Mental disorders are highly prevalent, heterogeneous, and of multifactorial etiology. Collectively, they are associated with significant morbidity, mortality, and economic cost. Wellness is the optimal outcome in the management of chronic medical and psychiatric disorders.

Recently there has been a growing awareness of the importance of the outcome in the management of psychiatric disorders.

We aim is to present and discuss comprehensive updated knowledge in the field of psychiatry. We believe this conference is a wonderful opportunity for Arab expertise within the Arab World & across the globe to exchange experience, network & plan for future collaborative activities. We hope to conclude practical achievable directions for improving psychiatric services in our region for the near future.

The conference main speakers will be opinion leaders in the field of psychiatry as well as policy and decision makers. We also welcome new research & submissions from senior colleagues & trainees.

In our three days’ conference you will enjoy the Academic, Social & Spiritual aspects of the programme. In addition you will definitely enjoy the well-known Arabic hospitality.

Dr. Mohammed Khaled
Secretary General of conference

Topics of the conference

- Arab Mental Health services: Service Development, Policies, Pathways to Care and Healthcare economics.
- Therapeutic Approaches in Mental Health: Bio-Psych-Socio-Spiritual.
- Outcome in the management of psychiatric disorders.
- Role of religion in clinical practice both in prevention & treatment.
- Psychosis: Early intervention in Psychosis, Compliance, Relapse prevention, Rehabilitation and improving outcome in Schizophrenia.
- Brain Imaging in the diagnosis & management of mental disorders.
- Mood Disorders: Depressive disorder & Challenges in the management of Bipolar Disorder.
- Medical ethics, Religion & Spirituality in the era of Globalisation.
- Outcome in the management: Posttraumatic Stress Disorder, Personality Disorders, Psychosexual Disorders, Alcohol & Drug Dependence, Eating Disorders ....
- Stigma of Mental illness & role of media in promoting positive public opinion.
- The interface between Psychiatry, Psychology, Philosophy and Social sciences.
- Advances in the field of Medical Education & Psychiatric Training.
- Liaison Psychiatry.
- Forensic Psychiatry
- Child & Adolescent Psychiatry
- Old Age Psychiatry: functional & organic mental disorders in old age.
- Medical ethics, Religion & Spirituality in the era of Globalisation.
- Liaison Psychiatry.
- Forensic Psychiatry
- Child & Adolescent Psychiatry
- Old Age Psychiatry: functional & organic mental disorders in old age.

Target Participants:

Psychiatrists, Neurologists, Neurosurgeons, Psychologists, Medical Students, Psychiatric Nurses, Social Workers, Occupational Therapists, Teachers, Carers and all professionals who practice in relation to the care of individuals who suffer from Mental Health problems.

Guidelines for abstract submission:
Deadline for submission: 01.01.2009

Registration Fees:
- Early registration (before 31.02.2009): 60 $ or 200 Saudi Riyal
- After 31.01.2008: 70 $ or 250 Saudi Riyal
- For each training course (workshop): 30 $ or 100 Saudi Riyal

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