



## المؤتمر العربي الثاني عشر للطب النفسي 12th PAN ARAB PSYCHIATRIC CONFERENCE

29-30 November - 1st december 2012 - Dubai, UAE  
دبي - الإمارات 1 ديسمبر 2012 - دبي - الإمارات

[bahaa@meetingmindsdubai.com](mailto:bahaa@meetingmindsdubai.com) - [pco@papc2012.com](http://pco@papc2012.com)

### PROGRAM

#### THURSDAY 29 NOVEMBER 2012

- 09.00-09.45 ROOM A

#### PLENARY SESSION I

Prof Ahmed Okasha, Honorary President, Pan Arab Federation of Psychiatrists

'Changes in Mental Health in the Arab World'

- 09.45 - 10.45 Opening Ceremony
- 10.45 - 11.15 Coffee Break
- 11.15-12.15 ROOM A

#### KEY NOTE SESSION I

Organised by the Institute for Development, Research, Advocacy & Applied Care

'Violence and Mental Disorders'

#### Dr. Elie G. Karam, M.D.

Professor & Head, Dept. of Psychiatry & Clinical Psychology  
St. George Hospital University Medical Center, LEBANON

'Long Term Effects of War'

#### Dr. John Fayyad, M.D.

Associate Professor of Psychiatry

Child & Adolescent Psychiatry, LEBANON

'Mental Health of Children and Adolescents Exposed to War: Findings from Lebanon'

#### Caroline Cordahi Tabet, D.E.A.

Child and Adolescent Psychologist

St. George Hospital University Medical Center, LEBANON

'What Protects Adolescent Mental Health after War?'

#### Younna Cassir Haddad, D.E.S.S

Child and Adolescent Psychologist

St. George Hospital University Medical Center, LEBANON

'Dissemination of an Evidence-Based Intervention to Parents of Children with Behavioral Problems in a Developing Country'

- 12.45 - 13.15 Symposium Sponsored by AstraZeneca
- 13.15 - 14.15 Lunch

- 14.15 - 16.15 PARALLEL WORKSHOP

Jamel Turky, TUNISIA

- 14.15 - 16.15 PARALLEL ABSTRACT SESSIONS

#### ROOM A

#### Addiction in the Arab World

- The Effects of Exposure Response Prevention on Reducing Addictive Cravings, **Robert DeLetis, UNITED STATES OF AMERICA**
- Addiction Treatment in the United Arab Emirates: Patients demographics and substance abuse profile at the National Rehabilitation center, **Tarek Gawad, UNITED ARAB EMIRATES**
- Addiction Treatment in the United Arab Emirates: Voluntary vs. Involuntary patients admitted to the NRC, **Mohamed Al Hosani, UNITED ARAB EMIRATES**
- Prescription Drug abuse in the UAE, **Ali Al Marzooqi, UNITED ARAB EMIRATES**

#### ROOM B

#### Emerging Psychiatric Morbidity in Young People

- The physical and emotional abuse in children, **Naeema Abdullah Al Ali, UNITED ARAB EMIRATES**
- Perceived Family Environment and Social Anxiety among Females in Late Adolescence, **Farzana Ashraf, PAKISTAN**
- Lifestyle and Depressive risk factors associated with internet addiction in an Arabian Gulf Culture adolescent, **Abdulbari Bener, QATAR**
- Psychosocial Problems among Secondary School Students Alhawyja City-Iraq, **Ashoor Sarhat, IRAQ**
- Depression among Secondary Schools Students in Tikrit District- Iraq, **Ashoor Sarhat, IRAQ**
- Comorbidity of PTSD, ADHD, Conduct, and ODD in Palestinian children affected by war on Gaza, **Abdel Aziz Thabet, PALESTINE**

#### ROOM C

#### Psychiatric Practice

- Assessment and Management of Risk in Psychiatric Practice, **Yahya Takriti, UNITED ARAB EMIRATES**
- Community oriented and evidence based interventions in mental health programs, **Abdalsalm Alshehri, SAUDI ARABIA**

- Mental Health Practice Amidst Transition in the Arab World, **Laila Atshan**, PALESTINE
- Multi disciplinary Mental Health Team Practice Kasr El Aini Experience, **Noha Sabry**, EGYPT
- Alternative care for Dubai, **Karim Behi**, UNITED STATES OF AMERICA
- Overview of Psychiatric Rehabilitation Services in Abu Dhabi, **Medhat Elsabbahy**, UNITED ARAB EMIRATES
  - 16.15 - 16.45 Coffee Break
  - 16.45-17.15 Symposium sponsored by Pfizer
  - 17.15-18.30 ROOM A

