



الحداء الاطباء النفساءباء العرب
ARAB FEDERATION OF PSYCHIATRISTS

The Arab Journal of Psychiatry المجلة العربية للطب النفسي

Vol. 28 No.2. November 2017

المجلد ٢٨ العدد الثاني، نوفمبر ٢٠١٧



الدار البيضاء - المغرب
Casablanca-Morocco

The Arab Journal of Psychiatry

The Editorial Board

The International Editors

Dinesh Bhugra – UK

David Sheehan – USA

Norman Sartorius – Switzerland

Malek Badri – Malaysia

The Associate Editors

Abdul Manaf Aljadri – Jordan

Elie Karam – Lebanon

Numan Ali – Iraq

M. Faker Eleslam – Egypt

Adib Essali – New Zealand

Tarek Okasha – Egypt

The Editor in chief

Walid Sarhan – Jordan

The Deputy Editor

Suhaila Ghuloum – Qatar

The Honorary Editors

Ahmad Okasha – Egypt

Adnan Takriti – Jordan

The English Editor

Tori Snell – UK

Statistics Consultant

Kathy Sheehan – USA

Executive Secretary

Raja Nasrallah – Jordan

Treasures

Hussein Alawad – Jordan

Website:

<http://arabjournalpsychiatry.com>

The Editorial Board

Nasser Shurique – Jordan

Marwan Dwairy – Palestine

Basil Alchalabi – Iraq

Abdelaziz Thabet – Palestine

Wail Abohemdy – Egypt

Elham Khatab – Iraq

George Karam – Lebanon

Ghada Elkhoully – Egypt

John Fayyad – Lebanon

Mohamad Abo Saleh – UK

Tarek – Al Habib – Saudi Arabia

Malek Bajbouj – Germany

Adel Zayed – Kuwait

Charlotte Kamel – Bahrain

Afaf Hamed – Egypt

Ahmad Alhadi – Saudi Arabia

Maha Yonis – Iraq

Jamal Turkey – Tunisia

Issam Alansari – Kuwait

Tori Snell – UK

The Editorial Assistants – Jordan

Radwan Bani Mustafa

Mohamad Dabbas

Alaa Albeshtawi

Ali Alqam

Basma Kilani

Hashem Fakhouri

Nayel Aladwan

Ahmad Jaloudi

Ahid Husni

Nabeel Alhmoud

Walid Shnaiqat

Mohamad Shoqirat

Tayseer Elias

Ahmad Alsalem

Nasri Jasser

Bahjat Abderrahim

Ayman Rabie

Diana Qasas

Instruction to Authors

The Arab Journal of Psychiatry (AJP) is published by the Arab Federation of Psychiatrists since 1989 in Jordan.

The Journal is biannual published in May and November electronically and as hard copy. Original scientific reports, review articles, and articles describing the clinical practice of Psychiatry will be of interest for publication in AJP. The Articles should not be published before. The articles may be written in English or Arabic and should always be accompanied by an abstract in English and Arabic. All Papers are accepted upon the understanding that the work has been performed in accordance with national and International laws and ethical guidelines. Manuscripts submitted for publication in the Arab Journal of Psychiatry should be sent to:

The Chief Editor.

Papers are submitted in electronic form

- ☐ Title, running head (Max: 40 letters), title of the article in English and Arabic, the names of authors should be without their titles and addresses in both languages.
- ☐ Abstract in English (max: 200 words). It should follow a structured format (objectives, method, results and conclusion). It should be followed by key words (max. 5).
- ☐ Declaration of interest after the key words.
- ☐ Names of authors, titles, and full addresses and address for correspondence at the end of the paper.
- ☐ Acknowledgment of support and persons who have had major contribution to the study can be included after the references.
- ☐ Arabic abstract like the English abstract should follow a structured format. And it follows the references section (last page).
- ☐ All Pages should be numbered.

Tables

Tables should be typed with double-spaced in separate pages. They should be numbered with Arabic (e.g1, 2, 3) numerals and have a short descriptive headings.

Illustrations

All illustration should be submitted camera-ready; line drawings/diagrams should be approximately twice the size they will appear in print.

Reference List

References should follow the 'Van Couver style' only the numbers appear in the text. List them consecutively in the order in which they appear in the text (not alphabetically).

Example of references:

- ☐ Zeigler FJ, Imboden, JB, Meyer E. Contemporary conversion reactions: a clinical study. Am. J. Psychiatry 1960: 116:901 – 10.
- ☐ Mosey AC. Occupational therapy. Configuration of a profession. New York: Raven Press, 1981.

Mailing Address: Dr. Walid Sarhan - The Chief Editor -The Arab Journal of Psychiatry

P.O. Box 541212 Postal Code 11937 Amman – Jordan

Tel: 00962 – 6 – 5335446 Fax: 00962 – 6 – 5349763

Email: wsarhan34@gmail.com

Journal Website: <http://arabjournalpsychiatry.com/>

Editorial Letter

It is my pleasure to offer many excellent papers in Arabic for the current issue of the Arab Journal of Psychiatry (AJP). They are among the best papers I could have and cover a wide range of topics. One observation I would like to convey to young researchers who are trying to write papers is that you truly need to read good papers regularly. Be confident and knowledgeable about your topic. Get to know it well by reading thoroughly about it. Ask your colleagues and your mentors for their guidance and opinions so the chances of your paper being accepted for publication improve.

