

The 6th International Conference on Psychiatry
"New Models of Psychiatric Management"
(Disease Centred versus Symptom Centred)
Intercontinental Hotel,
Jeddah, Kingdom of Saudi Arabia,
13 – 15 April 2010

ORGANIZED BY

Saudi German Hospital



Al-Amal Hospital – Jeddah



Saudi Psychiatric Association



IN COLLABORATION WITH



Institute of Psychiatry,
Ain Shams University, Egypt



Egyptian Psychiatric Association



Motmaienna Psychiatric Centre



World Psychiatric Association



Arab Federation of Psychiatrists



British Arab Psychiatric Association

WELCOME MESSAGE

It is our great pleasure to invite you to participate in the 6th international Conference on Psychiatry; organized by Saudi German Hospital (SGH), Al-Amal Hospital – Jeddah and Saudi Psychiatric Association.

The theme of the conference this year is "New Models of Psychiatric Management" (Disease Centered versus Symptoms Centered).

Recently there has been a growing interest in the importance of applying new models in psychiatric management, also there are debates concerning the focus of management either diseases centered or symptoms centered; thus this congress will highlight these important issues.

The organizing committee has prepared an intensive scientific program with lectures, symposia, forums, free communication, new research sessions and many other events. The schedule of the conference also is extended to encompass junior psychiatrists, and psychologists through training courses and workshops which greaten the potential benefit of attendance.

The conference main speakers will be opinion leaders in the field of psychiatry as well as policy and decision makers.

It is hoped that the exchange of knowledge in this congress between colleagues will promote the service offered to psychiatric patients.

You are invited to participate in this scientific event. We believe that it will be a fruitful scientific, spiritual and cultural experience.

We will do our best in making your participation scientifically rewarding and your stay in Jeddah enjoyable.

Dr. Mohammed Khaled
Secretary General of the Conference

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COMMITTEES

Congress Committees

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Consultant of Psychiatry, Vise President Saudi Psychiatric Association

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Professor of Psychiatry, Ain Shams University Hospitals, Egypt

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Professor of Psychiatry and Chair, Institute of Psychiatry, Ain Shams University Hospitals, Egypt

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Professor and Consultant of Psychiatry, Motmaenna Psychiatric centre, Riyadh, KSA. Psychiatric Advisor Abu- Dhabi Health Authority.

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Secretary general of the congress

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Congress on line

www.sghgroup.com (Events)

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Dr. Mohamed Khaled

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Prof. Afaf Hamed Khalil	Immediate past president of the institute of Psychiatry



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British Arab Psychiatric Association

Secretary: Dr. Mamdouh EL-Adl

Consultant Psychiatrist, Northampton, UK

ACKNOWLEDGEMENT

The congress committees wish to express sincere thanks to the following pharmaceutical companies for their participation in financing and support to the congress.

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SPECIAL THANKS TO
Apex Pharma – Egypt
For inviting most of the Egyptian Speakers

GENERAL INFORMATION

Name Badges

The congress badge will be received upon registration and should be worn during all congress events.

Services on Site

- On site registration desk
- Secretariat
- Information
- Business center

Press Center

- Located in Press Room
- Press conferences will be held throughout the congress

Audiovisual Facilities Corner

- Slide preview and submission facilities are available from 7:30 am to 8:00 pm daily in the slide delivery corner.
- All speakers making presentations are requested to try their presentation at least two hours before the session starts.
- Video films should be submitted to the Video Desk at least four hours before the session of their presentation.

Exhibits

- An exhibition of pharmaceutical firms will be held at. You are kindly requested to visit the exhibition and have the opportunity to know the new development of drugs in the field of Psychiatry.

Certificates of Attendance

- Complete the Global Evaluation Form inside your bag.
- Deliver the evaluation form and print your name on the certificate at the registration desk.
- Do not forget your recommendation, which is very important to us to plan next meeting.

GENERAL INFORMATION

CME Certificate

The Saudi Council for Health Specialties Accredited this Symposium with total of 26 Hours CME according to the following schedule format.

