Psychiatric and rehabilitative therapies. The Conference will include a wide range of interested practitioners; physicians, nurses, psychologists, social workers, physical and occupational therapists, care givers and families. The main conference topics will discuss mental health problems experienced by older persons, and the latest findings in the field of psychological assessment, psychiatric and rehabilitative therapies. The Conference will include a number of workshops to discuss the Conference topics in depth.

The Event

**Date:** 1-2 March 2013

**Venue**

Khalifa Theatre, College of Medicine and Health Sciences (FMHS) UAE University Al Ain, United Arab Emirates

From Ayla, Hilton and Danat hotels once daily bus transportation to the conference venue (morning time) and back to the hotel (afternoon) will be provided by the organizers.

**Course Objectives**

The primary objective for this Conference is to provide professionals in the field of old age mental health and related fields with a general understanding of the state of the art practices in the psychiatric assessment and management for the elderly patients. We hope to accomplish this through a series of lectures, practical workshops, and discussion sessions.

There is a worldwide increase in the life span of the population which necessitates an urgent need to focus attention on health services in all aspects of care for the elderly population. This includes; medical, psychological, rehabilitative, social and family related issues.

The idea of organizing this Conference sprung out of the need to disseminate information about the latest scientific and evidence-based methods for medical diagnosis, treatment and care for psychiatric conditions in old age.

The Conference will include a wide range of interested practitioners; physicians, nurses, psychologists, social workers, physical and occupational therapists, care givers and families. The main conference topics will discuss mental health problems experienced by older persons, and the latest findings in the field of psychological assessment, psychiatric and rehabilitative therapies. The Conference will include a number of workshops to discuss the Conference topics in depth.
TARGET AUDIENCE

Psychiatrists, Psychologists, Internists, Primary care physicians, Neurologists, Nurses, Community Teams, social workers, Occupational therapists, medical students, rehabilitation services, families and cares

CME CREDIT

The organizer of the conference will apply for CME credit hours from CME and CPD Committee of United Arab Emirates University which is recognized by all medical bodies in United Arab Emirates once the scientific program is finalized.

CONFERENCE ORGANIZING COMMITTEE

ORGANISERS

College of Medicine and Health Sciences United Arab Emirates University.
in association with

Behavioural Sciences Institute, Al Ain Hospital

- Prof. Mohamed Yousef Hasan Baniyas (Conference President)
- Prof. Tar-Ching Aw (Conference Chair)

CORE COMMITTEE

- Prof. Hamdy Moselhy (Chair)
- Dr. Yahya Bashir Takriti (Co-Chair)
- Dr. Kanita Dervic
- Dr. Leena Amiri
- Dr. Adel Al Offi
- Dr. Saad Ghalib
- Dr. Ghanem Ali Al Hassani
- Ms. Fadwa Almugaddam
- Dr. Moza Al Sabousi
- Dr. Medhat Al Sabahi
- Dr. Hamad Al Sinawi
- Dr. Suhaiba Ghuloum
- Dr. Mahmoud Awara
- Dr. Jamila Al Ketbi
- Ms. Aisha Al Shamsi
- Mr. Said Yousef

SCIENTIFIC COMMITTEE

- Dr. Yahya Bashir Takriti (Chair)
- Dr. Ossama Osman (Co-Chair)
- Dr. Kanita Dervic (Co-Chair)
- Prof. Stephan Curran
- Prof. Geaorge Tadros
- Dr. Badr Salih
- Dr. Essam Emam
- Dr. Tahani Al Kayoumi
- Dr. Mohamed Al Banna
- Dr. Mohamed Abd Al Maksoud
- Dr. Mohamed Khalid
- Dr. Leena Amiri
- Dr. Anne Omara

PUBLIC RELATIONS, SOCIAL, REGISTRATION AND SECRETARIAL COMMITTEE

- Mr. Mahmoud Mahmoud (Chair)
- Mr. Adnan Tahir
- Mr. Abdulrazzaq Ibrahim
- Mr. Abdul Hadi
- Mr. Mohamed Jaber
- Ms. Aysha Al Shamsi
- Ms. Fadwa Almugaddam
- Mr. Mohamed Ali
- Mr. O Poker

Mr. Basheer T V

FINANCE COMMITTEE

- Mr. Mahmoud Mohmahed Mahmoud (Chair)
- Dr. Ghanem Ali Al Hassani (Co-Chair)
- Mr. Haytham Soukieh (Co-Chair)
- Mr. Saeed Kamal

TECHNICAL COMMITTEE

- Mr. Alsajir M B (Chair)
- Mr. Ehsan Ullah
- Mr. Musa Yasin
- Mr. Ashok Prasad
- Ms. Ivanna Lizarrituri
- Mr. Usman Thanikkal (CMHS, UAEU)

