

Third QATAR Psychiatry Symposium

Final PROGRAM



مؤسسة حمد الطبية
Hamad Medical Corporation
HEALTH • EDUCATION • RESEARCH صحة • تعليم • بحوث

The St. Regis Doha, Qatar - 6-8 December 2013

<http://tqip.hamad.qa/en/index.aspx> - hammadi59@gmail.com

Dear Colleagues,

Welcome to the Third Qatar Psychiatry Symposium.

Thanks to your support, we've had two very successful events in the last few years and this year promises to be even better. This symposium will provide a valuable opportunity for psychiatry and psychology professionals from different cultural and regional backgrounds and diverse fields to explore the impact of these disciplines on healthcare provisions and the needs of local communities.

Qatar is going through exciting times for mental health services with the development of the Qatar National Mental Health Strategy and Implementation Plan aiming to provide a comprehensive, patient-centred service across the life span, starting with prevention and promotion all the way through to recovery. We understand these efforts are not unique to Qatar; services in the Middle East are rapidly improving.

Our theme this year is **Mental Health Best Services: Bridging the Gap**. We are privileged to have an international group of experts from across the world to share their experience with us, covering topics targeted by our national mental health plan, including minimising stigma, updates on various disorders, and promoting a recovery-oriented service. Of course, as always, we highly value the contributions of our dear colleagues from the region.

We would like to use this symposium to reflect on the growing research culture at the Psychiatry Department with presentations by our local colleagues as well as our Trainees involved in quality improvement activities.

Furthermore, we have launched a competition encouraging young college students to present in posters their views on stigma of mental illness. The winning poster will be integrating with a national awareness campaign. All participants will have their efforts proudly presented at this event.

On behalf of the organising committee, we look forward to welcoming you to our symposium. We wish you a very enjoyable stay in Qatar. The country is rapidly growing and for those of you who joined us at our last symposium, I'm sure you will be pleased to see the amazing effects of this change.

My colleagues and I wish you an interesting, educational and productive time.

Dr. Suhaila Ghuloum

Chair of Organising Committee

IMPORTANT DATES

Conference date: 6-8 December 2013
Abstract deadline: TBA
Early Registration deadline: TBA

WE WILL HAVE SPACES FOR:

- 200 Doctors
- 150 Nurses
- 50 Allied Health

ORGANISING COMMITTEE

Suhaila Ghuloum - (HMC) – Chair

Mohammad Albanna - (HMC)-co-chair

Berj Ohanian- Corporate Communications

Ameerah Alkharaz - (HMC)

Jasmeen Jutta UI –Haque -Corporate Communications

Terry Sharkey -(SCH/HMC)

Atman Ikhlef - (QU)

Mamoum Mobayed - Social Rehabilitation Centre

Dina Al-Desouky - Corporate Communications

Ibrahim Alkharraz - Corporate Communications

SCIENTIFIC COMMITTEE

Hazem M. Hashem- (HMC)-Chair

Hassen Al-Amin - (WCMCQ) - Co-chair

Anoop Sanaranakaranayan - (HMC)

Abdelmoneim Abdelhakam - (HMC)

Ziad Qronful - (WCMCQ)

SPEAKERS

Doris Greenberg - US

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David Castle - Australia

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Peter Jones- UK

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Glenn Roberts - UK

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Graham Thornicroft - UK

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Norman Sartorius - Geneva, Switzerland

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Malik Badri - Malaysia

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PROGRAM

Final Program

Lectures:

DAY-1(ONE SESSION) : Plenary Lecture (1) + Session lectures (2)

DAY-2(TWO SESSIONS): Plenary Lectures (2) + Session lectures (6)

DAY-3: Plenary Lectures (2) + Session lectures (4) + (1) lecture

Total: 18 lectures

Oral Presentations

Day-3: 3 Workshops (2)

(Day 2,3): 12:00pm 2:00pm

Satellite Symposium (Day 1) followed by Gala Dinner: 6:30pm-7:30pm

Satellite Symposium (Day 2) followed by Gala Dinner: 5:45pm-6:45pm

Day 1 - 6 December 2013

Final Program

Friday - 6 December 2013

▪ **15.00-15.30 : WELCOME AND OPENNING**

▪ **15.00-15.15** : Dr. Suhaila Ghuloum (*Chairman of The Symposium*)

▪ **15.15-15.30** : Dr. Saleh Almarri (*Assistant Minister for Health*)

▪ **15.30-16.30 : PLENARY LECTURE**

TITLE: "The future of psychiatry"

Speaker: Norman Sartorius (Switzerland)

▪ **16.30-17.00 : Break and Prayer**

▪ **17.00-18.15 :Session: Psychiatry Practice Models**

Panel:

▪ **17.00-17.30** : **Lecture**: Developing recovery oriented practice: implications for professional training and development

Speaker: Glenn Roberts (UK)

▪ **17.30-18.00** : **Lecture**: The balance care model for global mental health

Speaker: Graham Thornicroft (UK)

▪ **18.00-18.15** : **Discussion**

▪ **18.15-18.30** : **Break**

▪ **18.30-19.30** : **Satellite Symposium by Bristol-Myers Squibb**

TITLE: Updates: Management of Schizophrenia disorder

Speaker: Tarek Asaad Abdou Ahmed (Egypt)

Day 2 - 7 December 2013

Final Program

Saturday - 7 December 2013

▪ **08.30-12.00 : MORNING SESSION**

▪ **08.30-09.45** : **Session: Mood disorders**

Panel:

▪ **08.30-09.00: Lecture**: Diagnosing bipolar disorders

Speaker: Nasser Loza (Egypt)

▪ **09.00-09.30** : **Lecture**: Bipolar disorders with comorbid metabolic disease and new management approaches

Speaker: Mohammad Alsuwaidan (Kuwait)

▪ **09.30-09.45** : **Discussion**

▪ **09.45-10.00** : **Break**

▪ **10.00-11.45** : **Session: "Fighting The Stigma"**

Panel:

▪ **10.00-10.30** : **Lecture**: Fighting the stigma of mental disorders

Speaker: Norman Sartorius (Switzerland)

▪ **10.30-11.00** : **Lecture**: Strategies for reducing stigma against mental illness – is there a role for sport?