Workshops, training courses (of Tuesday 13/4/2010)	8 hours
Plenary Lecture, Key lectures, Sessions, Satellite symposia (14-15 April 2010)	18 hours
Maximum accredited hours	26 hours

How to Receive your CME Certificate?

You will receive your CME certificate from the registration desk.

CME Award Booth

Located at the registration desk.

Smoking Policy

- There will be no smoking in scientific sessions or exhibit halls.

Messages and Notices

- Please check the "Congress Message Board" for last minute changes in the program.
- Personal messages will be posted on the "Personal Message Board". Participants can post their messages directly or ask the help of the information desk.

Language

- The official languages of the congress are Arabic and English with no simultaneous translation.

Climate

- The average temperature during the congress between-(28 - 38°C).

Currency

- The Saudi currency is the Saudi Riyals (SR), One US Dollar = 3.75 SR (approximately) to date.

Electricity

- 110- 220 volts. Both are available.

WELCOME TO JEDDAH

City of Jeddah

Jeddah is the gateway to the holy cities of Makkah and Madinah. Although Riyadh is the capital of the Kingdom of Saudi Arabia, Jeddah is known as its commercial capital. Since Jeddah is situated at the Red Sea coast, it is also known as Bride of Red Sea.

'Jeddah', as pronounced by its people, means prosperity and happiness. It is also pronounced as 'Jadda' meaning grandmother referring to mother Eve. This is in accordance to the legend that she landed here and is buried in the graveyard just outside the historical area of the old city. Another pronunciation is 'Joddah' and this means a narrow passage between two mountains or a long road.



Jeddah is a city of mystery, rich with tradition, history, culture and a unique heritage. It is mentioned by the Prophet Muhammed (PBUH) and his Caliphs and its importance goes back even before the Islamic period.

Jeddah has been mentioned by many travellers in their journals, some describing it as "the city surrounded by walls with beautiful markets and teeming with buildings" whilst others described it as "the small city on the Red Sea coast crowded with pilgrims". Apparently there were inns, caravan sarays, and hostels catering to travelers and pilgrims. Present city has expanded and transformed into a metropolis but still holds true to its original charm and uniqueness thereby making it superb for its residents and a must for those who wish to visit her.

PROGRAM AT A GLANCE

WORKSHOPS

Tuesday 13th April, 2010

Time	Hall (A)	Hall (B)
8:30 - 10:30 am	<p>Workshop (1)</p> <p>Brief Application of Stanford-Binet Intelligence Scale- Prof. Hisham Abdullah, King Abdel Aziz Univ. Dr. Sherif Amin Azzam, PhD Almaharat Centre Jeddah, KSA Mr. Faiz Al-Fazzi Royal Commission Training Jubail and Yanbu (RCJY)</p>	<p>Workshop (2)</p> <p>Neurobiology as a regulator of cognitive behavior therapy in addiction Ass. Prof. Tarek Molokhia Dr. Sherif Darwish Dr. Wael Kamal Department of Psychiatry, Alexandria University, Egypt</p>
10:30 am- 12:30 pm	<p>Workshop (3)</p> <p>Wechsler Intelligence Scale and its new editions Ass. Prof. Samer Muhamed Arar, Ph.D, King Abdul-Aziz University, KSA Dr. Sherif Amin Azzam, PhD Consultant Psychologist Al-Maharat Centre Jeddah, KSA</p>	<p>Workshop (4)</p> <p>A new therapeutic approach for treatment of speech disorders resulting from post traumatic stress Dr. Mohamed Mahmoud EI-Nahhas Director of International Centre for Communication, Counseling and Training, Dubai, UAE</p>
<i>12.30 - 1.00 pm Coffee Break</i>		
1:00- 3:00 pm	<p>Workshop (5)</p> <p>Creativity techniques in work environment Dr. Mohammed Shawoosh Consultant of Psychiatry, Vice President of Saudi Psychiatric Association, KSA Dr. Ahmad Hafez Consultant Psychiatrist, Director of Medina Mental Hospital, KSA</p>	<p>Workshop (6-A)</p> <p>Tools of cognitive behavioural therapy Dr. Alaa Farghaly Consultant Psychiatry, Matareya Teaching Hospital, Egypt</p> <p>Workshop (6-B)</p> <p>Behavioural Therapy in Neurotic Disorders Dr Mahmoud Abourehab Consultant Psychologist, Al-Hada Armed Forces Hospital Taif- KSA</p>
<i>3.00 - 4.00 pm Coffee Break</i>		
4:00- 6:00 pm	<p>Workshop (7)</p> <p>CBT of religious OCD Prof. Mostafa Al-Saadani Department of Psychiatry, King Abdul Aziz Medical City- KSA Prof. Wael Abo-Hendy Department of Psychiatry, Zagazig University</p>	<p>Workshop (8)</p> <p>Depression: different psychotherapeutic approaches Ass. Prof. Khaled Abd El-Azim Consultant Psychiatrist- Al-Amal Hospital Jeddah - KSA Mr. Abdulmaksoud Sarhan Specialist Psychologist Al-Amal Hospital Jeddah - KSA</p>

