

# BRITISH ARAB PSYCHIATRIC ASSOCIATION, AGPA & BPA CONFERENCE

Organized by

BAPA, AGPA & BPA

BAHRAIN, 15 – 17 April 2006, Diplomat Hotel

## DAY 1: SATURDAY 15/04/2006

### DAY 1: MORNING

8.00 – 8.30 : Registration & Coffee/Tea

8.30 – 9.30: Opening Ceremony:

- Recitation from the Noble Quraan
- Speakers:
  - Pr. M. K. Al-Haddad (Conference President & AGPA President)
  - Dr. Nadah Haffadh (Minister of Health, Kingdom of Bahrain)
  - Dr. S. El-Hilu (Conference vice president & BAPA President)
  - Pr. Ahmed Okasha (Ex-President of WPA).
  - Pr. Abd El Wahab El Messiri.
  - Dr. Adnan Takriti (Arab Federation of Psychiatry)
  - Dr. Amer Hossin (President of Arabmed-UK).
  - Dr. Rafeea Ghobash, President of Arabian Gulf University
  - Dr. Mamdouh EL-Adl (BAPA secretary).
  - Dr. Ahmed Al Ansary (Conference Vice president, Bahrain)

9.30 – 10.30: Plenary Lecture

- Chair: Rafeea Ghobash (Bahrain)
- Speaker: Pr. Ahmed Okasha (Egypt): Augmentation Strategies of Antidepressants

10.30 – 11.00: Tea/ Coffee

11.00 – 13.00: **Special Symposium:** Effects of Israeli Occupation on Mental Health of Palestinians and their Healthcare Under Israeli Occupation: Working Towards Equity in Care.

- Chair: Dr. Salih EL-Hilu (Consultant Psychiatrist, UK)
- Co-chair: Professor M K Al Haddad (Professor & Head of Psychiatry Dept., Arabian Gulf University, Bahrain).
- Speakers:
  - Pr. Abd El Wahab El Messiri (Emeritus Professor of Comparative Literature, Ain Shams University, Cairo, Egypt): The Zionist View of The Self & of The Other.
  - Pr. Alean Al-Krenawi (Professor & Chair of University Dept of Social Work, West Bank)
  - Dr. Mamdouh EL-Adl (Consultant Psychiatrist, UK): A Nation Under Occupation; Inequity in Care Under Israeli Occupation).
  - Dr. Hosam Hassan (PhD in International Law): Responsibility of The Occupying Power under The International Law.

## DAY 1: LUNCH & PRAYER (13.00–14.00)

### DAY 1: AFTERNOON

14.00 – 14.45: Plenary Lecture

- Chair: Dr. Abdul Majeed Mohamed (Consultant Child & Adolescent Psychiatry, UK)
- Speaker: Pr. M. K. Al-Haddad (Professor & Head of Psychiatry Dept, Arabian Gulf University): Arab Psychiatry: Past, Present and The Future.

14.45 – 16.15: Symposia 1, 2, 3

*Symposium 1: Anxiety & Depression; two sides of one coin*

- Chair: Dr. Ahmed Shoka, Consultant Psychiatrist, UK.
- Co-Chair: Dr. Hameed Hussain, Consultant Psychiatrist, Bahrain.
- Speakers:
  - Dr. A. Shoka (Consultant Psychiatrist, UK) Anxiety: An Overlooked Disorder.
  - Dr. Redwan El-Khayat (Consultant Psychiatrist, UK) Guidelines for treating Depression.
  - Dr. Mamdouh EL-Adl (Consultant Psychiatrist, UK) Which Antidepressant?

*Symposium 2: Against All Odds: Rebuilding The Mental Health Service in Iraq*

- Chair: Dr. Mohamed Al-Uzri, Consultant Psychiatrist & Senior Lecturer, Leicester University, UK
- Co-Chair: Dr. Fadhel Al Nasheet, Consultant Psychiatrist, Bahrain
- Speakers:
  - Dr. Sabah Sadik (Consultant Psychiatrist & Medical Director, UK and Director of Mental Health in Iraq): Rebuilding of MH Services in Iraq
  - Dr. Majid Al-Yassiri (Consultant Psychiatrist, UK): Centre for Victims of Torture; The Role of NGOs.
  - Dr. Abdul-Majeed Mohammed (Consultant C&A Psychiatry): Child Mental Health Needs & Services in Iraq.
  - Dr. Ali Abbas (Consultant Psychiatrist, Iraq): MHA IN Iraq

*Miscellaneous session 1 (Free Oral)*

- Chair: Dr. Saad Khalaf, Consultant Psychiatrist, UK
- Co-Chair: Dr. Adel Al Offi, Consultant Psychiatrist
- Speakers:
  - Dr. Saad Khalaf: An Attempt to Forecast Old Age Psychiatry and Depression in the Arab World
  - Dr. Ehab Hegazy (UK): A Clinical Case: Pre-senile Dementia

- Dr. Sharmila Sindhuri (UK): A Clinical Case; Augmentation or Polypharmacy?
- Dr. Khalil Ajel (UK): Schizophrenia & Metabolic Syndrome
- Dr. Mufeed Raof (Iraq): PANSS; Preparation of an Arabic Version
- Dr. Hamdy Moselhy (UK): Early Trauma may increase the risk of PTSD among Opiate Dependent patients.

