 : PANEL 5
Topic: Panic Disorder

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**Arabpsynet e-Journal : N°5 - January- February- March 2005**

[www.arabpsynet.com/Congress/CongAnxiety4Turkey.pdf](http://www.arabpsynet.com/Congress/CongAnxiety4Turkey.pdf)
Chairman: Dr. Erdal Işık  
Speakers: Dr. Erdal Işık, Dr. Şeref Özer, Dr. Ozan Pazvantoğlu, Dr. Çağlar Açıklıköç, Dr. Selçuk Kılıç, Dr. Ümit Tural

**Discussion Subjects:**  
- Panic with and without agoraphobia Dr. Ümit Tural  
- Diagnosis of Panic disorder in Emergency Service and rapid intervention. Dr. Ozan Pazvantoğlu  
- Subsyndrom concept in panic disorder Dr. Çağlar Açıklıköç  
- Nocturnal and day time panic attacks Dr. Şeref Özer  
- Differentiation of Panic disorder and social anxiety disorder Dr. Selçuk Kılıç  
- Treatment strategies of panic disorder Dr. Erdal Işık

**10h 30 – 10h 45 : COFFEE BRAKE (Lilly Pharmaceuticals)**

**10h 45 – 12h 45 : PANEL 6**  
Topic: Biological aspects of Anxiety  
Chairman: Dr. Salih Battal  
Speakers: Dr. Tayfun Uzbay, Dr. Ercan Abay, Dr. Murat Rezaki, Dr. Serap Monkal, Dr. Numan Ermutlu  

**Discussion Subjects:**  
- Neurobiology of anxiety Dr. Tayfun Uzbay  
- Genetic of anxiety Dr. Ercan Abay  
- Neural circuits in Anxiety Dr. Murat Rezaki  
- Neuro imaging studies in Anxiety Dr. Serap Monkal  
- Electro physiology of Anxiety Dr. Numan Ermutlu

**12h 15 – 13h 00 : LUNCH**

13 h 00-14 h 00 : SATELLITE SYMPOSIUM (With Assistance Of Janssen-Cilag Pharmaceuticals)  
Speaker: Dr. Attila Turgay  
Adult onset Attention deficit hyperactivity disorder

**14h 30 : HALF DAY CITY TRIP**  
Two optional tours.  
1. Capital Tunis/ Bardo Museum  
2. Kartaja/ Sidi Bou Said

**20h 00 : DINNER**

12 March 2005

07h 30 – 08h 30 : MEET WITH EXPERT  
**HALL 1** : Panic disorder Dr. Hüsnü Erkmen, Dr. Tunç Alkin  
**HALL 2** : OCD Raşıt Tükel Dr. Oğuz Karamustafaoğlu

09h 00 – 11h 00 : PANEL 7  
Topic: Comorbidity in Anxiety disorders  
Chairman: Dr. Sunar Birsoz  
Speakers: Dr. Mansur Beyazıyık, Dr. Lut Tamam, Dr. Behçet Coşar, Dr. Göksel Bayam, Dr. Cem İnceso, Dr. Hayriye Elbi Mete, Dr. Duran Çakmak, Dr. Nihat Alpay

**Discussion Subjects:**  
- Alcohol use disorders Dr. Duran Çakmak  
- Substance use disorders Dr. Mansur Beyazıyık  
- Mood disorders Dr. Lut Tamam  
- General Medical Conditions Dr. Behçet Coşar  
- Cerebrovascular and cardiovascular risks Dr. Göksel Bayam  
- Sexual function disorders Dr. Cem İnceso  
- Cancer and Psychiatry Dr. Hayriye Elbi Mete  
- Anxiety in psychotic disorders Dr. Nihat Alpay

11h 00 – 11h 30 : COFFEE BRAKE (Lilly Pharmaceuticals)

**11h 30 – 13h 00 : PANEL 8**  
Topic: Post Traumatic Stress Disorder  
Chairman: Dr. Oğuz Karamustafaoğlu  
Speakers: Dr. Aytekir Sır, Dr. İslı Erding Bilgin, Dr. Tuncer Okay, Dr. Mustafa Yıldız, Dr. Hayrettin Kara, Dr. Neşe Kocabaoğlu

**Discussion Subjects:**  
- Violence in anxiety disorders Dr. İslı Erding Bilgin  
- Subsyndrom concept in PTSD Dr. Tuncer Okay  
- Treatment resistance in PTSD Presentation of a prediction study in Turkey Dr. Neşe Kocabaoğlu  
- Psychodynamic perspectives of trauma Dr. Aytekir Sır  
- Psychosis after trauma Dr. Mustafa Yıldız  
- Trauma and dissociation Dr. Hayrettin Kara

13h 00 – 14h 00 : LUNCH

14h 00 – 16h 00 : PANEL 9  
Topic: Treatment approaches and practical suggestions in Anxiety disorders  
COFFEE BRAKE (With Assistance Of Lilly Pharmaceuticals) Dr. Hüsnü Erkmen  
Speakers: Dr. Mehmet Emin Önder, Dr. Nesrin Dilbaz, Dr. Mehmet Emin Ceylan, Dr. Hasan Herken, Dr. Hamdi Tutkun, Dr. Süha Özacıklı, Dr. Musa Tosun, Dr. Nevzat Yüksel, Dr. Bilgen Tanelli, Dr. İsmet Kirkpinar

**Discussion Subjects:**  
- Benzodiazepine use in Anxiety Disorder Dr. Mehmet Emin Önder - Dr. Süha Özacıklı  
- Antidepressant use in Anxiety Disorder Dr. Nesrin Dilbaz - Dr. Musa Tosun  
- Are there any neurochemical base of antipsychotic use in Anxiety disorders? Dr. Mehmet Emin Ceylan - Dr. Nevzat Yüksel  
- Side effects of drug therapy in anxiety disorders and patient adaptation Dr. Hasan Herken - Dr. Bilgen Tanelli  
- Genetic in predisposition to disease and predicting treatment response Dr. Hamdi Tutkun - Dr. İsmet Kirkpinar