PROGRAM AT A GLANCE

WORKSHOPS

Wednesday 14th April, 2010

Time	Hall (A)	Hall (B)
8:30-10:30 am	<p>Workshop (9)</p> <p>Diagnostic psychiatric interview and rating scales in depression Ass. Prof. Ahmed El-Missiry Consultant Psychiatry, UK Dr. Marwa El-Missiry Institute of Psychiatry-Ain Shams University, Egypt</p>	<p>Workshop (10)</p> <p>Delayed scholastic achievement - a clinical approach Ass. Prof. Afaf Mohamed Dr. Noha Samy Institute of Psychiatry-Ain Shams University, Egypt</p>
10.30 am – 12.30 pm	<p>Workshop (11)</p> <p>Parenting stress in different psychiatric disorders in children and adolescents Prof. Maha Sayed Dr. Marwa Soltan Dr. Marwa El-Missiry Institute of Psychiatry-Ain Shams University, Egypt</p>	<p>Workshop (12)</p> <p>Practical models to the assessment and management of different conflicts between marital couples Ass. Prof. Mohamed Fekry Dr. Menan Abdel Maksoud Institute of Psychiatry-Ain Shams University, Egypt</p>
<i>12.30 -1.00 pm Coffee Break</i>		
1.00 – 3.00 pm	<p>Workshop (13)</p> <p>Interventive Interviewing Dr. Omar Al-Modayfer Consultant Child & Adolescent Psychiatrist Head of Mental Health Section King Abdulaziz Medical City- Riyadh KSA</p>	<p>Workshop (14)</p> <p>Global approach to the diagnosis and management of obesity and slimness Prof. Abd Elnasser Omar Prof. Yasser Abdel Razek Ass. Prof. Nermin Shaker Institute of Psychiatry-Ain Shams University, Egypt</p>
<i>3.00 – 4.00 pm Coffee Break</i>		
4:00 pm-6:00pm	<p>Workshop (15)</p> <p>Neuropsychological tests in clinical practice Prof. Tarek Assad Institute of Psychiatry-Ain Shams University, Egypt Mr. Sayed Sawan Clinical Psychologist</p>	<p>Workshop (16)</p> <p>Communication skills Prof. Adel Medani Al-Azhar University, Egypt Ass. Prof. Ghada El Kholly Institute of Psychiatry-Ain Shams University, Egypt</p>