16.15 – 16.30: Tea/Coffee

16.30 – 18.00: Workshops 1, 2, 3, 4

*Workshop 1: Spirituality in Psychiatric Practice and Psychotherapeutic Intervention*

Workshop Lead:

- Dr. Mohamed Omar Salem, Ass. Professor of Psychiatry, Al Ain Medical School, UAE.
- Dr. Aisha Hamdan, Ass Professor, Sharja University, UAE.

*Workshop 2: CBT in OCD: Beyond Exposure & Response Prevention*

Workshop Lead: Dr. Ali Isa AlFaraj, Psychiatrist, ( UK)

*Workshop 3: ECT: Recent Advances in ECT Practice*

Workshop Lead: Dr. Majid Al-Yassiri, Consultant of Old Age Psychiatry & ECT Lead, (UK).

*Workshop 4: Doing a Forensic Assessment*

Workshop Lead: Dr. Roy Lubit, Consultant Psychiatrist, (USA)

## DAY 1: EVENING

19.00 – 19.30: Reception

19.30 – 21.30: Meeting

21.30 – 23.00: Dinner

**Together for a better future: A Meeting of Hearts & Minds;**  
**Moderator:** Dr. Mamdouh EL-Adl

- **Meeting with:**
  1. Pr. Abd EL Wahab Messiri
  2. Pr. Ahmed Okasha
  3. Pr. Mohamed K Al Haddad
  3. Pr. Alean Al-Krenawi

This session is in Arabic language and includes: Short speeches by the guests, Questions + Answers, Dinner.

## DAY 2: SUNDAY 16/04/2006

### DAY 2: MORNING

8.30 – 9.00: Arrival, Tea & Coffee

9.00 – 10.00: Plenary Lecture:

- **Chair:** Dr Adnan Takriti (Jordan)
- **Speaker:** Pr. Abd El Wahab El Messiri (Egypt): Freud between the modern Western Civilisation & the Ancient Jewish Kabala.

10.00 – 10.30: Tea & Coffee

10.30 – 12.30: Symposia 3, 4 and Miscellaneous session 2 (Free Oral)

*Symposium 3: First Episode Psychosis (FEP): Do we need more?*

- **Chair:** Dr. M. O. Salem, Ass Professor, Al-Ain, UAE
- **Co-chair:** Dr. Hameed Husain
- **Speakers:**
  - Dr. M. EL-Adl (Consultant Psychiatrist, UK): FEP: Factors Associated with Delayed Access to Care in a Rural Egyptian Setting
  - Dr. M. O. Salem (Ass Professor in Psychiatry, UAE): FEP: Outcome in UAE, a Retrospective Study
  - Dr. M. EL-Adl (Consultant Psychiatrist, UK): FEP: Primary Care Experience & Implications to Service Development; a Survey of GPs.
  - Dr. Ahmed Shoka (Consultant Psychiatrist, UK): Adherence to Medication

*Symposium 4: Interface between Psychiatry & Medicine*

- **Chair:** Dr. Mohamed Omar (Consultant Physician, Saudi Arabia).
- **Co-chair:** Dr. Ehab Hegazi (Consultant Psychiatrist, UK)
- **Speakers:** TBC

*Miscellaneous 2 (Free Oral)*

- **Chair:** Dr. Huda Marhoon (Cairperson of Psychiatric Hospital, Bahrain)
- **Co-chair:** Dr. Charlotte Kamel (Consultant Psychiatrist, Bahrain)
- **Speakers:**
  - Dr. Adnan Takriti (Consultant Psychiatrist, Jordan): Family Violence & Psychiatric Disorders
  - Dr. Khalid Mansour (Consultant Forensic Psychiatrist, UK): Autistic Traits in Individuals with Normal Intellectual Level & Associated Psychological Distress: A Pilot Study in an Arabic Culture.
  - Dr. Amer Hosin (PhD, UK) Culture shock & the process of mental health adjustment & vulnerability in the host culture: Trans-cultural psychiatry & psychology perspectives. / صدمة الأختراب والصحة النفسية / وعملية التأقلم في المجتمع الجديد
  - Dr. Sana Hawamdeh (Ass Professor, University of Sharjah): Postpartum Depression: A Qualitative Study of The experience of a Group of Arabic-Canadian Women.
  - Dr. Mohamed Alzeer (GCMHP, Gaza, Palestine): The impact of Gender of the Newborn on Mental Health of Palestinian Women.
  - Dr. Amer Hosin (Ph, UK): Prevalence of childhood disorders.