#### KEY NOTE SESSION II

Woman Mental Health

##### Prof. Afaf Khalil

Professor of Psychiatry

Institute of Psychiatry, Ain Shams University, EGYPT  
'Depression in Women along their Lifetime'

##### Prof. Unaiza Niaz MD,DPM FRCPSYCH,

Director, The Psychiatric Clinic & Stress Research Center, PAKISTAN

'Women's Mental Health & National Development'

##### Prof. Suhaila Ghuloum

Senior Consultant, Assistant Professor,

Weill Cornell Medical College, QATAR

'Women Sensitive Mental Health Services'

- 17.15-18.30 PARALLEL ABSTRACT SESSIONS

#### ROOM B

##### Self Harm Across the Region

- Self mutilation by subcutaneous injection of kerosene: report from Iraq, **Maha Younis**, IRAQ
- A comparative study on perspectives on Non-Suicidal Self-Injurious Behaviors among Social Work Students in USA, Cyprus, Greece and Jordan. Implications for social work practice, **Efrosini Kokaliari**, UNITED STATES OF AMERICA
- Completed suicides in Dubai, United Arab Emirates, **Kanita Dervic**, UNITED ARAB EMIRATES
- Self-Injury among non clinical populations, **Efrosini Kokaliari**, UNITED STATES OF AMERICA
- Suicide communication and self-injurious behavior among patients with depression, **Naseem Qureshi**, SAUDI ARABIA
- Attitudes towards suicide among medical students in the United Arab Emirates, **Leena Amiri**, UNITED ARAB EMIRATES

#### ROOM C

##### Update in Psychopharmacology: a cultural prospective

- Recent Advances in Diagnostic and Laboratory Investigations for Patients with First Episode Psychosis, **Abdulsamad Aljeshi**, SAUDI ARABIA
- Impact of Clozapine Treatment on Regional Brain Volume: A Longitudinal Study of Treatment Resistant Schizophrenia, **Mohammed Ahmed**, IRELAND
- Tualang honey increases BDNF levels and alleviates depressive behaviours of ovariectomised rats exposed to social instability stress, **Badriya Al-rahbi**, MALAYSIA
- Recent Advances in Cross-cultural Psychopharmacology: A Review, **Edmond Pi**, UNITED STATES OF AMERICA
- The use of hypnotics (Zaleplon, Zolpidem and Zopiclone) in Forensic psychiatric wards in Oxford, 2012, **Hasanen Al-Taiar**, UNITED KINGDOM
- Prescribing antipsychotic medications for people with Dementia, Milton Keynes 2012, **Hasanen Al-Taiar**, UNITED KINGDOM
- Neuroleptic-induced tardive dyskinesia among Arab psychotic patients, **Abdelkarim Osman**, SUDAN

- 17.15-18.30 Pan Arab Psychiatric Federation Session

[View Agenda](#)

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FRIDAY 30 NOVEMBER 2012

- 09.00 - 10.45 PARALLEL ABSTRACTS SESSIONS

#### ROOM A

##### Spirituality & Mental Health

- Spiritual healing in Iraqi societies (truth and fraud) , **Qassim Al-Awadi**, IRAQ
- The impact of religious ,spiritual beliefs on quality of life :View from Iraq and Jordan, **Maha Younis**, IRAQ
- Content of religious delusions in male and female, **Palmira Rudaleviciene**, LITHUANIA
- The Surpu: Exorcism of Antisocial Personality Disorder in Ancient Iraq, **Walid Abdul-Hamid**, U.K
- Not easy being British Muslim psychiatrist., **Walid Abdul-Hamid**, UNITED KINGDOM
- The role of spirituality, gratitude and hope in predicting post traumatic growth among survivors of mount merapi eruption in Yogyakarta, Indonesia, **MA Subandi**, INDONESIA

## ROOM B

## Women, Violence &amp; Mental Health

- Community Mental Health Services and Violence Against Women in Cairo., **Samir Abou El Magd**, EGYPT
- Shades of violence against women in a rapidly developing multicultural society in the Middle East, **Siva Prakash**, UNITED ARAB EMIRATES
- Violence against Women in Egypt, **Ahmed El Missiry**, UNITED KINGDOM
- The relationship between co-dependency and mobbing/bullying, **Gulsum Ancel**, TURKEY

