

THE 5TH INTERNATIONAL CONFERENCE ON PSYCHIATRY

Conference theme

"CHALLENGES IN THE OUTCOME OF PSYCHIATRIC DISORDERS "

Saudi German Hospital (SGH)-Jeddah, Saudi Psychiatric Association (SPA),
Al-Amal Hospital – Jeddah & British Arab Psychiatric Association (BAPA).
& in collaboration with Arab Federation of Psychiatrists, World Psychiatric Association,
Federation of Societies of Biological Psychiatry and Institute of Psychiatry- Ain Shams University Cairo.



28-30 April 2009 - Intercontinental Hotel, Jeddah, Kingdom of Saudi Arabia

Mental disorders are highly prevalent, heterogeneous, and of multifactorial etiology. Collectively, they are associated with significant morbidity, mortality, and economic cost. Wellness is the optimal outcome in the management of chronic medical and psychiatric disorders.

Recently there has been a growing awareness of the importance of the outcome in the management of psychiatric disorders.

We aim is to present and discuss comprehensive updated knowledge in the field of psychiatry. We believe this conference is a wonderful opportunity for Arab expertise within the Arab World & across the globe to exchange experience, network & plan for future collaborative activities. We hope to conclude practical achievable directions for improving psychiatric services in our region for the near future.

The conference main speakers will be opinion leaders in the field of psychiatry as well as policy and decision makers. We also welcome new research & submissions from senior colleagues & trainees.

In our three days' conference you will enjoy the Academic, Social & Spiritual aspects of the programme. In addition you will definitely enjoy the well-known Arabic hospitality.

Dr. Mohammed Khaled

Secretary General of conference

Topics of the conference

- Arab Mental Health services: Service Development, Policies, Pathways to Care and Healthcare economics.
- Outcome in the management of psychiatric disorders.
- Psychosis: Early intervention in Psychosis, Compliance, Relapse prevention, Rehabilitation and improving outcome in Schizophrenia.
- Mood Disorders: Depressive disorder & Challenges in the management of Bipolar Disorder.
- Outcome in the management: Posttraumatic Stress Disorder, Personality Disorders, Psychosexual Disorders, Alcohol & Drug Dependence, Eating Disorders
- Liaison Psychiatry.
- Forensic Psychiatry
- Child & Adolescent Psychiatry
- Old Age Psychiatry: functional & organic mental disorders in old age.

- Therapeutic Approaches in Mental Health: Bio-Psych-Socio-Spiritual.
- Role of religion in clinical practice both in prevention & treatment.
- Brain Imaging in the diagnosis & management of mental disorders.
- Medical ethics, Religion & Spirituality in the era of Globalisation.
- Advances in the field of Medical Education & Psychiatric Training.
- Stigma of Mental illness & role of media in promoting positive public opinion.
- The interface between Psychiatry, Psychology, Philosophy and Social sciences.

Courses:

Course organisers are kindly requested to prepare all relevant materials to be given to participants enrolled on their courses. Course proposals must include self-assessment questionnaires and answers to evaluate the learning outcome of the participants.

Target Participants:

Psychiatrists, Neurologists, Neurosurgeons, Psychologists, Medical Students, Psychiatric Nurses, Social Workers, Occupational Therapists, Teachers, Carers and all professionals who practice in relation to the care of individuals who suffer from Mental Health problems.

Guidelines for abstract submission:

Deadline for submission: 01.01.2009

Registration Fees:

- Early registration (before 31.02.2009): 60 \$ or 200 Saudi Riyal
- After 31.01.2008: 70 \$ or 250 Saudi Riyal
- **For each training course (workshop):** 30 \$ or 100 Saudi Riyal

Organizing Committees

Honorary Chairman

- Prof. Ahmed Okasha

Professor and Director of WHO collaborating Centre for training and research in mental health Institute of psychiatry, Ain Shams University
President of Egyptian Psychiatric Association
President of Arab Federation of Psychiatrist
Past President WPA

Head Organizing Committee

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Consultant of Psychiatry, Director of Alamal Hospital
Jeddah

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- **Prof. Abdullah Al-Sobaie (KSA)**
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Professor of Psychiatry, Ain Shams University
Hospitals

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Professor and Consultant of Psychiatry, King Khalid
University Hospital, King Saud University, Riyadh.

