THURSDAY 29 NOVEMBER 2012

PLENARY SESSION I

Prof Ahmed Okasha, Honorary President, Pan Arab Federation of Psychiatrists
‘Changes in Mental Health in the Arab World’
09.45 - 10.45 Opening Ceremony
10.45 - 11.15 Coffee Break
11.15-12.15 ROOM A

KEY NOTE SESSION I

Organised by the Institute for Development, Research, Advocacy & Applied Care
‘Violence and Mental Disorders’
Dr. Elie G. Karam, M.D.
Professor & Head, Dept. of Psychiatry & Clinical Psychology
St. George Hospital University Medical Center, LEBANON
‘Long Term Effects of War’

Dr. John Fayyad, M.D.
Associate Professor of Psychiatry
Child & Adolescent Psychiatry, LEBANON
‘Mental Health of Children and Adolescents Exposed to War: Findings from Lebanon’

Caroline Cordahi Tabet, D.E.A.
Child and Adolescent Psychologist
St. George Hospital University Medical Center, LEBANON
‘What Protects Adolescent Mental Health after War?’

Youmna Cassir Haddad, D.E.S.S
Child and Adolescent Psychologist
St. George Hospital University Medical Center, LEBANON
‘Dissemination of an Evidence-Based Intervention to Parents of Children with Behavioral Problems in a Developing Country’
12.45 - 13.15 Symposium Sponsored by AstraZeneca
13.15 - 14.15 Lunch

14.15 - 16.15 PARALLEL WORKSHOP
Jamel Turky, TUNISIA

14.15 - 16.15 PARALLEL ABSTRACT SESSIONS

ROOM A

Addiction in the Arab World
– The Effects of Exposure Response Prevention on Reducing Addictive Cravings, Robert DeLetis, UNITED STATES OF AMERICA
– Addiction Treatment in the United Arab Emirates: Patients demographics and substace abuse profile at the National Rehabilitation center, Tarek Gawad, UNITED ARAB EMIRATES
– Addiction Treatment in the United Arab Emirates: Voluntary vs. Involuntary patients admitted to the NRC, Mohamed Al Hosani, UNITED ARAB EMIRATES
– Prescription Drug abuse in the UAE, Ali Al Marzooqi, UNITED ARAB EMIRATES

ROOM B

Emerging Psychiatric Morbidity in Young People
– The physical and emotional abuse in children, Naeeema Abdullah Al Ali, UNITED ARAB EMIRATES
– Perceived Family Environment and Social Anxiety among Females in Late Adolescence, Farzana Ashraf, PAKISTAN
– Lifestyle and Depressive risk factors associated with internet addiction in an Arabian Gulf Culture adolescent, Abdulbari Bener, QATAR
– Psychosocial Problems among Secondary School Students Alhawya City-Iraq, Ashoor Sarhat, IRAQ
– Depression among Secondary Schools Students in Tikrit District- Iraq, Ashoor Sarhat, IRAQ
– Comorbidity of PTSD, ADHD, Conduct, and ODD in Palestinian children affected by war on Gaza, Abdel Aziz Thabet, PALESTINE

ROOM C

Psychiatric Practice
– Assessment and Management of Risk in Psychiatric Practice, Yahya Takriri, UNITED ARAB EMIRATES
– Community oriented and evidence based interventions in mental health programs, Abdalsalm Alshehri, SAUDI ARABIA
Mental Health Practice Amidst Transition in the Arab World, Laila Atshan, PALESTINE

Multi disciplinary Mental Health Team Practice Kasr El Aini Experience, Noha Sabry, EGYPT

Alternative care for Dubai, Karim Behi, UNITED STATES OF AMERICA

Overview of Psychiatric Rehabilitation Services in Abu Dhabi, Medhat Elsabbahy, UNITED ARAB EMIRATES

- 16.15 - 16.45 Coffee Break
- 16.45-17.15 Symposium sponsored by Pfizer
- 17.15-18.30 ROOM A

KEY NOTE SESSION II

Woman Mental Health

Prof. Afaf Khalil
Professor of Psychiatry
Institute of Psychiatry, Ain Shams University, EGYPT
'Depression in Women along their Lifetime'

Prof. Unaiza Niaz MD,DPM FRCPSYCH,
Director, The Psychiatric Clinic & Stress Research Center, PAKISTAN
'Women’s Mental Health & National Development'

Prof. Suhaila Ghuloum
Senior Consultant, Assistant Professor,
Weill Cornell Medical College, QATAR
'Women Sensitive Mental Health Services'

