December 11-13, 2012
Faculty of Medicine, Kasr Al Ainy, Psychiatry & Addiction Medicine Hospital- Cairo, EGYPT

**3rd Kasr Al-Ainy Child & Adolescent Psychiatry Conference**

**Trauma in Children and Young People**

**Post Traumatic Stress Disorder and Beyond**

December 11-13, 2012
Faculty of Medicine, Kasr Al Ainy, Psychiatry & Addiction Medicine Hospital- Cairo, EGYPT

**suaadmoussa@yahoo.com**

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<th><strong>ACAMH KEYNOTE SPEAKER</strong></th>
<th><strong>Distinguished Guests</strong></th>
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| William Yule: Emeritus Professor of Applied Child Psychology, Institute of Psychiatry, London, UK | **Professor William Yule**
Emeritus Professor of Applied Child Psychology, Institute of Psychiatry, London, UK

Founding Director of Child Traumatic Stress Clinic

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Dear Colleagues

With our country and region going through these exceptional times of change and challenges, the Units of Child and Adolescent Psychiatry, Department of Psychiatry, Kasr Al Ainy, Faculty of Medicine, Cairo University announce the Third Child and Adolescent Psychiatry Conference in Cairo 11 - 13 of December 2012. The theme this year deals with an issue that has challenged many mental health professionals and lately constituted part of their daily practice, namely Trauma in Children and Young People.

This year we are privileged with the contributions of two eminent experts:

**Professor Bill Yule**, Professor of Applied Child Psychology and Founding Director of Child Traumatic Stress Clinic

**Dr Patrick Smith**, Lecturer in Clinical Psychology, IOP, King’s College, London, UK

To emphasise the conference’s theme of traumatic experiences during childhood and adolescence there will also be the additional opportunity to participate in an ACAMH-hosted Master Class, conducted by Professor Yule and Dr Smith, on **Trauma-Focused Cognitive Therapy for PTSD in Children and Young People**

With the contribution of our distinguished experts and your interactive participation we hope this conference offers an international perspective, a diversified wealth of clinical and evidence based information that could be applied in day-to-day practice.

We very much look forward to welcoming you.

**Head of Department**: Lamis El Ray

**Head of Child Unit**: Azza El Bakry

**Conference President**: Suaad Moussa

He has received many awards and accolades for his work:

- the Lifetime Achievement Award of the ISTSS in 2005
- the Bill Yule Adolescent Unit at the Bethlehem Royal Hospital was named in his honour in July 2005.
- a Leverhume Emeritus Fellowship to study the effects of the Tsunami on children, and more generally the mental health needs following complex emergencies.
- an Honorary Fellow of the British Psychological Society in March 2006
- the Aristotle prize of the European Federation of Psychology Associations in 2007.

**Distinguished Guests**

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| Emeritus Professor of Applied Child Psychology, Institute of Psychiatry, London, UK

**Founding Director of Child Traumatic Stress Clinic**

After a first degree in psychology at the University of Aberdeen, William Yule trained as a clinical psychologist at the Institute of Psychiatry and Maudsley Hospital in London where he later became Professor of Applied Child Psychology. He received his doctoral degree for his studies of specific reading retardation.

His many and varied research interests over the years include epidemiological studies, working with families of autistic children, training parents in management techniques, school refusal, fears, fostering and adoption; training teachers to use behavioural techniques in mainstream classrooms; the effects of lead on children's development. He is a founder member of the Society for the Study of Behavioural Phenotypes, a society devoted to the better understanding of the genotype/phenotype link in certain mentally handicapping disorders.

Following the capsize of the Herald of Free Enterprise in 1987 he showed that PTSD is both a commoner and more chronic reaction in children and adolescents than had hitherto been suspected. He was an advisor to UNICEF on its psychosocial programme for war affected children in former Yugoslavia in 1993. He is Chair of the Foundation for Children and War, Bergen, Norway ([www.childrenandwar.org](http://www.childrenandwar.org)).

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**ACAMH-Hosted Master Class**

- **Post Traumatic Stress Disorder**
  - Trauma-Focused Cognitive Therapy (TF-CT) for PTSD in Children and Young People
  - 12-13 December 2012
  - Psychiatry & Addiction Medicine Hospital, Kasr al Ainy, Cairo University
  - It gives the Association pleasure to offer this valuable, interactive and comprehensive event to local practitioners.

ACAMH’s Master Class Series covers the main child and adolescent mental health disorders, providing up-to-date knowledge and skills in assessment and intervention approaches that are evidence-based and viewed as best practice, incorporating psychological, psychiatric and family approaches.

**Class Leaders**

Emeritus Professor William Yule and Dr Patrick Smith, King’s College London, Institute of Psychiatry, UK

- **Overview of the Day**
  - Various forms of trauma-focused cognitive behavioural therapy (TF-CBT) have been shown to be highly effective in the treatment of PTSD in childhood and adolescence. This two-day master class will describe how Ehlers and Clark’s (2000) cognitive model of PTSD and treatment protocol has been adapted for use with young people.
  - The class will cover, in detail:
    - how to carry out assessment and derive an idiosyncratic cognitive formulation; and
    - how to implement key treatment components of TF-CBT with young people, including imaginable reliving, updating traumatic memories, working with triggers, and working with families.
    - protocols for working with very young preschool children will also be demonstrated.
  - The emphasis will be on individual, formulation-driven TF-CBT; and the aim will be for participants to be able to deliver effective, evidence-based TF-CBT for young people with PTSD. Didactic methods will be supplemented by role-play, small group discussion, and case discussion.

**Key References**


**Recommended Reading**

  - http://www.amazon.co.uk/Post-Traumatic-Stress-Disorder-Adolescents/dp/0415391644/ref=sr_1_3?ie=UTF8&qid=1344616470&s=books&sr=1-3

**Registration for ACAMH Master Class:**

- **Day Conference, December 11, 2012**
- **Registration for the day conference with Servo Egypt on site**
  - Master Class (two days), December 12 - 13, 2012
  - 500 L. E. for EPA and ACAMH members and 300 USD for Non Members

- **Deadline for paying for master class is 31st of October 2012 depending on availability**

  - If you have any queries please do not hesitate to contact Prof Suaad Moussa on sussaadmoussa@yahoo.com
  - Dr. Hanan El Mazahy
  - Pediatrician- Pediatric Neuro- Psychiatry specialist
  - Head of the Early Intervention Center for Prevention of Childhood Disabilities
  - Sporting Students’ Hospital
  - Clinic: 6 Naguib El Rihany st. (Off Saffia Zaghloul st.) Raml Station
  - Tel: 03- 4849701----------019-174-333