



دمشق ٢٠٠٨  
DAMASCUS 2008  
عاصمة الثقافة العربية  
ARAB CAPITAL OF CULTURE

## XI PAN ARAB CONFERENCE OF PSYCHIATRY



Under the patronage of HE Mr. Mohamed Naji Otri  
Prime Minister of the Syrian Arab Republic  
in association with the Ministry of Health

**The Syrian Arab Association of Psychiatrists  
The Arab Federation of Psychiatrists  
The British Arab Psychiatrists Association  
The World Psychiatric Association**

are honored to invite you to the  
**XI Pan Arab Congress of Psychiatry**

**Psychological Consequences of Violence  
Evidence-based Mental Health**

**21-23 August 2008  
Sheraton Hotel**

**Damascus – 2008 Capital of Arab Culture**





## XI PAN ARAB CONFERENCE OF PSYCHIATRY

**Dear Colleagues and Friends,**

I am delighted to extend my warmest greetings to the Pan Arab Congress of Psychiatry to take place in Damascus on August 21-23, 2008 and to our esteemed WPA Member Societies meeting there.

The Arab world is repository of some of the most venerable traditions in medicine and psychiatry. Building on these distinguished roots, current Arab psychiatric societies are constructing vibrant contributions to enhance mental health in their own countries and across the world. The World Psychiatric Association feels deeply enriched encompassing such wise traditions and recent contributions.

The Congress overall themes, Psychological Consequences of Violence and Evidence Based Mental Health, are timely and compelling. The wide range of issues for presentation and discussion are thought-provoking and propitious for enhancing our clinical skills and public health perspectives.

Syria at large and Damascus in particular, with their enormous natural and man-made beauty, their rich cultural resources, and warm population and professional community, shall be highly stimulating settings for this Pan Arab Congress. The fact that Damascus has been designated 2008 Capital of Arab Culture is also remarkably significant and an added bonus to the Congress.

President Professor Adib Essali and all our colleagues of the Syrian Arab Association of Psychiatrists will be our gracious hosts and guides. Many opportunities to renew old friendships and forge new ones shall emerge at the Congress.

I am very much looking forward to greeting you personally in Damascus this August.

Cordially yours,

**Prof. Juan E. Mezzich**  
**President of the World Psychiatric Association**



### **International Organizing Committee:**

Mohamed Abu Saleh (UK)  
Yusef Abouallaban (UAE)  
Walid Abdul-Hamid (UK)  
Hatem Achache (Tunisia)  
George Christodoulou (Greece)  
Abdulkader Dandachi (NL)  
Tewfik Daradkeh (Jordan)  
Patrice Dubus (France)  
Khalil Fadel (Egypt)  
Alaa Farghaly (Egypt)  
Eric Griez (NL)  
Yassar Jomah (USA)  
Ihsan Sallum (USA)  
Amira Seif-El-Din (Egypt)  
Mohamed Fadl Al-Khani (KSA)  
Munir Al- Khani (Lebanon)  
Tarik Al-Kubaisy (UK)  
Mohammed Lafta (Iraq)  
Ahmad Mohit (Iran)  
Nadim Al- Moshmush (UK)  
Abdullah Al-Nggar (Palestine)  
Abdul Kareem AIObaidi (Iraq)  
Tarek Shahrour (KSA)  
Berna Ulug (Turkey)  
Simavi Vahip (Turkey)





## XI PAN ARAB CONFERENCE OF PSYCHIATRY

Dear Colleagues,

On behalf of the Arab Federation of Psychiatrists and the Syrian Arab Association of Psychiatrists, we are delighted to invite you to the XI Pan Arab Conference of Psychiatry. Pan Arab congresses provide a unique opportunity for professionals all over the world to meet, discuss their concerns, learn from each other and support each other.

The theme of the Congress hopes to stimulate participants to move the world towards a caring and non-violent community. The scientific program will cater for colleagues ranging from those who just recently joined the field to those looking for refinements in professional practices. The many concurrent sessions will offer participants opportunities to present innovative research and share well-tried evidence-based best practices.