**DAY 2: LUNCH & PRAYER (12.30 – 13.30)**

### DAY 2: AFTERNOON

13.30 – 14.15: Plenary Lecture:

- **Chair:** Dr. Ahmed Al Ansari, Consultant Psychiatrist, Bahrain
- **Speaker:** Dr. C Sarathchandra, Consultant Psychiatrist, UK: Cannabis and Psychosis: an update

14.15 – 15.45: Symposia 5, 6 and Miscellaneous session 3 (Free oral)

*Symposium 5: Doctor-Patient Relationship: Towards a Balanced View*

- **Chair:** Dr. Tarek Elgohry, Consultant Psychiatrist, UK

- **Co-chair:** Dr. Ahmed Soliman, Consultant Psychiatrist, UK
- **Speakers:**
  - Dr. Hamdy Moselhy, Consultant Psychiatrist, UK : Patient's rights – Doctor's Responsibility
  - Pr. Ahmed Ammar, Professor of Neurosurgery, Saudi Arabia: Patient's rights – Doctor's rights, is there a conflict?
  - Dr. Mamdouh EL-Adl, Consultant Psychiatrist, UK : Doctor Patient Relationship: Towards a Balanced view.

#### *Symposium 6: Military Psychiatry*

- **Chair:** Dr. Mark Tarn, Lieutenant Colonel, British Army.
- **Co-chair:** Dr. Numan Ali, Consultant Psychiatrist, Iraq.
- **Speakers:**
  - Ben Campion (Senior Nursing Officer, RAF, UK): We Learn: The Evolution of British Military Psychiatry
  - Dr. Trevor Hicks (Consultant Psychiatrist, RAF, UK): History of PTSD in the Military
  - Dr. Numan Ali (Consultant Psychiatrist, Iraq): War & Mental Health: Lessons from Iraq.

#### *Miscellaneous 3 (Free Oral)*

- **Chair:** Dr. Mahdi Al Qahtani, Consultant Psychiatrist, Saudi Arabia
- **Co-Chair:** Dr. Wa-il Abohendy, Ass. Professor of Psychiatry, Egypt
- **Speakers:**
  - Dr. Nadia Dabbagh (MRCPsych, UK): Suicide in Palestine: A Narrative of Despair.
  - Dr. Samir Qouta (Assistant Professor of Psychiatry, Palestine): Trauma & Mental Health: EMDR in a Palestinian Culture
  - Alean Al-Krenawi, PhD.: Common mental health disorders among Arab-Palestinian minority in Israel;
  - Dr. Wa-il Abu Hendy (Professor of Psychiatry, Egypt): Prevalence of Psychiatric Emergencies Presenting to Emergency Department in Sharkia, Egypt.
  - Dr. Salah Eid (Consultant Psychiatrist, Kuwait): Psychiatric Assessment in a Forensic Setting over 2 years; A retrospective case notes based study'
  - Dr. Kamaledin Mohamed (Consultant Psychiatrist, UK): New Ways of Working For Psychiatrists: The Functional Model of Specialist Working.

#### **14.15 – 15.45: Miscellaneous 4 (Free Oral)**

- **Chair:** Dr. Charlotte Kamel, Consultant Psychiatrist, Bahrain
- **Co-Chair:** Dr. Abdel Nabi Derbas, Consultant Psychiatrist, Bahrain
- **Speakers:**
  - Dr. Adel Al-Offi (Consultant Psychiatrist, Bahrain): A Comparative Study of Functional Disability between Psychogeriatric Patients & Residents of Old People's Homes.
  - Pr. F. AL-Nasir (Dept of Community Medicine, Gulf University): Levels of Disability among the Elderly in institutionalised & Home based care in Bahrain.

- Dr. Alaa AL-Saddadi (Senior Registrar, Bahrain): Effect of Gender on Symptomatology & mode of Onset of Schizophrenia in a sample of Bahraini Patients.
- Dr. A AL-Faraj (Senior Registrar, Bahrain): Prevalence of Positive & Negative Symptoms of Schizophrenia in a sample of Bahraini Patients
- Dr. A. AL-Garf (Consultant in Primary Care, Bahrain): Psychiatric Morbidity in Primary Care.
- Dr. M. Abdul Karim (Consultant Psychiatrist, Bahrain): Incidence of Schizophrenia at first admission in Bahrain.