PROGRAM AT A GLANCE

WORKSHOPS

Thursday 15th April, 2010

Time	Hall (A)	Hall (B)
8.30 – 10.30 am	Workshop (17) Psychiatric Assessment using MMPI 2 Dr. Iman Abdel Halim Ass. Prof. of Psychology King Abdul Aziz University, KSA	Workshop (18) Women reproductive mental health: the hard times in women life Ass. Prof. Amira Nassib Ass. Prof. Doaa Khalifa Ass. Prof. Doaa Hamed Institute of Psychiatry- Ain Shams University, Egypt
10.30 am – 12.30 pm	Workshop (19) Middle Age Crises Prof. Tarek Alhabeeb Professor and Consultant of Psychiatry, Motmaenna Psychiatric Centre, Psychiatric Advisor Abu- Dhabi Health Authority, Riyadh. KSA	Workshop (20) Understanding the person behind the illness: focus on borderline personality Prof. Tarek Okasha Ass. Prof. Hisham Sadek Dr. Marwa Abdel-Meguid Institute of Psychiatry-Ain Shams University, Egypt
12.30 -1.00 pm Coffee Break		
1.00 – 3.00 pm	Workshop (21) New models of assessment and management of drug abuse Prof. Tarek Asaad Prof. Mahmoud El Habibi Institute of Psychiatry-Ain Shams University, Egypt	Workshop (22) Disruptive behavior in psychiatric practice: causes, assessment and management Ass. Prof. Abeer Mahmoud Ass. Prof. Mona Elshikh Dr. Marwa Soltan Institute of Psychiatry-Ain Shams University, Egypt
3.00 – 4.00 pm Coffee Break		
4.00 – 6.00 pm	Workshop (23) Diagnosis and management of attention deficit hyperactivity disorder (ADHD) Dr. Ather Sajjad Jafri Consultant Child and Adolescent Psychiatrist at Sligo, Republic of Ireland Workshop (25) Electronic dictionary of psychological sciences Dr. Jamel Turkey Consultant Psychiatrist, President Arab Psyenet.	Workshop (24) Mission looks impossible: Relapse prevention in substance use disorders Prof. Yasser Abdel Razek Dr. Ghada Refaat Dr. Ghada Abdel Razek Consultants Psychiatry Al-Amal Complex Mental Health Dammam, KSA Mr. Mahmoud Mohamed Rashad Consultant Psychology

PROGRAM AT A GLANCE

LECTURES AND SESSIONS

Auditorium Sultan Hall

Wednesday 14 April, 2010

8.30-9.00 am	Opening Ceremony	
	Opening Lectures	
Time	Program	Lecturer Name
9.00-9.20 am	Impact of culture and abstract thinking in normal and abnormal behavior	Prof. Farouk Lotief Professor of Psychiatry, Institute of Psychiatry - Ain Shams University, Egypt
9.20-9.40 am	New models of psychiatric management (Disease centred versus Symptom centred)	Prof. Afaf Hamed Khalil Professor of Psychiatry, Institute of psychiatry - Ain Shams University, Egypt
9.40-10.00 am	Towards evidence-based mental health promotion	Dr. Abdul Salam AL-Shehri Consultant Family Medicine, Military Hospitals at Taif & Al-Hada, KSA
10.00-10.30 am	Targets and strategies for stereotactic neurosurgery in psychiatric indications	Prof. François Alesch Professor for Stereotactic and Functional Neurosurgery Neurosurgical, Department Medical University of Vienna, Austria

SESSION (1): Hot Topics in Psychiatry

Time	Program	Lecturer Name
10.30-11.00 am	إشكالية المصطلح النفسي العربي	Dr. Jamel Turkey Consultant Psychiatrist, President of Arab Psynet, Egypt
11.00-11.20 am	Supportive psychotherapy	Prof. Adel Medani Professor of Psychiatry, Al-Azhar University, Egypt
11.20-11.40 am	Medically unexplained symptoms (other face of Psychiatry)	Prof. Adel M. El Sheshai Professor of Psychiatry - Alexandria University, Egypt
11.40-12.00 pm	Planning mental health services in Arab countries	Prof. Mostafa Shaheen Professor of Psychiatry Cairo University, Egypt
12.00-12.20 pm	Biases and pitfalls of clinical trials in CNS	Prof. Jaroslaw Sylwester Strzelec Professor of Psychopharmacology, Dept. of Pharmacology, Medical University, Łódź Poland
12.30-01.00	Coffee Break & Al Dohr Prayer	