All colleagues are cordially invited to join us in Damascus between 21 and 23 August 2008. Please plan to register at [www.ebm-syria.com](http://www.ebm-syria.com).

Syria has always been a center where east and west meet with their varied civilizations. It is a wonderful panorama of natural colors and images: seacoast, mountains, forests, rolling hills, fertile valleys, plains and steppes. Monuments, archaeological sites, impregnable castles, Citadels and forgotten cities narrate a glorious history.

Damascus, one of the oldest continuously inhabited cities in the world, is a mixture of glorious heritage and modernity. The Congress social program will ensure that visitors have opportunities to enjoy our cultural heritage while revitalizing old or building new friendships. You will enjoy exploring history. Ever smiling Syrians will make you feel at home.

We look forward to welcoming you to Damascus and to what will prove to be an unforgettable event.

Yours sincerely,

**Adib Essali, MD, PhD, MRCPsych**  
Congress Chairperson

**Pierre Chiniara, MD CESpsych**  
President, SAAP

### Organizers:

#### Arab Federation of Psychiatrists

President: **Saida Douki** (Tunisia)

Secretary General: **Abdelrazzak Alhamad** (KSA)

Treasurer: **Said Abdelazim**

(Egypt) Arab Affairs Coordinator:

**Mohamed Adib Essali** (Syria)

Specialized Divisions: **Afaf Hamed**

**Khalil** (Egypt) Journal Editor:

**Adnan Takriti** (Jordan)

International Affairs Coordinator:

**Yesri Abdelmohsen** (Egypt)

Conference Coordinator: **Mahdi**

**Alqahtani** (Saudi Arabia)

Scientific Consultant: **Naser Loza**

(Egypt)

Editorial Consultant: **Ahmad**

**Ansari** (Bahrain)

#### Syrian Arab Association of Psychiatrists (SAAP)

Honorary President: **Adib Essali**

President: **Pierre Chiniara**

Vice President: **Mohamed Dakkak**

Secretary General: **Mazen Alkhalil**

Scientific affairs: **Youssef Latifeh**

Treasurer: **Eyad Yanes**

Social affairs: **Jamal Hasan**

Conferences: **George Khazal**

#### Conference Secretariat:

Ms. Hind Zarif, Training

Office, Ministry of Health

Tel / Fax: 963113311112

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Web: <http://www.moh.gov.sy>





## XI PAN ARAB CONFERENCE OF PSYCHIATRY

### Preliminary Program (subject to some changes)

The program will encompass a number of high quality keynote sessions and symposia. Other sessions will encompass free papers that allow practitioners and researchers to report on their clinical practice or research findings. Training workshops are aimed at making the most of this exceptional gathering of distinguished clinicians and scientists. Interwoven with these highly academic sessions will be an opportunity for meeting old and new friends, not only over coffee and lunch, but also at social events. **The selected abstracts will be finally accepted only after the presenter's completed registration is received.**

**21 August**

**9.00-10.00**

### Presidential Symposium

Juan Mezzich and Ihsan Salloum (USA)

**10.00-11.30**

	HALL A	HALL B
	<h3>Domestic Violence</h3> <p>Assessment, Treatment and Prevention of Child Abuse  <b>Yasmin Farooqi (Pakistan)</b>            Child disciplinary actions and women exposure to marital violence in Egypt  <b>Mustafa Afifi (Oman)</b>            Reasons of violence at school according to teachers  <b>Hela Ayadi (Tunisia)</b>            Psychological effects of domestic violence on Palestinian children  <b>Yahya Al-Najjar (Palestine)</b>            Primary school heads: Charlatans in the management of child and student teacher sexual abuse cases in Zimbabwe?  <b>Alfred Henry Makura (South Africa)</b>            Conduct disorder: relationship with violent upbringing and technology  <b>Mulham Heraki &amp; Yousef Latifeh (Syria)</b></p>	<h3>Psychological consequences of violence in the Arab World</h3> <p>Adolescent Mental Health problems in the Arab Countries  <b>Amira Seif Eldin (Egypt)</b>            Mental Health consequences of occupation in the occupied Palestinian territories (WB)  <b>Bassam Ashhab (Palestine)</b>            The care giver system to victims of violence in Algeria  <b>Idriss Terranti (Algeria)</b>            Violence in Iraq: a psychiatric view    <b>Mohamed Al-Karkhi (UAE)</b>            PTSD among Lebanese children following the July 2006 war  <b>Yousef Latifeh (Syria) &amp; Qasem Atia (Lebanon)</b>            The Explosive Remnants of War: the silent and lasting violence in the Arab region  <b>Ghassan Shahrour (Syria)</b></p>