## ROOM C

## The Rise of PTSD

- In The Shadow of Terror in Iraq: Posttraumatic Stress Disorder and Psychiatric Co-morbidity Following Bombing attacks: The Role of Shattering of World Assumptions and Altered Self-Capacity, **Fuaad Freh**, UNITED KINGDOM
- Prevalence of Post traumatic Stress Disorder in Iraq, **Mohammed Lafta**, IRAQ
- The aftermath of the revolution. PTSD in a sample of Egyptian adolescents., **Menan Rabie**, EGYPT
- Cumulative Exposure to Family Violence and the Development of Post-Traumatic Stress among Palestinian University Students, **Muhammad Haj-Yahia**
- 10.45 - 11.15 Coffee Break Coffee B
- 09.00 - 11.15 **PARALLEL WORKSHOP**  
**Saudi Trauma Intervention Team: Local Experience**
- Ahmad AlHadi, SAUDI ARABIA
- Dakhil A. AlSaeidi, SAUDI ARABIA
- Samirah Ali AlGhamdi, SAUDI ARABIA
- Meshal K. Alaqeel, SAUDI ARABIA
- 11.15 - 12.00 ROOM A

## PLENARY SESSION II

Prof Abdulla Adbul Rahman, President, Pan Arab Federation of Psychiatrists

- 12.00 - 14.00 Friday Prayer & Lunch
- 14.00 - 14.30 Industry Symposium
- 14.00 - 16.00

## PARALLEL WORKSHOP

## Post-traumatic Disorders Psychiatric Care Part I

Dr. Walid Khalid Abdul-Hamid, UNITED KINGDOM

Dr. Jamel Turky, TUNISIA

\*Please note this workshop will be presented in Arabic

- 14.30 - 16.00 ROOM A

## KEY NOTE SESSION III

## 'Insights into the Egyptian Mental Health Law'

## Prof. Hisham Ramy

Professor of Psychiatry, Institute of Psychiatry, Faculty of Medicine, Ain Shams University, EGYPT

'Egyptian Mental Health Law: Current Status & Future Directions'

## Prof. Mostafa Shaheen

Treasurer, Pan Arab Federation of Psychiatrists, EGYPT

'Application of the Egyptian Mental Health Law: Critical Observations'

## Prof. Momtaz Abdel Wahab

Assistant Secretary-General, Pan Arab Federation of Psychiatrists, EGYPT

'Egyptian Psychiatric Association Perspective on the Egyptian Mental Health Law'

- 14:30 -16:00 PARALLEL ABSTRACTS SESSIONS

## ROOM B

## Substance abuse and Psychiatric Co-morbidity

- Substance Induced Psychotic Disorders, **Mohammed Elmahdy**, EGYPT
- Types of depression among Iraqi alcoholics, **Abbas Mehdi**, IRAQ
- Prevalence and characteristics of adult attention-deficit hyperactivity disorder among substance abuse inpatients, **Ahmed Abdelkarim**, EGYPT
- Cannabis is a gateway and cultural specific drug for Egyptians from Ramses the 2nd till modern days, **Hamdy Moselhy**, UNITED ARAB EMIRATES
- Death anxiety (thanatophobia) among drug dependents in an Arabic psychiatric hospital, **Hamdy Moselhy**, UNITED ARAB EMIRATES
- Measuring Traumatic Stress Symptoms Among Jordanian Patients After Coronary Artery Bypass Grafting using Impact of Event Scale (IES), **Dalal Yehia**, JORDAN
- Community Surveys of Psychiatric Morbidity in Egypt: Lessons Learned, **Nasser Loza**, EGYPT

## ROOM C

## Role of environment in psychological disorders

- Can watching traumatic events on TV cause PTSD symptoms? Evidence from Pakistan, **Asima Khan**, PAKISTAN
- Psychiatric Aspects of Polygamy in Arab Culture: The case of first wife, **Lotfy El Sherbiny**, EGYPT
- Honour killing- a case report, **Luv Sharma**, INDIA
- Impact of Excessive Television and Videogame Viewing Time on Childhood Behavior, **Said Abderazeq**, UNITED ARAB EMIRATES