PROGRAM AT A GLANCE

LECTURES AND SESSIONS

Auditorium Sultan Hall

Wednesday 14 April, 2010

SESSION (2): New Hope for the Management of Old Age Mental Disorders

Time	Program	Lecturer Name
1.00-1.20 pm	Guidelines of dementia management	Prof. Ossama Abdel Ghani Professor of Neurology, Ain-Shams University, Egypt
1.20-1.40 pm	Mental disorders in elderly	Prof. Magdi Dahab Professor of Neurology, Alazhar University, Egypt
01.40-02.00 pm	Gene therapy: New hope for Alzheimer's disease management	Prof. Adel El-Missiry Founder and Scientific Director of Medical Research Centre – Ain Shams University, Egypt

Key Lecture (1)

Time	Program	Lecturer Name
2.00-2.30 pm	Importance of remission in the management of depression	Prof. Cornelius Katona Professor of Psychiatry, Dept Mental health Sciences, University College London, UK
03.00-04.00	Lunch Time & Al Assr Prayer	

PROGRAM AT A GLANCE

LECTURES AND SESSIONS

Auditorium Sultan Hall

Wednesday 14 April, 2010

SESSION (3): New approaches for the management of psychosexual disorder

Time	Program	Lecturer Name
07.00-07.20 pm	ISSM Evidence-based Guidelines for the Diagnosis and Treatment of Premature Ejaculation	Prof. Amr El-Meleigy Professor & Head of Andrology, Suliman Faqih Hospital, KSA
07.20-07.40 pm	Vaginismus, Causes and Therapy	Prof. Saied Abdel Azeem Professor of psychiatry Cairo University, Egypt
07.40-08.00 pm	Erectile Dysfunction	Prof. Adel Serag Consultant Psychiatrist, Suliman Faqih Hospital, KSA

Key Lecture (2)

Time	Program	Lecturer Name
08.30-09.00 pm	Saudi Personality Traits	Prof. Tariq Alhabeeb Professor and Consultant of Psychiatry, Motmaenna Psychiatric centre, Psychiatric Advisor Abu- Dhabi Health Authority, Riyadh. KSA

Core Lectures

Time	Program	Lecturer Name
09.00-09.45pm	When experience meets Heritage	Prof. Ahmed Okasha Professor of Psychiatry, President of Egyptian Psychiatric Association, President of Arab Federation of Psychiatrist, Past President WPA Egypt
09.45-10.30 pm	Addressing the unmet needs in depression management: A New Approach by Agomelatine	Prof. Philip Gorwood Professor of psychiatry, Sainte-Anne Hospital, Professor at the Descartes University Paris, France

PROGRAM AT A GLANCE

LECTURES AND SESSIONS

Auditorium Sultan Hall

Thursday 15 April, 2010

SESSION (4): Challenges in the management of drug abuse

Time	Program	Lecturer Name
9.00-9.30 am	How the addict thinks?!	Prof. Mohamed Ghanem Professor of Psychiatry, Institute of psychiatry -Ain Shams University, Egypt
9.30-10.00 am	Clinical issues in the management of drug abuse	Prof. Momtaz Abd El Wahab Professor of Psychiatry Cairo University, Egypt
10.00-10.30 am	Advances in addiction services: How can we benefit	Prof. Tarek Abd El Gawad Professor of Psychiatry Cairo University, Egypt
10.30-11.00 am	Translational Approach in Substance Abuse	Dr. Mona Al-Sawaf Consultant Psychiatrist and Head of Department King Fahd General hospital KSA

SESSION (5): New concepts in understanding of sleep disorders and psychotic depression

Time	Program	Lecturer Name
11.00-11.30 am	New concepts in understanding management of insomnia	Prof. Tarek Assad Professor of Psychiatry - Ain Shams University, Egypt
11.30-11.50	Antidepressants and sleep pros and cons	Dr. Sultan M. Alshahrani Consultant Psychiatrist and Sleep Specialist Armed Forces Hospital Southern Region, KSA
11.50-12.20	Psychotic Depression: Nosological and Therapeutic Implications	Prof. Abdel Hamid Hashim Professor of Psychiatry- Cairo University, Egypt
12.20-01.00	Coffee Break & Al Dohr Prayer	

