



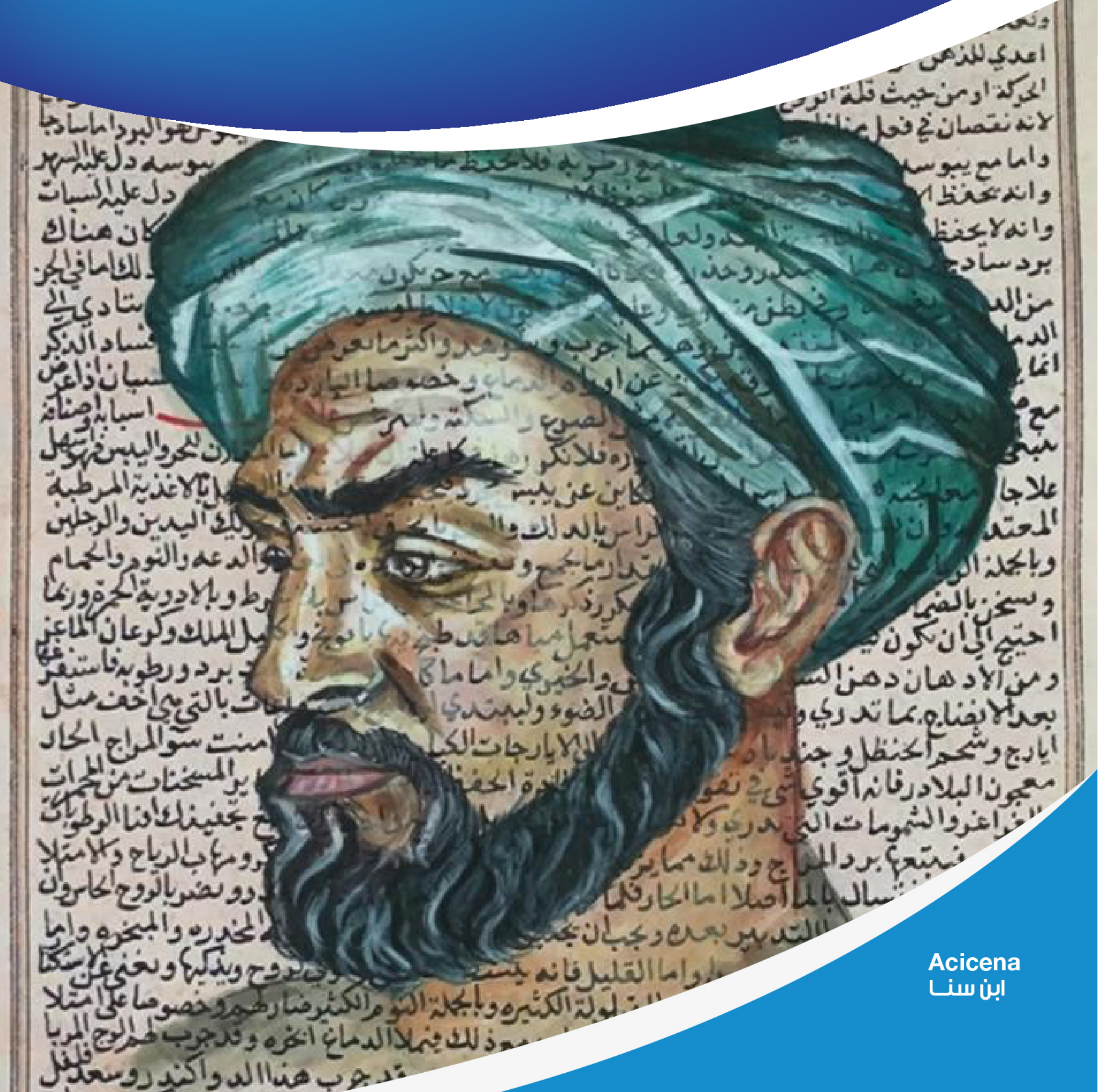
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The Journal is biannual published in May and November electronically. Original scientific reports, review articles, and articles describing the clinical practice of Psychiatry will be of interest for publication in AJP. The Articles should not be published before. The articles may be written in English or Arabic and should always be accompanied by an abstract in English and Arabic. All Papers are accepted upon the understanding that the work has been performed in accordance with national and International laws and ethical guidelines. Manuscripts submitted for publication in the Arab Journal of Psychiatry should be sent to:

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Papers are submitted in electronic form

- Title, running head (Max: 40 letters), title of the article in English and Arabic, the names of authors should be without their titles and addresses in both languages.
- Abstract in English (max: 200 words). It should follow a structured format (objectives, method, results and conclusion). It should be followed by key words (max. 5).
- Declaration of interest after the key words.
- Names of authors, titles, and full addresses and address for correspondence at the end of the paper.
- Acknowledgment of support and persons who have had major contribution to the study can be included after the references.
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- All Pages should be numbered.

Tables

Tables should be typed with double-spaced in separate pages. They should be numbered with Arabic (e.g1, 2, 3) numerals and have a short descriptive headings.

Illustrations

All illustration should be submitted camera-ready; line drawings/diagrams should be approximately twice the size they will appear in the journal.

Reference List

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Example of references:

- Zeigler FJ, Imboden, JB, Meyer E. Contemporary conversion reactions: a clinical study. Am. J. Psychiatry 1960: 116:901 – 10.
- Mosey AC. Occupational therapy. Configuration of a profession. New York: Raven Press, 1981.

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Letter from the Editor

May 2022

Dear Colleagues,

As you read this latest volume of the *Arab Journal of Psychiatry*, nearly three months will have passed since the launch of my year-long campaign to challenge the stigma of mental illness in the Hashemite Kingdom of Jordan. Raising awareness about better ways to help people in our community, and in the wider Arab world, to understand what it is like to have a mental health condition is our shared responsibility. Stigma can lead to discrimination. Stigma can lead people with mental health conditions to withdraw from others and this might reduce their chances of seeking help too. I hope you will be able to work on addressing stigma in your countries and promote research on ways to challenge the stigma of mental illness. I do encourage you to start work in this area and to also support our aim to present stigma as the main theme for the November issue of the *AJP*.

The May 2022 volume of the *AJP* returns to our professional roots in psychodynamic practice while also highlighting current trends on the use of MDMA for the treatment of posttraumatic stress disorder and on understanding reverse culture shock in students returning from studying abroad. Other articles reflect how the world continues to contend with successive waves of coronavirus disease 19 (COVID-19) and its impact on the well-being of people affected by it.

There are many excellent professionals submitting their reviews, original research, and reflections to the *Arab Journal of Psychiatry*, which ensures we can continue to offer you a lively and up-to-date journal.

As of this issue, the journal will be available in EBSCO Essentials

Sincerely,

Walid Sarhan

Editor-in-Chief

Amman, Jordan

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