- 17.15-18.30 PARALLEL ABSTRACT SESSIONS

ROOM B

Self Harm Across the Region

- Self mutilation by subcutaneous injection of kerosene: report from Iraq, Maha Younis, IRAQ
- A comparative study on perspectives on Non-Suicidal Self-Injurious Behaviors among Social Work Students in USA, Cyprus, Greece and Jordan. Implications for social work practice, Efrosini Kokaliari, UNITED STATES OF AMERICA
- Completed suicides in Dubai, United Arab Emirates, Kanita Dervic, UNITED ARAB EMIRATES
- Self-Injury among non clinical populations, Efrosini Kokaliari, UNITED STATES OF AMERICA
- Suicide communication and self-injurious behavior among patients with depression, Naseem Qureshi, SAUDI ARABIA
- Attitudes towards suicide among medical students in the United Arab Emirates, Leena Amiri, UNITED ARAB EMIRATES

ROOM C

Update in Psychopharmacology: a cultural prospectie

- Recent Advances in Diagnostic and Laboratory Investigations for Patients with First Episode Psychosis, Abdulsamad Aljeshi, SAUDI ARABIA
- Impact of Clozapine Treatment on Regional Brain Volume: A Longitudinal Study of Treatment Resistant Schizophrenia, Mohammed Ahmed, IRELAND
- Tualang honey increases BDNF levels and alleviates depressive behaviours of ovariectomised rats exposed to social instability stress, Badriya Al-rahbi, MALAYSIA
- Recent Advances in Cross-cultural Psychopharmacology: A Review, Edmond Pi, UNITED STATES OF AMERICA

- The use of hypnotics (Zaleplon, Zolpidem and Zopiclone) in Forensic psychiatric wards in Oxford, 2012, Hasenan Al-Taiar, UNITED KINGDOM
- Prescribing antipsychotic medications for people with Dementia, Milton Keynes 2012, Hasenan Al-Taiar, UNITED KINGDOM
- Neuroleptic-induced tardive dyskinesia among Arab psychotic patients, Abdelkarim Osman, SUDAN

- 17.15-18.30 Pan Arab Psychiatric Federation Session
  View Agenda  View Bye-laws
  View President’s Letter

ROOM A

Spirituality & Mental Health

- Spiritual healing in Iraqi societies (truth and fraud) , Qassim Al-Awadi, IRAQ
- The impact of religious spiritual beliefs on quality of life :View from Iraq and Jordan, Maha Younis, IRAQ
- Content of religious delusions in male and female, Palmira Rudaleviciene, LITHUANIA
- Not easy being British Muslim psychiatrist,, Walid Abdul-Hamid, UNITED KINGDOM
- The role of spirituality, gratitude and hope in predicting post traumatic growth among survivors of mount merapi eruption in Yogyakarta, Indonesia, MA Subandi, INDONESIA
ROOM B

**Women, Violence & Mental Health**

- Community Mental Health Services and Violence Against Women in Cairo, *Samir Abou El Magd, Egypt*  
- Shades of violence against women in a rapidly developing multicultural society in the Middle East, *Siva Prakash, United Arab Emirates*  
- Violence against Women in Egypt, *Ahmed El Missiry, United Kingdom*  
- The relationship between co-dependency and mobbing/bullying, *Gulsim Ancel, Turkey*

ROOM C

**The Rise of PTSD**

- In the Shadow of Terror in Iraq: Posttraumatic Stress Disorder and Psychiatric Co-morbidity Following Bombing attacks: The Role of Shattering of World Assumptions and Altered Self-Capacity, *Fuaad Freh, United Kingdom*  
- Prevalence of Posttraumatic Stress Disorder in Iraq, *Mohammed Lafta, Iraq*  
- The aftermath of the revolution. PTSD in a sample of Egyptian adolescents, *Menan Rabie, Egypt*  
- *Muhammad Haj-Yahia*  
  
  - 10.45 - 11.15 Coffee Break Coffee B  
  - 09.00 - 11.15 PARALLEL WORKSHOP  
  - **Saudi Trauma Intervention Team: Local Experience**  
    - Ahmad AlHadi, Saudi Arabia  
    - Dakhil A. AlSaeedi, Saudi Arabia  
    - Samirah Ali AlGhamdi, Saudi Arabia  
    - Meshal K. Alaqeel, Saudi Arabia  
  - 11.15 - 12.00 ROOM A

PLENARY SESSION II

Prof Abdulla Abdul Rahman, President, Pan Arab Federation of Psychiatrists  

- 12.00 - 14.00 Friday Prayer & Lunch  
- 14.00 - 14.30 Industry Symposium  
- 14.00 - 16.00

PARALLEL WORKSHOP

**Post-traumatic Disorders Psychiatric Care Part I**

Dr. Walid Khalid Abdul-Hamid, United Kingdom  
Dr. Jamel Turky, Tunisia  

*Please note this workshop will be presented in Arabic  

- 14.30 - 16.00 ROOM A

KEY NOTE SESSION III

**'Insights into the Egyptian Mental Health Law’**  
Prof. Hisham Ramy  
Professor of Psychiatry, Institute of Psychiatry, Faculty of Medicine, Ain Shams University, Egypt  