Speaker: Peter Jones (UK)

▪ **11.00-11.30** : **Lecture**: Evidence to reduce stigma and discrimination

Speaker: Graham Thornicroft (UK)

▪ **11.30-11.45** : **Discussion**

▪ **11.45-12.30** : **Lunch Break and Prayer**

▪ **12.30-14.00** : **WORKSHOP: "PROFESSIONALISM"**

TITLE: Involvement of the Psychiatrist in Acute Care Decision Making in the ICU

Speakers: William Sexson and Sandra Sexson (USA)

Chairperson:

▪ **12.30-14.00** : **WORKSHOP: "PSYCHOTHERAPY"**

TITLE: CBT in Muslim Culture

Speaker: Malik Badri (Sudan)

Chairperson:

▪ **14:00 -17:00** : **AFTERNOON SESSION**

▪ **14.00-15.00** : **PLENARY LECTURE**

TITLE: "Meaning and madness: the value of understanding psychosis in the context of people's life experience"

Speaker: Glenn Roberts (UK)

- 15.00-15.15 : Break and Prayer
- 15:15-17.00 : Session: Schizophrenia and related disorders

Panel:

- 15.15-15.45 : **Lecture:** Current status of the psychosis prodrome and the at-risk mental state

Speaker: Peter Jones (UK)

- 15.45-16.15 : **Lecture:** How can we improve outcomes in schizophrenia?

Speaker: David Castle (Australia)

- 16.15-16.45: **Lecture:** Talking about Autism

Speaker: Doris Greenberg (USA)

- 16.45-17.00: **Discussion**

Day 3 - 8 December 2013

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Sunday - 8 December 2013

- 09.00-10.15 : **Co-morbidity Session**
- Panel:
- 09.00-09.30: **Lecture:** Psychology of Prescribing Medication
- **Speaker:** Sandra Sexson (USA)
- 9.30-10.00 : **Lecture:** How can we improve the physical health of the mentally ill?
- **Speaker:** David Castle (Australia)
- 10.00-10.15 : **Discussion**
- 10.15-10.30 : **Break**
- 10.30-11.45 : **Oral Presentations**
- Panel:
- 10.30-10.45 : **Oral 1:** Prevalence of Mental Illness in Qatar
- **Speaker:** Suhaila Gholoum (Qatar)
- 10.45-11.00 : **Oral 2:** Suicide and suicide attempts in Bahrain
- **Speaker:** Ahmad AlAnsari (Bahrain)
- 11.00-11.15 : **Oral 3:** An Explanatory Model of Mental Health in an Emirati Cultural Context
- **Speaker:** Shaima Ahammed (UAE)
- 11.15-11.30 : **Discussion**
- 11.30-12.30 : **Lunch Break and Prayer**

- 12.30-14.00 : **WORKSHOP: "NEUROSCIENCE"**
- **TITLE:** Putting The "Bio" In The Biopsychosocial formulation: How Neurobiology Can Help Us Understand Our Patients

Speaker: Mayada Akil (USA)

Chairperson:

- 14:00 -16:45 : **AFTERNOON SESSION :**
- 14:00-15:30 **Session: Child and Adolescent Psychiatry**
- Panel:
- 14.00-14.30: **Lecture:** Chronically Ill Children and Adolescent
- **Speaker:** Sandra Sexson (USA)
- 14.30-15.00: **Lecture:** The Child Who Does Not Speak

Speaker: Doris Greenberg (USA)

- 15.00-15.15: **Discussion**
- 15.15-15.30 : **Break and Prayer**
- 15:30-16:45: **Oral Presentations**
- Panel:
- 15.30-15.45: **Oral 1:** Assessing the Nature of Craving in Alcohol and Opioid dependent subjects
- **Speaker:** Ahmed Omar Ahmed AL-Agib (Qatar)
- 15.45-16.00 : **Oral 2:** Behavioral and Psychological Problems in patients with major neurocognitive disorder admitted to a skilled nursing facility in Qatar
- **Speaker:** Anoop Sankaranarayanan (Qatar)
- 16.00-16.15 : **Oral 3:** Social Representations and Reactions to Traumatic Experiences in Gaza Strip
- **Speaker:** Abdel Hamid Afana (Qatar)
- 16.15-16.30 : **Oral 4:** Psychological Consequences of the Syrian conflict on Syrian refugees
- **Speaker:** Mamoun Mobayed (Qatar)
- 16.30-16.45: **Discussion**
- 16.45 : **Closing**

Registration

All participants are required to register for the conference. Please check the registration details in the side menu

Registration Fees

Nurses and Allied Health	QR 200
Doctors	\$ 100

Venue

Doha West Bay

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