- Academic Detachment, **Omar Reda**, UNITED STATES OF AMERICA
- Stress in medical student in an Indian Medical College, **Sandeepkumar Chauhan**, INDIA
- Anxiety and depression among female medical students in King Abdul-Aziz University, **Nahla Khamis Ibrahim**, SAUDI ARABIA
- Depressive Symptoms among Secondary School Students: Prevalence and some Associated Factors, **Sami Mana Ahmad Bin Ahmad Ali**, UNITED ARAB EMIRATES
- 16.00 - 16.30 Coffee Break
- 16.30 - 18.30 PARALLEL ABSTRACTS SESSIONS

## ROOM A

## Trauma

- NAUFAR: Qatar Addiction Treatment and Rehabilitation Centre: A New Concept and Model for a Comprehensive Integrated Health and Social Care Substance Misuse Service, **Mohammed Abou-Saleh**, QATAR
- Helping the aggrieved and the traumatized in dealing with and overcoming loss and grief, **Kwadwo Amoako Addo**, GHANA
- Introducing Trauma Informed care: Relevance to Psychiatry in The Arab World, **Ossama Osman**, UNITED ARAB EMIRATES
- Mental Health Symptoms following Wars and Repression at mosul city/iraq, **Mohammad Darweesh**, IRAQ
- Acculturation vs. war stresses on psychiatric morbidity of displaced Iraqis after 10 years of displacement in Egypt, **Noha Sabry**, EGYPT
- Caring For Those Who Care: Combating Secondary Trauma, **Ossama Osman**, UNITED ARAB EMIRATES
- Psychosocial Sequels of Syrian Revolution, **M Khalidoun Marwa**, SAUDI ARABIA

## ROOM B

## Physical Illness among Arab psychiatric population I

- Stress and Sleep; concept of correlation, **Sultan Alshahrani**, SAUDI ARABIA
- Somatic symptoms in primary care and psychological co-morbidities in Qatar: neglected burden of disease, **Abdulbari Bener**, QATAR
- Anxiety and depression among patients with obesity referred for Bariatric Surgery, **Essam Emam**, UNITED ARAB EMIRATES
- The PAD Syndrome: Pain, Anxiety, and Depression, **Ahmed El Missiry**, UNITED KINGDOM
- Association between psychological distress and gastrointestinal symptoms in diabetes mellitus, **Abdulbari Bener**, QATAR

- Depression in Other Chronic Medical Diseases, **Mufeed Raof**, UNITED ARAB EMIRATES
- The Burden of Multimorbidity: The Challenge of Severe Mental Illness and Coexisting Long Term Chronic Conditions, **Helen Millar**, UNITED KINGDOM
- Is irritable bowel syndrome a psychiatric disorder?, **Talaat Tadross**, UNITED ARAB EMIRATES
- Body Dysmorphic Disorder between Psychiatry and Dermatology: A Literature review, **Amir Mufaddel**, UNITED ARAB EMIRATES

## ROOM C

## Psychiatric Morbidity in Special Population

- Dementia - Time to focus on prevention?, **Yahya Takriti**, UNITED ARAB EMIRATES
- Learning Disabilities and Depression among School Going Adolescents of Public Sector Schools in Pakistan, **Farzana Ashraf**, PAKISTAN
- War, terrorism and people with Intellectual Disabilities, **Miriam Isaac**, UNITED KINGDOM
- Exposure of palestinian adolescents to prolonged and cumulative military violence: a study of its psychological effects and resiliency factors scientific abstract, **Muhammad Haj-Yahia**
- Psychological and cognitive deficits in Huntington's disease model: Implication of mesenchymal stem cells for Psychological therapy, **Mohammad Amin Edalatmanesh**, IRAN
- Differential Diagnosis of Memory Disorders, **Elzein Abbas Omara**, UNITED ARAB EMIRATES
- Management of Homosexuality in Arab culture, **Mohammed Elmahdy**, EGYPT
- Depression among elderly in Beni Suef city (Upper Egypt), **Hani Dessoki**, EGYPT
- Disability in schizophrenia and its impact on family burden and family distress, **Ismail Shihabuddeen TM**, INDIA
- Autism comorbidities, **Ahmad Almai**, UNITED ARAB EMIRATES