‘Egyptian Mental Health Law: Current Status & Future Directions’  

Prof. Mostafa Shaheen  
Treasurer, Pan Arab Federation of Psychiatrists, Egypt  

‘Application of the Egyptian Mental Health Law: Critical Observations’  

Prof. Montaz Abdel Wahab  
Assistant Secretary-General, Pan Arab Federation of Psychiatrists, Egypt  

‘Egyptian Psychiatric Association Perspective on the Egyptian Mental Health Law’

- 14:30 -16:00 PARALLEL ABSTRACTS SESSIONS

ROOM B

**Substance abuse and Psychiatric Co-morbidity**

- Substance Induced Psychotic Disorders, *Mohammed Elmahdy, Egypt*
- Types of depression among Iraqi alcoholics, *Abbas Mehdi, Iraq*
- Prevalence and characteristics of adult attention-deficit hyperactivity disorder among substance abuse inpatients, *Ahmed Abdelkarim, Egypt*
- Cannabis is a gateway and cultural specific drug for Egyptians from Ramses the 2nd till modern days, *Hamdy Moselhy, United Arab Emirates*
- Death anxiety (thanatophobia) among drug dependent in an Arabic psychiatric hospital, *Hamdy Moselhy, United Arab Emirates*
- Measuring Traumatic Stress Symptoms Among Jordanian Patients After Coronary Artery Bypass Grafting using Impact of Event Scale (IES), *Dalal Yehia, Jordan*
- Community Surveys of Psychiatric Morbidity in Egypt: Lessons Learned, *Nasser Loza, Egypt*

ROOM C

**Role of environment in psychological disorders**

- Can watching traumatic events on TV cause PTSD symptoms? Evidence from Pakistan, *Asima Khan, Pakistan*
- Psychiatric Aspects of Polygamy in Arab Culture: The case of first wife, *Lofty El Sherbiny, Egypt*
- Honour killing- a case report, *Luv Sharma, India*
- Impact of Excessive Television and Videogame Viewing Time on Childhood Behavior, *Said Abderazeq, United Arab Emirates*
Academic Detachment, Omar Reda, United Arab Emirates

Stress in medical student in an Indian Medical College, Sandeepkumar Chauhan, India

Anxiety and depression among female medical students in King Abdul-Aziz University, Nahla Khamis Ibrahim, Saudi Arabia

Depressive Symptoms among Secondary School Students: Prevalence and some Associated Factors, Sami Mana Ahmad Bin Ahmad Ali, United Arab Emirates

Trauma

NAUFAR: Qatar Addiction Treatment and Rehabilitation Centre: A New Concept and Model for a Comprehensive Integrated Health and Social Care Substance Misuse Service, Mohammed Abou-Saleh, Qatar

Helping the aggrieved and the traumatized in dealing with and overcoming loss and grief, Kwadwo Amoako Addo, Ghana

Introducing Trauma Informed care: Relevance to Psychiatry in The Arab World, Ossama Osman, United Arab Emirates

Mental Health Symptoms following Wars and Repression at mosul city/iraq, Mohammad Darweesh, Iraq

Acculturation vs. war stresses on psychiatric morbidity of displaced Iraqis after 10 years of displacement in Egypt, Noha Sabry, Egypt

Caring For Those Who Care: Combating Secondary Trauma, Ossama Osman, United Arab Emirates

Psychosocial Sequels of Syrian Revolution, M Khalidoun Marwa, Saudi Arabia

Physical Illness among Arab psychiatric population I

Stress and Sleep: concept of correlation, Sultan Alshahrani, Saudi Arabia

Somatic symptoms in primary care and psychological co-morbidities in Qatar: neglected burden of disease, Abdulbari Bener, Qatar

Anxiety and depression among patients with obesity referred for Bariatric Surgery, Essam Emam, United Arab Emirates

The PAD Syndrome: Pain, Anxiety, and Depression, Ahmed El Missiry, United Kingdom

Association between psychological distress and gastrointestinal symptoms in diabetes mellitus, Abdulbari Bener, Qatar

Depression in Other Chronic Medical Diseases, Mufeed Raof, United Arab Emirates

The Burden of Multimorbidity: The Challenge of Severe Mental Illness and Coexisting Long Term Chronic Conditions, Helen Millar, United Kingdom

Is irritable bowel syndrome a psychiatric disorder?, Talaat Tadross, United Arab Emirates

Body Dysmorphic Disorder between Psychiatry and Dermatology: A Literature review, Amir Mufaddel, United Arab Emirates

Psychiatric Morbidity in Special Population

Dementia - Time to focus on prevention?, Yahya Takriti, United Arab Emirates

Learning Disabilities and Depression among School Going Adolescents of Public Sector Schools in Pakistan, Farzana Ashraf, Pakistan