PROGRAM AT A GLANCE

LECTURES AND SESSIONS

Auditorium Sultan Hall

Thursday 15 April, 2010

Core Lectures (2)

Time	Program	Lecturer Name
01.00-02.00 pm	Suicide Spectrum in Schizophrenia – Management options	Prof. Ahmed Okasha Professor of Psychiatry, President of Egyptian Psychiatric Association, President of Arab Federation of Psychiatrist, Past President WPA, Egypt
2.00-3.00 pm	The Pharmacological Management of Bipolar disorder	Prof. Richard Hamish McAllister-Williams Professor of Psychiatry, Institute of Neuroscience, Newcastle University. UK
03.00-04.00	Lunch Time & Al Assr Prayer	

SESSION (6): Spot light on ADHD across the lifespan

Time	Program	Lecturer Name
07.00-07.150 pm	ADHD: across the lifespan	Dr. Ather Sajjad Jafri Consultant Child and Adolescent Psychiatrist at Sligo, Republic of Ireland. Ireland
07.15-07.30 pm	ADHD in Children: Critical appraisal	Dr. Ghada Abdel Gawad Consultant Psychiatrist Saad Specialized hospital, KSA
07.30-08.00 pm	Adult form of ADD	Prof. Mohamed R. Elfiqi Prof. of Psychiatry, Ain Shams Univ. Consultant Psychiatrist Saad Specialized hospital, KSA

Key Lecture (3):

Time	Program	Lecturer Name
08.30-09.00 pm	Pathophysiology of Depression-Relevance to Illness Models, and Treatment.	Prof. Richard Hamish McAllister-Williams Professor of Psychiatry, Institute of Neuroscience, Newcastle University. UK

PROGRAM AT A GLANCE

LECTURES AND SESSIONS

Auditorium Sultan Hall

Thursday 15 April, 2010

SESSION (7): Depression from receptors to remission

Time	Program	Lecturer Name
09.00-09.30 pm	Depression: The road to remission	Prof. Afaf Hamed Professor of psychiatry, Ain Shams University, Egypt
09.30-10.00 pm	Neurobiology of remission in depression: Updated concepts	Prof. Tarek Assad Professor of psychiatry - Ain Shams University, Egypt

Key Lecture (4):

Time	Program	Lecturer Name
10.00-10.50 pm	Long term treatment effectiveness of schizophrenia	Prof. Mohamed Ghanem Professor and Chairperson Institute of Psychiatry, Ain Shams University, Egypt

OPENING CEREMONY

WELCOME WORDS

Dr. Mohamed Khaled

Secretary General of the Meeting
Head of Psychiatry Department, SGH

Dr. Mohamed Shawoosh

Chief Organizing Committee
Vice President of Saudi Psychiatric Association
Consultant Psychiatrist MOH

Prof. Afaf Hamed Khalil

Congress Advisor
Prof. of Psychiatry Institute of Psychiatry, Ain Shams Univ., Egypt

Prof. Mohamed Ghanem

Congress Coordinator
Prof. and Chair Institute of Psychiatry, Ain Shams Univ., Egypt

Prof. Mahdi Abu-Madani

President of Saudi Psychiatric Association

Prof. Ahmed Okasha

Prof. of Psychiatry, Institute of Psychiatry, Ain Shams Univ., Egypt
Director of WHO Collaborating Center.
President of Egyptian Psychiatric Association.

