

# THE 5TH INTERNATIONAL CONFERENCE ON PSYCHIATRY

## Conference theme

"CHALLENGES IN THE OUTCOME OF PSYCHIATRIC DISORDERS "

21 - 23 April 2009 - Intercontinental Hotel, Jeddah, Kingdom of Saudi Arabia

Mental disorders are highly prevalent, heterogeneous, and of multifactorial etiology. Collectively, they are associated with significant morbidity, mortality, and economic cost. Wellness is the optimal outcome in the management of chronic medical and psychiatric disorders.

Recently there has been a growing awareness of the importance of the outcome in the management of psychiatric disorders.

We aim is to present and discuss comprehensive updated knowledge in the field of psychiatry. We believe this conference is a wonderful opportunity for Arab expertise within the Arab World & across the globe to exchange experience, network & plan for future collaborative activities. We hope to conclude practical achievable directions for improving psychiatric services in our region for the near future.

The conference main speakers will be opinion leaders in the field of psychiatry as well as policy and decision makers. We also welcome new research & submissions from senior colleagues & trainees.

In our three days' conference you will enjoy the Academic, Social & Spiritual aspects of the programme. In addition you will definitely enjoy the well-known Arabic hospitality.

**Dr. Mohammed Khaled**

**Secretary General of conference**

### Topics of the conference

- Arab Mental Health services: Service Development, Policies, Pathways to Care and Healthcare economics.
- Outcome in the management of psychiatric disorders.
- Psychosis: Early intervention in Psychosis, Compliance, Relapse prevention, Rehabilitation and improving outcome in Schizophrenia.
- Mood Disorders: Depressive disorder & Challenges in the management of Bipolar Disorder.
- Outcome in the management: Posttraumatic Stress Disorder, Personality Disorders, Psychosexual Disorders, Alcohol & Drug Dependence, Eating Disorders ....
- Liaison Psychiatry.
- Forensic Psychiatry
- Child & Adolescent Psychiatry
- Old Age Psychiatry: functional & organic mental disorders in old age.

- Therapeutic Approaches in Mental Health: Bio-Psych-Socio-Spiritual.
- Role of religion in clinical practice both in prevention & treatment.
- Brain Imaging in the diagnosis & management of mental disorders.
- Medical ethics, Religion & Spirituality in the era of Globalisation.
- Advances in the field of Medical Education & Psychiatric Training.
- Stigma of Mental illness & role of media in promoting positive public opinion.
- The interface between Psychiatry, Psychology, Philosophy and Social sciences.

### Courses:

Course organisers are kindly requested to prepare all relevant materials to be given to participants enrolled on their courses. Course proposals must include self-assessment questionnaires and answers to evaluate the learning outcome of the participants.

### Target Participants:

Psychiatrists, Neurologists, Neurosurgeons, Psychologists, Medical Students, Psychiatric Nurses, Social Workers, Occupational Therapists, Teachers, Carers and all professionals who practice in relation to the care of individuals who suffer from Mental Health problems.

### Guidelines for abstract submission:

**Deadline for submission:** 01.01.2009

### Registration Fees:

- Early registration (before 31.02.2009): 60 \$ or 200 Saudi Riyal
- After 31.01.2008: 70 \$ or 250 Saudi Riyal
- **For each training course (workshop):** 30 \$ or 100 Saudi Riyal

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