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Professor of Psychiatry and Chair, Institute of
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Psychiatry Consultant SGH- Jeddah

Secretary General of the Congress

- **Dr. Mohamed Khaled**
Consultant and Head of Psychiatric Department,
SGH- Jeddah

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Psychiatry Specialist SGH- Jeddah

- **Dr. Fatma AlWakeel**
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Congress Secretariat

- **Dr. Mohamed Khaled**
Secretary general of the congress

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Time	Hall (A)	Hall (B)
8:30-10:30am	Stanford-Binet Intelligence Scale Training for how to score the Fourth Edition of the test Samer Arar, PhD Consultant Psychologist, KSA Sherif Amin Azzam, PhD Consultant Psychologist Almaharat Centre Jeddah, KSA	Integrating psychological & religious (spiritual) approaches in treatment of substance use patients Dr .Salah El, Gaily Consultant Psychologist Al Amal hospital, Jeddah, KSA. Dr. Osama Arafa Psychiatric Consultant, Al-Amal hospital, KSA Dr. Ayman Alerqsos Consultant Psychologist
10:30am-12:30pm	PTSD Dr. Iman Abdel Halim Ass. Prof. of Psychology King Abdul Aziz University, KSA	

12.30 -1.00 pm : Coffee Break

WORKSHOP: 01:00-03:00am

1:00-3:00pm	Theories and Methods of Dream Research Prof. Mohamed Omar Salem Assistant Professor in Psychiatry Faculty of Medicine, United Arab Emirates University	CBT in Panic Disorder Dr Mohamed Khaled Consultant Psychiatry, Head of Department, SGH, Jeddah, KSA Dr Amira Nasieb Consultant Psychiatry, SGH, Jeddah, KSA Dr Doaa Khalefh Consultant Psychiatry, KING abdel AZIZ university , KSA Dr Mona Alshekh Consultant Psychiatry, General Mental Health Hospital of Tabouk, KSA
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3.00 – 4.00 pm: Coffee Break

WORKSHOP: 04:00-06:00am

4:00-6:00pm	ANGER MANAGEMENT FOR SUBSTANCE ABUSE AND MENTAL HEALTH CLIENTS Dr Mohammed Shawoosh Consultant of Psychiatry, Alamal Hospital Jeddah, Vice President of Saudi Psychiatric Association. , KSA Dr Ahmad hafez Consultant Psychiatrist , Director of Madina Mental Hospital, KSA	How to approach a case of Psychosexual disorders in your clinic? Dr. Mamdouh EL-Adl Consultant in General Adult Psychiatry (Is It Ego-Dystonic Homosexuality) Dr.wail abohendy Assistant Professor in Psychiatry Zagazig University
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Wednesday 29 April, 2009

WORKSHOP: 8:30-12:30am

Time	Hall (A)	Hall (B)
8:30-10:30am	ARABPSYNET...For continuity and implementation of psychological sciences in the Arab countries Dr, Jamel Turky Consultant of Psychiatry Private Clinics, Sfax, TUNISIA	Tools of cognitive Behavioural Therapy Dr Alaa Soliman Consultant Psychiatry, Matareia Teaching Hospital Dr Soliman Ragab Lecturer of psychology Banha University, Egypt
10.30 am –12.30 pm	Cognitive behavioral psychotherapy of homosexuality (Islamic View) Prof Tarek Alhabeeb Consultant of Psychiatry College of medicine -Riyadh, KSA	New highlights in women mental health Prof. Afaf Hamed Professor of Psychiatry and EX-Head department of Institute of Psychiatry Ain Shams University Ass. Prof. Mona Reda Ass. Professor of Psychiatry, Ain Shams University Dr. Sohair El-Ghoneimy Lecturer of Psychiatry Ain Shams University, Cairo