OPENING LECTURES

Chairpersons:

Prof. Farouk Lotaif (Egypt) Dr Abdulla Al-Hathlol (KSA)

Prof. Mohamed Ghanem (Egypt)

Topics & Speakers

Impact of culture and abstract thinking in normal and abnormal behavior. OL1.1

Prof. Farouk Lotief (Egypt)

New Models of Psychiatric Management: Disease centred versus Symptom centred. OL1.2

Prof. Afaf Hamed Khalil (Egypt)

Towards evidence-based mental health promotion. OL1.3

Dr. Abdul Salam AL-Shehri (Egypt)

Targets and strategies for stereotactic neurosurgery in psychiatric indications. OL1.4

Prof. François Alesch (Vienna)

Comments and Discussion

SESSION (1) Hot Topics in Psychiatry

Chairpersons

Dr. Mousa Zaalah (KSA)

Prof. Huda Salama (Egypt)

Topics & Speakers

- | | |
|--|------|
| إشكالية المصطلح النفسي العربي
Dr. Jamel Turkey (Tunisia) | S1.1 |
| Supportive Psychotherapy
Prof. Adel Medani (Egypt) | S1.2 |
| Medically unexplained symptoms (other face of Psychiatry).
Prof. Adel M. El Sheshai (Egypt) | S1.3 |
| Planning mental health services in Arab countries.
Prof. Mostafa Shaheen (Egypt) | S1.4 |
| Biases and pitfalls of clinical trials in CNS.
Prof. Jaroslaw Sylwester Strzelec (Poland) | S1.5 |

Comments and Discussion

SESSION (2)

New Hope for the Management of Old Age Mental Disorders

Chairpersons

Prof. Mohamed Hafez (Egypt) Dr. Suhail Khan (KSA)

Topics & Speakers

- | | |
|--|------|
| Guidelines of Dementia management.
Prof. Ossama Abdel Ghani (Egypt) | S2.1 |
| Mental Disorders in Elderly.
Prof. Magdi Dahab (Egypt) | S2.2 |
| Gene Therapy: New hope for Alzheimer's disease
management.
Prof. Adel El-Missiry (Egypt) | S2.3 |

Comments and Discussion

KEY LECTURE (1)

Chairpersons

Dr. Rashad Al-Senosi (KSA)

Prof. Adel M. El Sheshai (Egypt)

Topics & Speakers

Importance of Remission in the Management of KL1.1 Depression.

Prof. Cornelius Katona (UK)

Comments and Discussion

SESSION (3)

New Approaches for the Management of Psychosexual Disorder

Chairpersons:

Dr. Mona Al-Sawaf (KSA)

Prof. Adel Medani (Egypt)

Topics & Speakers

ISSM Evidence-based Guidelines for the Diagnosis and Treatment of Premature Ejaculation. S1.1
Prof. Amr El-Meleigy (KSA)

Vaginismus, Causes and Therapy. S1.2
Prof. Saied Abdel Azeem (Egypt)

Erectile Dysfunction. S1.3
Prof. Adel Serag (KSA)

Comments and Discussion

KEY LECTURE (2)

Chairpersons

Dr. Saad Al-Khateeb (KSA)

Prof. Said Abdel Azeim (Egypt)

Topics & Speakers

Saudi personality traits.

Prof. Tariq Alhabeeb (KSA)

KL2.1

Comments and Discussion

CORE LECTURES

Chairpersons

Prof. Yosry Abdel Mohsen (Egypt) Dr. Abdul Hamid Al-Habeeb
(KSA)

Topics & Speakers

When experience meets heritage. CL1.1
Prof. Ahmed Okasha (Egypt)

Addressing the unmet needs in depression
management: A New approach by agomelatine. CL1.2
Prof. Philip Gorwood (France)

Comments and Discussion

SESSION (4) Challenges in the Management of Drug Abuse

Chairpersons

Dr. Asaad Sabr (KSA)

Prof. Abdo El Dod (Egypt)

Speakers

- | | |
|---|------|
| How the addict thinks?! | S4.1 |
| Prof. Mohamed Ghanem (Egypt) | |
| Clinical issues in the management of drug abuse. | S4.2 |
| Prof. Momtaz Abd El Wahab (Egypt) | |
| Advances in addiction services: How can we benefit. | S4.3 |
| Prof. Tarek Abdelgawwad (Egypt) | |
| Translational Approach in Substance Abuse | S4.4 |
| Dr. Mona Al-Sawaf (KSA) | |

Comments and Discussion

SESSION (5)

