**Introduction**

The public, educational and medical interest in ADHD has been increasing recently with which more knowledge is needed to direct this interest to the benefit of the children and families of ADHD persons.

In this symposium we will bring all local multi disciplinary experts with an international and regional expertise to exchange the knowledge and develop some projects to advance the care of ADHD individuals.

**Topics**

- ADHD prevalence (we will announce the result of first Saudi Community ADHD Prevalence Survey in Children and adolescents)
- ADHD etiology
- ADHD presentation in the hospital setting
- ADHD presentation in the educational system
- ADHD co morbidities.
- ADHD treatment guidelines: an update
- ADHD school approach
- ADHD behavioral management
- Computer based cognitive training.
- Family intervention for ADHD children
- Adolescents ADHD.
- Adult ADHD

**Objectives**

- To update all health and education workers on ADHD.
- To bring multi disciplinary team discussion to enhance collaboration in the services provided for ADHD children in Saudi Arabia.
- To improve the skills of physicians, psychologists and special need specialist in handling ADHD children.
- To improve the skills of parents in handling their ADHD children.

**Target Audience**

- Physicians.
- Psychologists.
- Special Needs Specialists.
- Parents.
- Teachers

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**Scientific Committee**

**Chairman**

DR. OMAR AL MODAYFER
Division Head, Mental Health Division, Department of Medicine, KAMC

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Department of Medicine, KAMC

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Department of Pediatrics, KAMC

**Dr. Abdullah Al Soby**
Department of Pediatrics, KAMC

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King Fahad Medical City

**Dr. Khalid Bazaid**
King Khalid University Hospital

**Prof. Mohammed Ghaz**
King Faisal Specialist Hospital and Research Center

**Dr. Sahar Alkashrami**

**Dr. Talat Waznah**

**Dr. Nasser Aloud**

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**Mr. Mazyad Al Mazyad**
Coordinator, Symposia/Conferences Division, PE&AA

**Ms. Maisoon Al Khodair**
Family Therapist, Mental Health Division

**Ms. Maha Al Hartth**
Workshop Coordinator, PTC

**Ms. Reham Gassas**
Psychologist, Mental Health Division

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www.arabpsynet.com/Congress/CongJ32-33ConfSaADHD-RegistForm.doc

www.1stadhd-symposium.com - accaff1_symposia@ngha.med.sa

“**The 1st Saudi ADHD Conference & Workshops, A Comprehensive Approach**”

Registration Form
www.arabpsynet.com/Congress/CongJ32-33ConfSaADHD-RegistForm.doc

The Mental Health Division, Department of Medicine, King Abdulaziz Medical City

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The Postgraduate Education & Academic Affairs of King Saud bin Abdulaziz University for Health Sciences

6-7 December 2011 (conference) The Riyadh Marriott Hotel and 5 & 8 December 2011 (workshops) at the Postgraduate Training Center – KSAU-HS.
SPEAKERS

International Speakers
ROSEMARY TANNOCK, PH.D.
EDMUND J S SONUGA-BARKE
Professor, Director Of The Institute
For Disorder Of Impulse And Attention, School Of
Psychology, University Of Southampton
STANLEY P. KUTCHER, MD,
Fr CPC, Fcahs
JOHN A. FAYYAD, MD
Child And Adolescent Psychiatrist

National Speakers

Conference Chairman.
DR. OMAR AL-MODAYFER
Division Head, Mental Health Division, Department Of
Medicine, Kamc
MAISOON AHMED AL-KHODAIR, MA
Counselling Psychology Family Therapist
AMAL MOHAMMED AL-BLUWI, MSC,MA
Neuropsychologist, Psychologist
HUDA AHMAD AL-GHAMDY, MA
Special Needs, Ksu
MASHAEL ALSHALAN, MSC,
Psychologist, KAMC
DR. SAHAR AHMAD AL-KASHRAMY, DPHILL,
Special Needs, Ksu
YOUSRA ABDULAZIZ ALATIQ, DPHILL
Clinical Psychologist
DR. MOUSA AHMED AL-ZAALAH
Sb, Ab, Jb Of Psychiatry
MOHAMMED M. J. ALGAHTANI
Ph.D., M.Phil., M.A.
MANAL BAKARMAN
Professor Of Special Education Diploma, In Special
Education, Faculty Of Dar Al-Hikma
ALIA A. ALBAZIE

PROGRAM

Pre-Conference Workshop: Monday, 5 December 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-9:00</td>
<td>Care pathway for the treatment and care of people with ADHD</td>
<td></td>
</tr>
<tr>
<td>9:00-10:00</td>
<td>Conducting universal and individual screening for ADHD and comorbid disorders</td>
<td></td>
</tr>
<tr>
<td>10:00-11:00</td>
<td>Accurately diagnosing ADHD using in-depth information from parents and the other professionals</td>
<td></td>
</tr>
<tr>
<td>11:00-12:00</td>
<td>Based-evidenced effective interventions for ADHD: Psychotropic medications &amp; behavioral</td>
<td></td>
</tr>
<tr>
<td>12:00-1:00</td>
<td>Lunch and prayer time</td>
<td></td>
</tr>
<tr>
<td>1:00-2:00</td>
<td>Managing the functional impairments associated with ADHD</td>
<td></td>
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<tr>
<td>2:00-3:00</td>
<td>Adopting a family-centered approach</td>
<td></td>
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<tr>
<td>3:00-4:00</td>
<td>Maintaining open, coordinated communication between the family, primary care provider, educators,</td>
<td></td>
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<tr>
<td></td>
<td>mental health clinicians, and other professionals</td>
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</tbody>
</table>