**15.45 – 16.00: Tea & Coffee**

**16.00 – 17.30: Workshops 5, 6, 7 & 8**

*W 5: Schema (basic assumptions) & perspective of change.*  
Lead: Dr. Redwan El-Khayat (Consultant Psychiatrist, UK)

*W 6: PTSD Assessment & Management*  
Lead: Dr. Roy Lubit (Consultant, USA)

*W 7: Exposure of Children to Trauma in a War Zone*  
Lead: Abdelaziz Thabet (Ass. Professor of Psychiatry, Palestine)

*W 8: Cognitive Restructuring – Working with Muslim Clients*  
Lead: Dr. Mohammed Sadiq (Consultant Psychologist, Canada)

#### **DAY 2: EVENING**

**20.30 – 22.30: Dinner**

#### **DAY 3: MONDAY 17/04/2006**

#### **DAY 3: MORNING**

**9.00 – 9.30: Arrival, Coffee & Tea**

**9.30 – 10.30: Plenary Lecture:**

- **Chair:** Pr. M. K. A. I. Haddad, Head of Psychiatry Dept., AGU, Bahrain
- **Speaker:** Dr Mohamed Al-Uzri (Consultant & Senior Lecturer, UK): Cognitive Functions in Schizophrenia

**10.30 – 11.00: Tea & Coffee**

**11.00 – 12.30: Symposia & Workshops**

#### *Miscellaneous Session 5 (Free Oral)*

- **Chair:** Dr. Hameed Hussain, Consultant Psychiatrist, Bahrain
- **Co-Chair:** Dr. Salah Eid, Consultant Psychiatrist, Kuwait
- **Speakers:**
  1. Utilisation of Psychotropic Drugs in Patients of Long Stay Wards: Dr. Fatma EL Hefny, Psychiatrist, (Bahrain)
  2. Efficacy of Clozapine in Treatment of Chronic Resistant Schizophrenia: Dr. Shubbar Qaheri (Bahrain)
  3. Oral Health Status and Need of Hospitalized Psychiatric Patients: A Literature Review, Paula Parise, RDH, Bahrain
  4. Neurobiological Correlates of Panic Disorder & Agoraphobia: Pr. Nayar Usha (Bahrain)

- 5. Dr. Bayo Anjorin (SpR in Psychiatry, UK): OSCE in Training
- 6. Dr. Mahmoud Awaara,(SpR in Psychiatry,UK), Patient Satisfaction

Miscellaneous Session 6 (Free Oral)

- **Chair:** Dr. Sabah Sadik, Consultant Psychiatrist, UK
- **Co-Chair:** Dr. Mona Al Sawaaf, Consultant Psychiatrist, Saudi Arabia
- **Speakers:**
  1. Dr. Charlotte Kamel (Bahrain): Aspects of Somatisation in Bahraini Patients.
  2. Dr. Ahmed Ezzat (Consultant Psychiatrist, UAE): Depression among End Stage Renal Disease Patients.
  3. Dr. A. Nabi Derbas (Bahrain): A Ten years Follow up of Heroin Users in Bahrain.
  4. Dr. A. S. Khashaba (Bahrain): Depressive symptoms among HIV Positive Drug Users in Bahrain
  5. A. Nabi Derbas (Bahrain): Factors associated with Immediate Relapse among Bahrain Heroin Users.
  6. Asma Masri-Jana, M.S. (USA): The Impact of the Explicit Inclusion of Islam in Counselling.
  7. Dr. Mahmoud Awara, SpR in Psychiatry, UK: Spirituality & Psychiatric Assessment.

Workshops 9, 10 & 11:

**W9: The Phenomenon of Violence as perceived by Palestinian School Pupils (aged 14-17 years) in The West Bank, Palestine**

Leader: Dr. Mahmoud Sehwal (Consultant Psychiatrist, Palestine), Khader Rasras (Consultant Psychologist, Palestine).

**W10: Physical Healthcare of Patients Treated with Antipsychotics**

Leader: Dr. Ahmed Shoka (Consultant Psychiatrist, UK)

**W11: Doctor-Patient Relationship**

Leaders:

1. Pr. Ahmed Ammar (Saudi Arabia)
2. Dr. Hamdy Mselhy (Consultant Psychiatrist, UK)
3. Dr. Mamdouh EL-Adl (Consultant Psychiatrist, UK)

**12.00 – 13.00: Article 14 & Specialist Register: Dr. C Sarathchandra (Informal Discussion, please book a place at registration desk)**

**DAY 3: LUNCH & PRAYER (13.00 – 14.00)**

**14.00 – 16.00: Closing Ceremony & Announcements BAPA-AGPA next meeting (Summer 2007, London) Closure & Departure.**

ARAB PSY LINKS

الجمعية اللبنانية للدراسات النفسية



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