**11.30-12.00 Break**





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### Unicef Symposium

21 August 2008

12.00-14.00

# Consequences of war and displacement for Iraqi children living in Syria.

Organizers: Theodora D. Tsovili, PhD and Samer Jahshan, Child Psychiatrist

**George Christodoulou (Greece)**

Disaster and mental health

**Maha Younis (Iraq)**

The psychological Impact of AL-Ameriyah bombardment on the neighborhood children

**Yousef Alaubaidi (Iraq)**

Prevalence of PTSA among secondary school students in Baghdad

**Numan Ali and Tori Snell (Jordan)**

Lifting the psychological burden for displaced Iraqis: Evidence-based mental health intervention

**Abdul OIObaidi (Iraq)**

Iraqi Children's Rights: Building a System Under Fire

**Essedik Jeddi (Tunisia)**

Institutional Therapy

14.00-15.00 **Lunch Break**

15.00-17.00 **Workshops**

Please see Page 10

20.00-21.00 **Opening Ceremony**

21.00-23.00 **Reception**

**Damascus Castle**

Please see Page 11





# XI PAN ARAB CONFERENCE OF PSYCHIATRY

22 August  
9.00-10.30

## Psycho-legal consequences of torture

A Basra hotel tale 1  
**Adib Essali (Syria)**  
A Basra hotel tale 2  
**Sapa Malik (UK)**  
The Psychology of Terrorism  
**Yasmin Farooqi (Pakistan)**

10.30-12.30	HALL A	HALL B
	<p><b>Biopsychobiology of stress</b> Homelessness &amp; Psychiatric Hospitalisation <b>Walid Abdul-Hamid (UK)</b> The Stress update <b>Alaa Farghaly (Egypt)</b> Stress and trauma may impact through epigenetic modulation of gene expression <b>Bart PF Rutten (Holland)</b> Combat fatigue and its relation to ego-resilience and social support of College students <b>Athmar Shaker Majeed (Iraq)</b> Living with stress in Palestine <b>Abdallah Al-Najjar (Palestine)</b> PTSD among Gaza children <b>Neamat Alwan (Palestine)</b> Acute stress disorder: indicators of chronicity <b>Binabbas Malik (Algeria)</b></p>	<p><b>Women Mental Health</b> Psychological harassment at work <b>Hachelafi Hamid (Algeria)</b> Violence against mothers <b>Sonia Missaoui (Tunisia)</b> Sexual violence and female genital cutting's beliefs and attitude of Egyptian women <b>Mustafa Afifi (Oman)</b> Egyptian women's attitude and beliefs about female genital cutting and its association with childhood maltreatment <b>Mustafa Afifi (Oman)</b> Interviewing traumatized children <b>Mohamed Tahar Bouyaya (Algeria)</b> Treating difficult neurotic cases <b>Fadel Khalil (Egypty)</b> Cognitive Behavior Therapy of PTSD <b>Keltoum Belmihoub and Dalila Zenad (Algeria)</b></p>

12.30-15.00 **Prayer and Lunch Break**

15.00-17.00 **Workshops** Please see page 10

20.00-23.00 **Gala Dinner** **Barada Club**





## XI PAN ARAB CONFERENCE OF PSYCHIATRY

23 August  
9.00-10.00

### Psychiatry in Damascus: past, present and future

Nuri Bimarstan

**Abdelmasih Khalaf (Syria)**

Contemporary Psychiatry in Damascus

**Ghassan Shaker (Syria)**

The Damascus Cochrane Team

**Mohamed Jawoosh and Nahla Haj-Hasan (Syria)**

Evidence-based Residency Training in Psychiatry in the Netherlands by Critically Appraised Topics