War, terrorism and people with Intellectual Disabilities, Miriam Isaac, United Kingdom

Exposure of palestinian adolescents to prolonged and cumulative military violence: a study of its psychological effects and resiliency factors scientific abstract, Muhammad Haj-Yahia

Psychological and cognitive deficits in Huntington’s disease model: Implication of mesenchymal stem cells for Psychological therapy, Mohammad Amin Edalatmanesh, Iran

Differential Diagnosis of Memory Disorders, Elzein Abbas Omara, United Arab Emirates

Management of Homosexuality in Arab culture, Mohammed Elmahdy, Egypt

Depression among elderly in Beni Suef city (Upper Egypt), Hani Dessoki, Egypt

Disability in schizophrenia and its impact on family burden and family distress, Ismail Shihabudddeen TM, India

Autism comorbidities, Ahmad Almai, United Arab Emirates

Eating Disorders

Ahmed El Missiry, United Kingdom

Post-traumatic Disorders Psychiatric Care Part II

Dr. Walid Khalid Abdul-Hamid, United Kingdom

Dr. Jameel Turky, Tunisia

*Please note this workshop will be presented in Arabic

Industry Symposia

08.30 - 09.00 Industry Symposia

09.00 - 10.30 Room A Key Note Session IV

Organised by the World Federation for Mental Health 'Building Constituency and Capacity in the Eastern Mediterranean Region'
Mohammed T Abou-Saleh,
Chief Executive Officer,
Qatar Addiction Treatment and Rehabilitation Centre,
Professor of Psychiatry, St George’s,
University of London, UK

The World Federation for Mental Health: Building its constituency in the East Mediterranean Region for improving care and the lives of the mentally ill and their families

Helen L Millar,
Consultant Psychiatrist,
The Carseeview Centre, SCOTLAND

‘WFMH Collaborative Project with the Diabetes and Depression Dialogue (DDD): Adopting a Holistic Approach in the Management of Diabetes and Depression’

Sheikh Sultan Al-Dughaili,
Director,
Arshedny A Community Rehabilitation Centre for Recovering People with Addictions

*This presentation will be presented in Arabic

10:30-12:30 PARALLEL WORKSHOP

Communicating ‘Difficult’ Issues

Hanan El Malla, SWEDEN

10:30-11:00 Coffee Break

11:00-12:30 PARALLEL ABSTRACTS SESSIONS

ROOM A

Psychological Intervention

− Psychiatric Stigma Challenges and Solutions, Sarah Mostafa, LIBY
− Traumas and Coping Mechanisms in Cairo, Egypt Post January 25, 2011 Revolution, Seham Kafafi, EGYPT
− Bridging gap between psychology and psychiatry: in diagnosis and therapy, Maan Saleh, SAUDI ARABIA
− Effect of Cognitive Behavior Therapy on low self esteem of patients with schizophrenia, Mona Elbilsha, EGYPT

− Recommendations for healing the invisible wounds of war in Libya, Doaa Mormesh, LIBY
− The Wounded Healer, Omar Reda, UNITED STATES OF AMERICA
− Psychological Group Debriefing: a Full-fledged Clinical Procedure, Dina Joubreil, FRANCE
− Group Psychotherapy in Egypt and the Arab World, Roots, Challenges and Future, Mona Rakhawy, EGYPT
− Conflict Management in Family Therapy, Abdulkarim Mustafa Awadh, EGYPT

ROOM B

Aggression Against Mentally Ill Population

− Violent behavior Among Psychiatric patient, Saja Mohammed, IRAQ
− Interpersonal Violence in the United Arab Emirates: Results from Al-Ain Trauma Registry, Ossama Osman, UNITED ARAB EMIRATES
− A study of violent behaviour among psychiatric inpatients in three hospitals in Baghdad, Numan Ali, IRAQ
− Aggression and violence among psychiatric patients in Sudan Cultural perspectives, Aisha Bakhiet, SUDAN
− Psychiatric disorder as a legal defense, Talaat Tadross, UNITED ARAB EMIRATES

ROOM C

The Impact of War and Continued Violence on Mental Health: Lessons from Iraq

− The impact of war and continued violence on mental health: Lessons from Iraq, Numan Ali, IRAQ
− Using psychodrama as a rehabilitation programme, Elham Al-Jammas, IRAQ
− Prevalence of Post Traumatic Stress Disorder among Basra Medical Student, Akeel Al-Kureshi, IRAQ
− An Overview of the Role of MOH in dealing with Post-traumatic stress, Mohamed Al-Kureshi, IRAQ

12.30 - 14.15 ROOM A :

PLENARY SESSION III

Dr. Adel Karrani, Conference Chairman

‘The Future of Arab Mental Health’