- 16:30-18:30 PARALLEL WORKSHOP

## Eating Disorders

Ahmed El Missiry, UNITED KINGDOM

SATURDAY 01 DECEMBER 2012

- 08.00 - 10.00 PARALLEL WORKSHOP

## Post-traumatic Disorders Psychiatric Care Part II

Dr. Walid Khalid Abdul-Hamid, UNITED KINGDOM

Dr. Jamel Turkey, TUNISIA

\*Please note this workshop will be presented in Arabic

- 08.30 - 09.00 Industry Symposia
- 09:00 - 10:30 ROOM A KEY NOTE SESSION IV

Organised by the World Federation for Mental Health 'Building Constituency and Capacity in the Eastern Mediterranean Region'

**Mohammed T Abou-Saleh,**

Chief Executive Officer,  
Qatar Addiction Treatment and Rehabilitation Centre,  
Professor of Psychiatry, St George's,  
University of London, UK

The World Federation for Mental Health : Building its constituency in the East Mediterranean Region for improving care and the lives of the mentally ill and their families'

**Helen L Millar,**

Consultant Psychiatrist,  
The Carseview Centre, SCOTLAND

'WFMH Collaborative Project with the Diabetes and Depression Dialogue (DDD): Adopting a Holistic

Approach in the Management of Diabetes and Depression'

**Sheikh Sultan Al-Dughaibli,**

Director,  
Arshedny A Community Rehabilitation Centre for Recovering People with Addictions

\*This presentation will be presented in Arabic

- 10:30-12:30 **PARALLEL WORKSHOP**

**Communicating 'Difficult' Issues**

Hanan El Malla, SWEDEN

- 10:30-11:00 Coffee Break
- 11:00-12:30 PARALLEL ABSTRACTS SESSIONS

**ROOM A****Psychological Intervention**

- Psychiatric Stigma Challenges and Solutions, **Sarah Mostafa, LIBYA**
- Traumas and Coping Mechanisms in Cairo, Egypt Post January 25, 2011 Revolution, **Seham Kafafi, EGYPT**
- Bridging gap between psychology and psychiatry: in diagnosis and therapy, **Maan Saleh, SAUDI ARABIA**
- Effect of Cognitive Behavior Therapy on low self esteem of patients with schizophrenia, **Mona Elbilsha, EGYPT**

- Recommendations for healing the invisible wounds of war in Libya, **Doaa Mormesh, LIBYA**
- The Wounded Healer, **Omar Reda, UNITED STATES OF AMERICA**
- Psychological Group Debriefing: a Full-fledged Clinical Procedure, **Dina Joubrel, FRANCE**
- Group Psychotherapy in Egypt and the Arab World, Roots, Challenges and Future, **Mona Rakhawy, EGYPT**
- Conflict Management in Family Therapy, **Abdulkarim Mustafa Awadh, EGYPT**

**ROOM B****Aggression Against Mentally Ill Population**

- Violent behavior Among Psychiatric patient, **Saja Mohammed, IRAQ**
- Interpersonal Violence in the United Arab Emirates: Results from Al-Ain Trauma Registry, **Ossama Osman, UNITED ARAB EMIRATES**
- A study of violent behaviour among psychiatric inpatients in three hospitals in Baghdad, **Numan Ali, IRAQ**
- Aggression and violence among psychiatric patients in Sudan Cultural perspectives, **Aisha Bakhiet, SUDAN**
- Psychiatric disorder as a legal defense, **Talaat Tadross, UNITED ARAB EMIRATES**

**ROOM C****The Impact of War and Continued Violence on Mental Health: Lessons from Iraq**

- The impact of war and continued violence on mental health: Lessons from Iraq, **Numan Ali, IRAQ**
- Using psychodrama as a rehabilitation programme, Elham Al-Jammas, IRAQ
- Prevalence of Post Traumatic Stress Disorder among Basra Medical Student, **Akeel Al-Sabbagh, IRAQ**
- An Overview of the Role of MOH in dealing with Post-traumatic stress, **Mohamed Al-Kureshi, IRAQ**

- 12.30 - 14.15 **ROOM A :**

**PLENARY SESSION III**

**Dr. Adel Karrani, Conference Chairman**

'The Future of Arab Mental Health'

**Arab Federation of Psychiatrists****12th PAN ARAB PSYCHIATRIC CONFERENCE**

For registration, call for papers & general enquiries contact:

[bahaa@meetingmindsdubai.com](mailto:bahaa@meetingmindsdubai.com)

[pco@papc2012.com](mailto:pco@papc2012.com)

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