**Bart PF Rutten (Holland)**

10.30-11.30

	HALL A	HALL B
	<p><b>Attitudes to psychiatry</b></p> <p>Ethical foundations of psychiatry</p> <p><b>George Christodoulou (Greece)</b> Testing for two mental illness stigmas in general hospital setting</p> <p><b>Tarek Shahrour and Rifat Rehmani (Saudi Arabia)</b> Causal Beliefs of Schizophrenia among Schizophrenic Inpatients' Families in Iraq</p> <p><b>Shalan Al-Abbudi (Iraq)</b></p> <p>Attitudes towards mental illness: a comparative study between Syria and the United Kingdom</p> <p><b>Masa AlKurdi &amp; Paula Hixenbaugh (UK)</b></p>	<p><b>New research</b></p> <p>Do we need the sub-speciality of Old Age Psychiatry</p> <p><b>Walid Abdul-Hamid (UK)</b> Psychological benefits of aerobic training program as a psychotherapy for moderate depression in the elderly</p> <p><b>Samir Al Gazzar (Saudi Arabia)</b> Depression in Iraq: A socio-demographic study</p> <p><b>Naamah Humaidi (Iraq)</b> Preparing an obsessive compulsive scale</p> <p><b>Dalia Moemen &amp; Wail Abohendy ( Egypt)</b> Prevalence of smoking in school students: Cross sectional study about 850 students in Monastir city (Tunisia)</p> <p><b>Lotfi Gaha (Tunisia)</b></p>





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23 August  
12.00-14.00

HALL A	HALL B
<p><b>Working together</b></p> <p>Arapsynet <b>Jamal Turkey (Tunisia)</b> Arabic Treatment Center for traumatized patients <b>Nahla Haj-Hasan (Syria)</b> E-Health and Psychological Health: Its potentials in the management of victims of violence <b>Ghassan Shahrour (Syria)</b> Trauma focused treatment for sexually abused women <b>Şahika Yüksel (Turkey)</b> Medication and anxiety disorders <b>Bart PF Rutten (Holland)</b> Treatment of depression – evidence review <b>Nadim Almoshmosh (UK)</b> Spiritual dimensions of traumatic healing <b>Abdul Basit (USA)</b> Religiosity &amp; Anxiety Disorders in a Multi Confessional Population – A Case Control Study <b>Ramzi Haddad, Chantal Mansour and Wadih Naja (Lebanon)</b></p>	

14.00-15.00

**Closing session**  
followed by lunch

15.00-17.00 **Workshops** Please see page 10

17.00 **A visit to Inb Sina (Avicenna) Psychiatric Hospital**







# XI PAN ARAB CONFERENCE OF PSYCHIATRY

## Posters

Posters will be on display throughout the conference. Authors are kindly asked to be by their posters during all breaks.

<b>Title</b>	<b>Authors</b>
The Efficacy of Mirtazapine in Social Anxiety Disorder: a double-blind placebo controlled study with adjunctive paroxetine in nonresponders to treatment	S.I.J. Schutters, H.G.J.M. van Megen and H.G.M. Westenberg (Holland)
The frequency of psychiatric patients using Traditional and Spiritual medicine	Saadoun Dawood Ahmed Al-jiboori (Iraq)
Depression in elderly people in nursing homes	Mehdi Chtioui, Leila Gassab, Férid Zaafrane, and Lotfi Gaha (Tunisia)
Short and long term outcome of first psychotic episode: Tunisian inpatient population	Leila Gassab, Sami Boughammoura, Anwar Mechri, Férid Zaafrane, Lotfi Gaha (Tunisia)





# XI PAN ARAB CONFERENCE OF PSYCHIATRY

## Workshops

All training workshops will take place between 15.00-17.00 hours in the indicated location.

