

الجمعية المصرية للطب النفسي

Egyptian Psychiatric Association Annual Psychiatric International Congress



Co- Sponsored by
The Arab Federation of Psychiatrists (AFP)

اتحاد الأطباء النفسيين العرب



World Psychiatric Association (WPA)

الجمعية العالمية للطب النفسي



Mental Disorders versus Mental Health

الاضرابات النفسية مقابل الصحة النفسية

12-13 March 2014

Marriot Hotel – Zamalek

Cairo, Egypt

<http://www.arabpsynet.com/Congress/CongJ39AnnPsyInternEg.pdf>

First Announcement

Call for Abstracts

Welcome Message



Mental health is a state of well-being whereby individuals recognize their abilities, are able to cope with normal stresses of life, work productively and fruitfully, and make a contribution to their communities .

One of the main objectives of the psychiatrist is prevention ,treatment and rehabilitation of mental patients and to promote mental health.

The psychiatrists focus on treating mental disorders , leaving aside the problem of mental health. Promoting mental health is equivalent to a better quality of life, satisfaction and happiness leading to augmentation of productivity, creativity and national pride. Poverty and mental disorders, violence and trauma which may lead to: suicide, alcoholism, depression, substance abuse, child/ adolescent development problems and post traumatic stress disorders. A lack of awareness of mental health problems and the absence of mental health services and professionals, even in countries with a high income per capital ,and especially concerning children, seem to pervade the Arab world. About 71% of all people in the world have access to less than one psychiatrist per 100.000 and 46% have access to less than one nurse per 100.00, currently 33% of countries allocate less than 1% of their total health budgets on mental health .Another 33% spend just 1% of their budgets to mental health. Seven good reasons to integrate Mental Health in primary care namely; the burden of mental disorders is great, mental and physical health problems are interwoven, the treatment gap for mental disorders is enormous , primary care for mental health promotes respect of human rights, primary care for mental health is affordable and cost effective , primary care for mental health generates good health outcomes .

The conference will deal with all aspects of promoting mental health and to balance the over teaching of mental health disorders at the expense of under teaching of mental health. Welcome in Egypt in a period of transition ,free choice, more hopefulness and optimism.

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President Egyptian Psychiatric Association

Congress President

Prof. Ahmed Okasha

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Themes & Scientific Contents:

- Ethics of psychiatrist- Patient relationship .
- New models of psychotherapeutic approaches
- Mental health service in Egypt and Arab countries and its future.
- Mental health services in childhood development and emotional problems.
- Epidemiological studies on psychiatric disorders and drug abuse.
- Future of psychiatric classifications.
- Recent advances in psychopharmacological treatment.
- Role of caregivers of different psychiatric disorders .
- Forensic Psychiatry, an Egyptian experience.
- Old age psychiatry in developing countries
- Maintaining motivation and enhancing self actualization.
- Coping Strategies in dealing with ongoing stressors .
- Child psychiatry: update.

Registration

Online: www.psychiatryegypt.com

Advance registration is advised.

Registration fees cover

- 1- Attendance of scientific Program
- 2- Congress Materials
- 3- Certificate of Attendance

Abstracts, Papers and Symposia to be sent to (Deadline February 1 , 2013)

abstract@psychiatryegypt.com

Accommodation

The Organizing committee has reserved rooms at Congress Hotel (5 Stars Hotel) for accommodation.

Due to the peak tourism season at the time of the congress early reservation is strongly recommended.

For Reservation:

www.psychiatryegypt.com

SERVO TRAVEL Cairo – Egypt

Email: servo @servoegypt.com

Payment:

The Completed Registration and accommodation form should be sent with the appropriate fees to the Agent of the conference .

SERVO TRAVEL

Appropriate fees should be paid in cash or bank transfer:

National Society General Bank (NSGB)

Sheraton Heliopolis Residence

Branch Code 75 Heliopolis - Cairo - Egypt

Swift Code: NSGVEGCXXXX

Bank Acc.# 2031021592060

Account name: SERVO TRAVEL

On Line Payment. www.psychiatryegypt.com

Confirmation / Cancellation / Refund

- All Cancellation must be received in writing and will be subjected to the following conditions :

- For Cancellations received before 1 February : 50% Cancellation Fees.

For Later Cancellation, no refund possible

Please do not hesitate to contact the local Organizing Committee for assistance.

SERVO:

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