PROGRAM OUTLINE

OBJECTIVE

The primary objective for this conference is to provide professionals in the field of old age mental health and related fields with a general understanding of the state of the art practices in the psychiatric assessment and management for the elderly patients, we hope to accomplish this through a series of lectures, practical workshops, and discussion sessions

LECTURE TOPICS

- Updates in Dementia Research
- Advances in Management of Alzheimer's Disease
- Co-morbidity in Old Age Psychiatry
- Evidence Based Psychopharmacology
- Neuro-Imaging
• Management of Psychiatric Disorders in the Elderly
• Future Directions in Old Age Psychiatry Services
• Role of Families and Support Groups

**WORKSHOPS**
• Delirium Assessment and Treatment
• Psychiatric Assessment of Elderly Patients in General Practice
• Treatment of Common Psychiatric Disorder in Later Life

**TARGET AUDIENCE**
Psychiatrists, Psychologists, Internists, physicians, neurologists, Nurses, Social Workers, Occupational therapists, medical students, rehabilitation services Community teams, families and caregivers

**PRELIMINARY SCIENTIFIC PROGRAMME**

**FRIDAY 1, MARCH 2013**
- 08:00 Arrival, registration and coffee
- 09:00 Opening and Introduction
- 09:15 Developments in Dementia Research and Treatment
- 09:45 Mild Cognitive Impairment
- 10:15 What is New in Neuro-Imaging in Dementia?
- 10:45 Coffee Break
- 11:00 Improving Care for the Elderly
- 11:30 Memory Clinics - Who Needs Them?
- 12:00 Poster Session / Lunch Break / Prayer
- 14:00 Comorbidity in Old Age Psychiatry
- 14:45 Psychosis in Old Age
- 15:30 Prescribing Psychotropics for Elderly Patients
- 16:00 Question and Answer Session
- 19:00 Gala Dinner and Social Entertainment

**SATURDAY 2, MARCH 2013**
- 08:00 Registration and Coffee
- 08:30 Advances in Treatment of Anxiety Disorders
- 09:00 Suicide in Older People
- 09:30 Treating Depression in Old Age
- 10:00 Question and Answer Session
- 10:30 Coffee Break
- 11:00 Current & Future Directions in Old Age Psychiatric Practice in the GCC
- 12:00 Poster Session / Lunch Break / Prayer
- 13:00 Workshops in Parallel
  a) Cognitive Assessments in GP Services
  b) Delirium Assessment and Treatment
  c) How to Develop and Old Age Psychiatry Service
- 15:00 Coffee Break
- 15:30 Plenary and Closing Session

**ONLINE REGISTRATION**

Online Registration will be available soon

**EARLY REGISTRATION**
Before 31 January 2013
- Physicians AED 500/-
- Other Health Professionals AED 400/-
- Residents AED 200/-
- Students & Family Caregivers Free

**LATE REGISTRATION**
From 1 February 2013 - 26 February 2013
- Physicians AED 700/-
- Other Health Professionals AED 600/-
- Residents AED 400/-
- Students & Family Caregivers AED 100/-

The registration fee includes the scientific programme, course material meals for two days (morning and afternoon coffee, lunch). Please note that travel and accommodation are not included in the registration fees.

**ACCOMODATION**
Accommodation is to be arranged individually by the participants and it is not included in the registration fee. There are several hotels in Al Ain, from three of them (Ayla, Danat and Hilton) once daily bus transport in the morning to the conference site and back in the afternoon will be provided.

**AYLA HOTEL**
Ayla Hotel is centrally located in Al Ain City next to the Al Ain International Conference and Exhibition centres, offering contemporary guest rooms, an indoor pool and luxury spa facilities. Rooms feature flat-screen TVs and modern furnishings with Arabic elements. Each has ornate, wooden headboards and white linens on the plush beds. The floor-to-ceiling windows provide views of the city. Massage treatments and a sauna are offered at Ayla Hotel's Pulse Health Club. A fitness centre is also provided...... more

**DANAT AL AIN RESORT**
Nestled amid lush greenery and beautiful gardens, this Five-Star Al Ain hotel features luxurious accommodations and lavish resort-style features, including three pools, a 24-hour fitness centre, spa, and engaging children’s activities. For guests interested in exploring, the city is at your doorstep...... more

**HILTON AL AIN**
Set in exotic landscaped gardens, the Hilton Al Ain hotel offers a peaceful oasis in the heart of this bustling city. This Al Ain hotel is close to major tourist attractions and Dubai and Abu Dhabi airports are 80 minutes away. Visit nearby Al Ain attractions, enjoy a round of golf on the hotel’s 9-hole course or simply relax by the pool.... more
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