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The Journal is biannual published in May and November electronically. Original scientific reports, review articles, and articles describing the clinical practice of Psychiatry will be of interest for publication in AJP. The Articles should not be published before. The articles may be written in English or Arabic and should always be accompanied by an abstract in English and Arabic. All Papers are accepted upon the understanding that the work has been performed in accordance with national and International laws and ethical guidelines. Manuscripts submitted for publication in the Arab Journal of Psychiatry should be sent to:

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#### **Papers are submitted in electronic form**

- Title, running head (Max: 40 letters), title of the article in English and Arabic, the names of authors should be without their titles and addresses in both languages.
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- Declaration of interest after the key words.
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- All Pages should be numbered.

### **Tables**

Tables should be typed with double-spaced in separate pages. They should be numbered with Arabic (e.g1, 2, 3) numerals and have a short descriptive headings.

### **Illustrations**

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### **Reference List**

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- Zeigler FJ, Imboden, JB, Meyer E. Contemporary conversion reactions: a clinical study. Am. J. Psychiatry 1960: 116:901 – 10.
- Mosey AC. Occupational therapy. Configuration of a profession. New York: Raven Press, 1981.

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# Letter from the Editor

**May 2021**

**Dear Colleagues,**

Most of us are coming to accept that the Coronavirus pandemic is shaping our lives in profound and increasingly predictable ways. And, while there is hope there remains also despair in some parts of the world. Let us continue to support a better understanding of the psychosocial consequences and of the resilience arising from the pandemic through our research. We have a role in promoting better public mental health during such times by emphasizing the relationship between social injustice and poor mental health.

There are papers in the current volume of the Arab Journal of Psychiatry that examine experiences of anxiety, depression and coping in Oman, Algeria, Germany and among Arab university students in Israel. Substance use issues are considered in a study from Baghdad, which is a growing concern for the region that we hope can become the focus of further research to establish the most effective ways to address it.

As always, I express my full appreciation to all who contribute to the AJP whether regularly or occasionally and welcome those who have done so, in this volume, for the first time.

Sincerely,

***Walid Sarhan***

**Editor-in-Chief**

**Amman, Jordan**



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