Post-Conference Workshop: Thursday, 8 December 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-9:00</td>
<td>Primary Care and Adolescent Mental Health Services in Practice</td>
<td>Prof. Kutcher</td>
</tr>
<tr>
<td>9:00-10:00</td>
<td>Detecting ADHD in Primary Care</td>
<td>Prof. Kutcher</td>
</tr>
<tr>
<td>10:00-11:00</td>
<td>Comorbidities and its effect on the biopsychosocial treatment of ADHD adolescent</td>
<td>Prof. Kutcher</td>
</tr>
<tr>
<td>11:00-12:00</td>
<td>Are we dealing with teen, parents, or school</td>
<td>Prof. Kutcher</td>
</tr>
<tr>
<td>12:00-1:00</td>
<td>Lunch and prayer time</td>
<td>Prof. Kutcher</td>
</tr>
<tr>
<td>1:00-2:00</td>
<td>Multimodal Treatment of ADHD adolescent</td>
<td>Prof. Kutcher</td>
</tr>
<tr>
<td>2:00-3:00</td>
<td>For Whom Do Treatments Work?</td>
<td>Prof. Kutcher</td>
</tr>
<tr>
<td>3:00-4:00</td>
<td>When &amp; Where to Refer</td>
<td>Prof. Kutcher</td>
</tr>
</tbody>
</table>
**Day 1: Tuesday, 6 December 2011**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topics</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 – 08:30</td>
<td>Introduction and Opening remarks</td>
<td>Dr. Modayfer</td>
</tr>
<tr>
<td>8:30 – 09:10</td>
<td>Challenges in characterizing and diagnosing children, adolescents, and adults with ADHD: A DSM5 Update.</td>
<td>Prof. Tannock</td>
</tr>
<tr>
<td>9:10 – 09:40</td>
<td>The neuroscience of ADHD - New leads and future perspectives</td>
<td>Prof. Sonuga</td>
</tr>
<tr>
<td>9:40 – 10:20</td>
<td>Local oral original research presentations</td>
<td>3 speakers TBA</td>
</tr>
<tr>
<td>10:20- 10:50</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>10:50– 11:30</td>
<td>The case against ADHD and what physicians should be doing to address it</td>
<td>Prof. Kutcher</td>
</tr>
<tr>
<td>11:30-12:10</td>
<td>ADHD Epidemiology studies: 1. NGHA study 2. Eastern province survey 3. School survey data Discussion by expert</td>
<td>Dr. Modayfer Dr. Alhamid Dr. Alqhtani Dr Hussain</td>
</tr>
<tr>
<td>12:10 – 13:00</td>
<td>Lunch and prayer time</td>
<td></td>
</tr>
</tbody>
</table>

**Workshop Program**

<table>
<thead>
<tr>
<th>Time</th>
<th>Venue 1: Professional Track (English)</th>
<th>Venue 2: Professional track (Arabic)</th>
<th>Venue 3: Teachers track (Arabic)</th>
<th>Venue 4: Parents track (Arabic)</th>
</tr>
</thead>
<tbody>
<tr>
<td>13:00-16:00</td>
<td>Understanding speech, language, and reading problems in ADHD (workshop for psychologists) *</td>
<td>Unit curriculum mapping For ADHD &amp; learning Disabilities Speakers: Special needs team in King Saud University</td>
<td>ADHD Classroom Management SPEAKERS: Ms. Alshalan Ms. Alshamsi</td>
<td>Effective Parenting skills with ADHD SPEAKERS: Ms. Khodair Dr. Atiq</td>
</tr>
</tbody>
</table>

**Day 2: Wednesday, 7 December 2011**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topics</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 – 08:30</td>
<td>Attendance</td>
<td></td>
</tr>
<tr>
<td>8:30 – 09:10</td>
<td>Engaging the School: Pragmatic Approaches</td>
<td>Prof. Kutcher</td>
</tr>
<tr>
<td>9:10 – 09:50</td>
<td>Can we improve working memory in ADHD?</td>
<td>Prof. Tannock</td>
</tr>
<tr>
<td>9:50 – 10:20</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>10:20– 11:00</td>
<td>Local research</td>
<td>TBA</td>
</tr>
<tr>
<td>11:00-11:40</td>
<td>The environment in etiological models of ADHD</td>
<td>Prof. Sonuga</td>
</tr>
<tr>
<td>11:40-12:00</td>
<td>University students &amp; ADHD – Case Study</td>
<td>Prof. Saher Alkhashrami</td>
</tr>
<tr>
<td>12:00-12:20</td>
<td>ADHD &amp; Deafness</td>
<td>?</td>
</tr>
<tr>
<td>12:20 – 13:00</td>
<td>Lunch and prayer time</td>
<td></td>
</tr>
</tbody>
</table>

**Workshop Program**

<table>
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<tr>
<th>Time</th>
<th>Venue 1: Professional Track (English)</th>
<th>Venue 2: Professional track (Arabic)</th>
<th>Venue 3: Teachers track (Arabic)</th>
<th>Venue 4: Parents track (Arabic)</th>
</tr>
</thead>
<tbody>
<tr>
<td>13:00-16:00</td>
<td>Towards more effective non-pharmacological interventions SPEAKER: Prof. Sonuga</td>
<td>Neuropsychological testing: practical application in ADHD Speakers: TBA</td>
<td>Working memory: Educational approach SPEAKERS: Ms. Alshalan Ms. Alshamsi</td>
<td>Managing stress for ADHD parents SPEAKERS: Ms. Khodair Dr. Atiq</td>
</tr>
</tbody>
</table>
For More Information
Symposia/Conferences Division
Postgraduate Education & Academic Affairs
King Saud bin Abdulaziz University for Health Sciences
National Guard Health Affairs
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