**21 August 2008**

Sheraton  
HALL A  
Sheraton  
HALL B

**15.00-17.00**

### **Attachment from theory to neurobiology**

Karam Radwan and Sandra Naaman (USA)

### **Self-harm and violence in old age**

Abeer Eissa and Doaa Hwedi (Egypt)

**22 August 2008**

Sheraton  
HALL A

**15.00-17.00**

### **The Psychiatric examination**

Mohamad Al Khani (Saudi Arabia)

### **Interviewing child victims of sexual abuse**

Abdelouadoud Kharboush and Jamila Bia (Morocco)

Sheraton  
HALL B

### **Psychodrama**

#### **Modern Psychodrama**

Khalil Fadel (Egypt)

#### **Effectiveness of Psychodrama in Developing Social Communication Skills for Pupils with Learning Disabilities**

Mohammad El-Nahhas (Egypt)

#### **Psychodrama in assessing and rehabilitating students' memory**

Elham Aljammas (Iraq)

CPD Center

### **Critical appraisal of mental health literature**

Damascus Cochrane Team

**23 August 2008**

Sheraton  
HALL A

**15.00-17.00**

### **The Arab Board Examination**

Tewfik Daradkeh (Jordan) and Munir Al-Khani (Lebanon)

Sheraton  
HALL B

### **Treatment of PTSD in children**

Yassar Jomah (USA)

CPD Center

### **How to write a Cochrane Review**

Damascus Cochrane Team





## XI PAN ARAB CONFERENCE OF PSYCHIATRY

### Social Program

The Opening Ceremony will take place in Damascus Castle. We will be entertained by The Syrian Army Band.

Re-built in 1202, **Damascus Castle** is an impressive citadel with imposing walls and a dozen colossal turrets surrounding it; there were three-hundred arrow slits and enormous parapets all round. In the following centuries, it suffered devastation and neglect; recently, the western walls of the fortress came into full view. Restoration work has been done, and the citadel is now a center for various cultural activities.

Its most celebrated annual event is the **Damascus Jazz Festival** which will start this year on 23 August 2008. There will be a chance for all of us to be there.

**The Syrian Army Band** was established during the Ottoman era as they were the first to form bands as part of the army and they exported this idea to the rest of the world. After Syria's independence in 1946 the band was directed until his death by a Syrian military officer, Helmi Araballi who had graduated from the military academy in France as lieutenant specializing in music. The present organizational form as an independent unit within the military hierarchy was instituted in 1960 during the union with Egypt.

The Band has recorded many folk musical pieces and military marches since 1965. It took part in the Bremen Musical Festival in Germany in 1999. The Band is presently working on a "**Music on the Road**" project to present musical performances in public gardens in cooperation the Committee of Damascus Capital of Arab Culture for 2008.



### Tours

During the conference, there will be a chance to register for brief tours that will include

1. A sightseeing tour in **Damascus** to visit the inspiring Umayyad Mosque, the lavishly decorated 18th-century Azem Palace, the tiny Chapel of Ananias, the vibrant souks and the National Museum.
2. A visit of **Maaloula**, a picturesque village perched in the rocks concealing the church of St. Sergius, where Mass is still celebrated in Aramaic, the language of Jesus.
3. A visit to **Bosra**, once the capital of the Roman province of Arabia, and its immaculately preserved Roman Theater.

It will also be possible to plan personalized post congress trips to visit **Krack des Chevaliers**, the imposing Crusader castle, **Palmyra**, one of the most impressive Roman sites, and **Aleppo**, perhaps the most picturesque and unspoiled of Arab cities.





## XI PAN ARAB CONFERENCE OF PSYCHIATRY

### General Information

#### Air Travel

Many airlines provide regular service to and from Damascus International Airport.