Please visit the AJP website and register yourself. Once you do, you will be able to read and download all previous issues since November 1989.

I would like to thank Dr Tori Snell who takes care of the final editing and spends so much time and effort in making the journal up to the standard.

I am also thankful to the referees who provide opinions and directions to the authors.

I hope Arab researchers will publish more good papers. The AJP prides itself in fostering and disseminating scientific research for the benefit of readers in the region and more widely.

Dr Walid Sarhan, FRCPsych, IDFAPA

Chief Editor of the Arab Journal of Psychiatry

Amman - Jordan

Table of contents

Guidelines

- **Arab treatment guidelines for the management of major depressive disorder**
Ahmed Okasha; Suliman Alkhadhari, Abdullah Al Sharqi, Tarek Al Sherif, Tarek Asaad, Dory G. Hachem, Adel Karrani; Suhail A. Khan, Sonia Laflamme, Ossama T. Osman; Hisham Ramy, Walid Sarhan, David V. Sheehan 97

Editorial

- **A Critical Review of the Literature: The Safety, Tolerability and Risks Associated with the Use of Newer Generation Antidepressant Drugs**
Ahmed Okasha118

Short Editorial

- **Person-centering of Psychiatric Medicine**
M. Fakhr El-Islam127

Psychiatric Audit

- **Audit Report of an inpatient liaison psychiatry service at Baghdad Teaching Hospital.**
Numan Serhan Ali, Emad Aref Al-Kubaisy, Tori Snell 131
- **Clinical audit**
Adib Essali 137

Liaison Psychiatry

- **Rate of physical health monitoring for metabolic syndrome of patients prescribed olanzapine attending a tertiary care hospital in Oman**
Abdullah Al-Jaradi, Mandhar Al-Maqbali, Idris Gaafar, Khalid Al-Khanbashi141
- **Prevalence of depression in a sample of hypertensive outpatients in Mosul city in Iraq**
Adnan Yassin Mohammed 147

Trauma in Palestine

- **The Trauma of Humiliation in the Occupied Palestinian Territory**
Samah Jabr and Elizabeth Berger154

Psychiatric Epidemiology

- **Prevalence of psychiatric disorders among Saudi female adolescents attending high school in Riyadh City**
Y. Alatiq, M. Alshalan and O. Almodayfer 160

Arabic papers

- **Psychoses in DSM-5**
Hassan Almaleh 169
- **The Arab network of the psychological sciences ...seventeen years achievements (Towards Arab cooperation for scientific development of psychological sciences)**
Jamal Turkey..... 171
- **Psychoanalysis of Zionism in the context of history and circumstances.**
Federico Allodi - Ahmed Okasha, Adel Youssef 181

قسمة الاشتراك

اتحاد الأطباء النفسانيين العرب

المجلة العربية للطب النفسي

الاسم: _____

العنوان البريدي: _____

البريد الإلكتروني: _____ هاتف: _____

الجنسية: _____ مكان وسنة التخرج: _____

العمل الحالي: _____

التاريخ: _____ التوقيع: _____

للأطباء النفسيين: اشتراك المجلة 25 دولاراً أمريكياً في السنة.

الاشتراك السنوي للمجلة لباقي الأفراد والمؤسسات 50 دولاراً أمريكياً في السنة.

ترسل القيمة بحوالة بنكية فقط على حساب رقم: 10-166055 البنك الأهلي الأردني – فرع جبل عمان /الأردن.

IBAN/JO40JONB0120000230101455066101

يعاد طلب الاشتراك على عنوان المجلة ص.ب 541212 عمان 111937 – الأردن.

التبرع _____ الاشتراك _____ المجموع _____

ملاحظة رقم الحوالة وتاريخها _____

The Arab Journal of Psychiatry

Subscription of Institutions and Individuals

Name: _____

Address: _____

Signature: _____ Date: _____

Annual Subscription fee 50 U.S. \$.

Money should be sent only by bank transfer to the account of the Journal No. 550661-01

National Jordan Bank, Jabal Amman Br. Amman-Jordan

IBAN/ JO40JONB0120000230101455066101

This form should be sent back to the journal P.O. Box (541212) Amman 11937 – Jordan.

Donatin _____ Subscription _____ Total _____

Note: Number and date of the bank transfer: _____

Tel: 0096265335446

Fax: 0096265349763

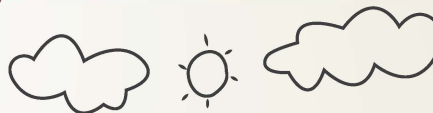
E- mail: wsarhan34@gmail.com

Website: <http://arabjournalpsychiatry.com/>



Q^{JOSWE}uzal

“



T | ~ á → Á Story... For the Person Within.



A^{JOSWE}RiPAL

7 # u



Don't Stop

Negative Depression

8L1 LQUY G ì " WLS^

K o U o #



LQUY GEPU'