New Concepts in Understanding of Sleep Disorders and Psychotic Depression

Chairpersons

Dr. Adnan Mofiti (KSA)

Prof. Mohamed Elatrony (Egypt)

Topics & Speakers

New concepts in understanding management of
insomnia. S5.1

Prof. Tarek Assad (Egypt)

Antidepressants and sleep pros and cons. S5.2

Dr. Sultan M. Alshahrani (KSA)

Psychotic depression: Nosological and therapeutic
implications. S5.3

Prof. Abdel Hamid Hashim (Egypt)

Comments and Discussion

CORE LECTURES (2)

Chairpersons

Dr. Ibrahim Al-Khodair (KSA) Prof. Momtaz Abdel Wahab (Egypt)

Speakers

Suicide spectrum in schizophrenia – management options. CL2.1
Prof. Ahmed Okasha (Egypt)

The pharmacological management of bipolar disorder. CL2.2
Prof. Richard Hamish McAllister-Williams (UK)

Comments and Discussion

SESSION (6)

Spot light on ADHD across the Lifespan

Chairpersons

Dr. Khaled Bazaid (KSA)

Prof. Maha Sayed (Egypt)

Topics & Speakers

ADHD: across the lifespan".

Dr. Ather Sajjad Jafri (Ireland)

S6.1

Critical appraisal of ADHD in Children.

Dr. Ghada Abdel Gawad (Egypt)

S6.2

Adult form of ADD.

Prof. Mohamed R. Elfiqi (Egypt)

S6.3

Comments and Discussion

KEY LECTURE (3)

Chairpersons

Dr. Osama Al - Ibrahim (KSA) Prof. Tarek Okasha (Egypt)

Speakers

Pathophysiology of depression-relevance to illness models, and treatment.

KL3.1

Prof. Richard Hamish McAllister-Williams (UK)

Questions and Comments

SESSION (7)

Depression from Receptors to Remission

Chairpersons

Dr. Abdullah Al Sharqi (KSA) Prof. Abdel Naser Omar (Egypt)

Speakers

Depression: The road to remission. S7.1
Prof. Afaf Hamed Khalil (Egypt)

Neurobiology of remission in depression: Updated S7.2
concepts.
Prof. Tarek Assad (Egypt)

Questions and Comments

KEY LECTURE (4)

Chairpersons

Prof. Mahdi Abu-Madini (KSA) Prof. Afaf Hamed Khalil (Egypt)

Speakers

Long term treatment effectiveness in schizophrenia.

Prof. Mohamed Ghanem (Egypt)

KL4.1

Questions and Comments

F (Welcome Dinner) E

Poster Presentations:

Wednesday 14 April, 2010

Coping with Stress and Quality of Life among Schizophrenic patients in Egypt and Saudi Arabia: a Comparative study

Eman El sheshtawya , Warda Abo Elezz
From Baljurashi Psychiatric Hospital Al Baha region, Saudi Arabia, Department of Psychiatry, Mansoura University Hospital, Egypt.

Neuropsychiatric manifestations in systemic lupus erythrematosus and its relation to auto-antibody profile

zaghoul M. and barakat M.- Rheumatology Department- King Fahd Hospital –Jeddah- Al sharif A and abdul Fattah M.- Psychiatry and Rehabilitation Departments- King Abdulaziz Hospital- Jeddah- KSA

Thursday 15 April, 2010

Anxiety in Children; The Holly Quran vs. Relaxation Music ((Scientific sings in Ayah of the Holy Quran)) (Case study)

Dr. Huda Galal Abdulwahab
Assistant Professor psycho-medical Childhood-Studies, King Abdul-Aziz University K.S.A.

Psychological findings in patients with primary Sjögren's syndrome compared to patients with sicca symptoms without autoimmune features

zaghoul M. and barakat M.- Rheumatology Department- King Fahd Hospital –Jeddah- Al sharif A and abdul Fattah M.- Psychiatry and Rehabilitation Departments- King Abdulaziz Hospital- Jeddah- KSA

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