#### Visa Requirement

Visitors to Syria must hold a valid passport. Arab Nationals are not required to obtain visas. Other Nationals are required to obtain visas. Applications for visas can be made at Syrian Embassies or Consulates in major cities around the world. **You may also send a copy of your Passport to the Conference Secretariat in order to arrange an entry visa to Syria.**

#### Accommodation

In order to facilitate hotel reservation by Congress participants, a number of rooms have been secured at the Damascus Sheraton Hotel (\*\*\*\*\*), Carlton Hotel (\*\*\*\*) and Amer Hotel (\*\*\*). The Sheraton Hotel is the Conference venue. Shuttle buses will run regularly from Amer and Carlton Hotels. The journey is about 5 minutes. Please refer to the registration form for rates of each hotel. To make a booking, please submit the enclosed Accommodation Form by 6 August 2008.

#### Language

Arabic and English will be the official languages of the Congress. Simultaneous interpretation of all plenary sessions and some concurrent sessions will be available.

#### Accreditation

Activities of this conference have been accredited by the Professional Development Committee (CPD) for Continuing Medical Education (CME). The Conference has been accredited for 15 CPD/CME points, and each training workshop is accreted for 5 additional points.

#### Letter of Invitation

The Congress Secretariat will be pleased to send an official letter of invitation upon request. It is understood that such an invitation is intended to help potential delegates raise travel funds or obtain a visa. It is not a commitment on the part of the Organizing Committee to provide any financial support.

#### Currency/banks

The Syrian Lira (SL) is the official currency of the Syrian Arab Republic. Foreign currency can be exchanged at the airports, hotels, banks or exchange offices. The exchange rate at the time of printing is US\$1.00 = SL 47. The most commonly used international credit cards in Syria are VISA, MasterCard and American Express. Major Banks are open from 9am to 2:30pm Sunday to Thursday closing on Friday and Saturday. Some banks and branches are open slightly longer hours. Some banking services are not available an hour before closing.





## XI PAN ARAB CONFERENCE OF PSYCHIATRY

### Registration Form

The preferred method of registration is online. Alternatively, this registration form may be faxed, mailed or emailed to the Congress Secretariat. We encourage you to register by July 10, 2008.

Suffix (Prof/Dr/Mr./Mrs/Ms):\_      Last Name (Surname): \_\_\_\_\_      First Name \_\_\_\_\_

Organization: \_\_\_\_\_      Nationality: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Country: \_\_\_\_\_

Telephone: \_\_\_\_\_ Business Fax: \_\_\_\_\_      Mobile: \_\_\_\_\_      Email: \_\_\_\_\_

Arrival Flight & Time: \_\_\_\_\_

Departure Flight & Time: \_\_\_\_\_

Hotel check-in date:      /August / 2008

Check-out date:      /August / 2008

Payment type	Payment category	Cost (Euro)
Registration Fee	Participants from Developed Countries (€250)	
	Participants from Developing Countries (€150)	

The registration fee includes the welcome reception and the gala dinner.

	Extra tickets to the gala dinner (€30 each)	
Training workshop registration fee	The Examination of the Arab Board of Psychiatry (€10) Critical Appraisal of Mental Health Literature (€10) How to write a Cochrane Systematic Review (€10) Psychodrama (€10) Treatment of PTSD in children (€10)	

Accommodation: Please select hotel

Sheraton Hotel (*****)	Single room (€115 per night). Number of nights _____	
	Double room (€65 per person per night) Number of nights _____	
Carlton Hotel (****)	Single room (€55 per night). Number of nights _____	
	Double room (€35 per person per night). Number of nights _____	
Amer Hotel (***)	Single room (€35 per night). Number of nights _____	
	Double room (€25 per person per night). Number of nights _____	
<b>Total Payment</b>		

**Payment of Registration and Accommodation Fees:** All payments should be made to:





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Payment label: CONGRESS08 REGISTRATION

Please pay by wire transfer. To ensure prompt reconciliation, please send a copy of the transfer record to the Congress Secretariat. Registrations are transferable to a colleague at any time prior to the Congress provided the Congress Secretariat is advised in writing. Your registration will be acknowledged electronically or via facsimile within a week of receipt of registration form.





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