16h 00 – 16h 30 : COFFEE BRAKE (Lilly Pharmaceuticals)

16h 30 – 18h 30 : PANEL 10  
Topic: OCD Spectrum Concept and disorders  
Chairman: Dr. Mesut Çetin  
Speakers: Dr. Mesut Çetin, Dr. Ayhan Kalyoncu, Dr. Murat Demet, Dr. Abdül Kadır Tabo, Dr. Ramazan Konkan, Dr. Levent Sevinç, Dr. Ömer Aydemir

**Discussion Subjects:**  
- Hypochondriasis and evolution of health anxiety Dr. Ömer Aydemir  
- OFFactory Reference Syndrome Dr. Ramazan Konkan  
- Trikotilomania Dr. Murat Demet  
- Compulsive skin plucking disorder Dr. Abdül Kadır Tabo  
- Harming self behaviour Dr. Ayhan Kalyoncu  
- Monosymptomatic Hypochondriasis Dr. Mesut Çetin  
- OCD and pathological gambling in Parkinson patients Dr. Levent Sevinç

20h 30 : DOCTORS BALL (Pfizer Pharmaceuticals)

13 March 2005


www.arabpsyset.com/Congress/CongAnxiety4Turkey.pdf
09h 00 – 11h 00: PANEL 11

Topic: Childhood and Adolescent anxiety disorders and treatment approaches

Chairman: Dr. Efser Kerimoğlu
Speakers: Dr. Efser Kerimoğlu, Dr. Selahattin Şenol, Dr. Ayla Aysev, Dr. Bengü Semerci

Discussion Subjects:
- ADHD and anxiety disorders in children Dr. Efser Kerimoğlu
- Psychologic and medical treatment in childhood OCD Dr. Ayla Aysev
- Is separation anxiety precursor of adulthood anxiety disorders? Dr. Bengü Semerci
- Expression of childhood phobias in late life Dr. Selahattin Şenol

RULES OF ONLINE POSTER SUBMISSION

1. All abstracts should be sent to www.4-anksiyetekongresi2005.com E-mails and other type of shipments will not be accepted.
2. System was restricted with 2500 characters. System will not give permission to use more than 2500 characters.
3. Automatic character format will be used for all abstracts and format other than this will not be allowed.
4. All words other than specific abbreviations like “NaCl” or “Ph” will not be allowed in title of abstract.
5. Two tables and a graphic can be added to presentation.
6. Standard abbreviations are allowed. Specific abbreviations should be given completely after where they were firstly used in blankets.
7. First letters of the drug names must be in capital letters. Use of generic names were preferred, and first letters of the general names should be in small letters.
8. First references should be given in text instead of footnores.
9. Make last reading of abstracts carefully.
10. Deadline of online submission is 15 February 2005. Abstract which will be send after this date will not be accepted. Withdrawal of submissions will not be allowed.

RULES OF POSTER PRESENTATION

- Poster abstracts must be between 250-400 words and written in Microsoft Word format for publishing in congress book.
- Abstract should include title, objective, method, results, discussion and references. 3-5 references should be given in each abstract. 2 printout of abstract and a 3-½ diskete should be send until 15/02/2005 scientific address. E-mails which were send in the same format are also accepted. At least pen of the authors should pay the registration fee for the congress and send bank deduction with the poster abstract.
- Full text of presentations should be sent to bilimsel@adimtravel.com for the jury for the evaluation of the poster presentation competition.
- Winner of the competition would be awarded with 500 USD

JURY MEMBERS:
- Prof. Dr. Yankı Yazgan
- Prof Dr. Raşit Tükel
- Prof. Dr. Mansur Beyazyürek
- Assoc. Prof. Dr. Nesrin Dilbaz
- Assoc. Prof. Dr. Hüsnü Erkmen
- Assoc. Prof. Dr. Oğuz Karamustafaloglu

GENERAL INFORMATION

Registration & Accommodation

<table>
<thead>
<tr>
<th></th>
<th>Before 01/02/2005</th>
<th>After 01/02/2005</th>
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</thead>
<tbody>
<tr>
<td>Room with Two Bed</td>
<td>610</td>
<td>760</td>
</tr>
<tr>
<td>Room with One Bed</td>
<td>66</td>
<td>816</td>
</tr>
</tbody>
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First rezervations will be accepted for Royal Hotel. After the getting full of Royal Hotel rezervations for Marco Polop Hotel will be accepted. Residents in Marco Polo hotel will take only breakfast in their hotel. Other services will be given in congress hotel.

After 01/02/2005 additional flight schedules will not be arranged.

Passaport Information: All turkish civilians must take visa and have a valid passport for 6 months.

4 day 5 night full pension accomodation in Tunisia, registration fee, opening cocktail, coffee breaks, gala dinner and flight fee is included. Tunisia airport tax is included but tax of going to another country is not included.

Flights will be made at 11:00 and 14:00 in Ataturk airport at 9 March 2005.

You have to be in airport 2 hours before takeoff.
You can follow the details about flight on our website.
For domestic flights you can contact our agency.
You will have to pay the fee to accounts given below.

Adim Petrol Taşımacılık Turizm Ltd. Şti.
Akbank : Cinnah Şubesi, Ankara
Account Number : 31170-4 (USD account)
Simay İşlik SOYDEMİR
For reservation: anksiyete@adimtravel.com

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www.arabpsynet.com/Congress/CongAnxiety4Turkey.pdf