WORKSHOP: 1:00-06:00pm

1.00 – 3.00 pm	Sexual Disorders Dr. Ghada Alkholy Consultant Psychiatry- Ain Shams University. Dr. Amro Jaad Consultant Psychiatry.	The role of health promotion in mental health of the elderly Prof. Abdel Elmoneim Ashour Prof. of psychiatry Institute of psychiatry Ain Shams University Ass.Prof. Abeer Mahmoud Assisntent Professor of psychiatry
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1.00 – 3.00 pm		Institute of psychiatry Ain Shams University Dr. Maissa Eid Psychiatry consultant Ain Shams University
1:00 pm-6:00pm	Principles, tools of assessment, and cognitive-positive therapy techniques in psychiatry practice: Arabian perspective. Prof. Abdel-Sattar Ibrahim Prof. of Psychology American University in Cairo	
4:00 pm-6:00pm	Skills for better understanding of psychiatric patients Dr. Ahmed El-Missiry Consultant Psychiatry West Kent NHS and Social trust .U.K	Providing solutions to the common childhood psychiatric disorders Prof. Heba El-Essawy Professor of Psychiatry Faculty of Medicine , Ain Shams University Ass. Prof. Maha Abou Hatab Ass. Prof. of Childhood Psychology Faculty of learning, Ain Shams University Dr. Dalia Hegazy Lecturer of Psychiatry Faculty of Medicine , Ain Shams University Dr. Noha Sami Consultant Psychiatry Faculty of Medicine , Ain Shams University

SESSION 1 : 8:30-10:30am:

Time	Program	Lecturer Name	Country
8.30-9.00 am	Impact of culture on psychiatric treatment	Prof. Farouk Lotief Professor of psychiatry, Institute of psychiatry -Ain Shams University	(Egypt)
9.00-9.30 am	Writing a medico legal report	Prof. Mohamed Ghanem Professor of psychiatry, Institute of psychiatry -Ain Shams University	(Egypt)
9.30-10.00 am	Multimodal Cultural Perspective on Mental Health Practice in Arabian Cultures	Prof. Abdel-Sattar Ibrahim Prof. of Psychology American University in Cairo	(Egypt)
10.00-10.30 am	An Examination of the Effect of the Media on Attitudes towards Mental Illness	Prof. Pia Anderson Assistant Professor of Anthropology, Dept. of International Studies, American University of Sharjah, Emirate	(U.S.A.)

SESSION 2 : 10:30-11:30am- Hot topics in Psychiatry

Time	Program	Lecturer Name	Country
10.30-10.50 am	Keeping Professional Boundaries: Can we learn from Psychiatrists' experience & views?	Dr. Mamdouh EL-Adl Consultant in General Adult Psychiatry, princess marina hospital northampton UK	(UK)
10.50-11.10 am	Is Early Intervention in Psychosis a cost effective therapeutic Intervention in altering the outcome of Schizophrenia?	Dr.Faria Khan Consultant Child Psychiatrist Preston Loncachire U.K	(UK)
11.10-11.30 am	New approaches to the genetic role in treatment of some resistant psychiatric disorders	Prof. Adel Gamal El-Missiry Founder and scientific director of medical research centre – Ain Shams University	(Egypt)

SESSION 3 : 11:30-12:30am - Post partum depression

Time	Program	Lecturer Name	Country
11.30-11.45 am	Methodology and demographic data of Post partum depression prevalence	Dr Omar Almodayfer MD, FRCPC Consultant Child and Adolescent Psychiatrist, King Abdulaziz Medical City, National Guard Health Affairs, Riyadh	(KSA)
11.45-12.00 am	Post partum depression prevalence.	Prof. Sami Abdul-Kawi Ahmed Consultant clinical Psychologist KAMC, Riyadh, KSA	(KSA)
12.00-12.15 pm	Husband violence and its relationship to PPD.	Prof .Osaima Khair MD Consultant Psychiatrist, King Fahd National Guard Hospital (Riyadh-K.S.A)	(KSA)
12.15-12.30 pm	Contributing factors in Saudi women PPD	Dr. Sami Mahmoud MD Associate Consultant in Psychiatry, KAMC, Riyadh, KSA	(KSA)

12.30 -1.00 pm: Coffee Break & Al Dohr Prayer**SESSION 4: 01:00-02:00am**

Time	Program	Lecturer Name	Country
01.00-01.30 pm	The Effect of Substance Abuse on Human Sexuality	Prof. Said Abdel Azim Professor of psychiatry, Cairo University.	(Egypt)
1.30-2.00 pm	Sexual Addiction and its treatment	Prof. Momtaz Abdel Wahab Professor of psychiatry, Cairo University.	(Egypt)

SESSION 5 : 02:00-03:30pm -Updaes in management OCD

Time	Program	Lecturer Name	Country
2.00-2.30 pm	New Treatment for Resistant OCD and Related Disorders	Prof. Tarek Molokhia Ass. Professor of psychiatry - Alexandria University.	(Egypt)
2.30-3.00 pm	CPT in OCD	Prof. Wail Abo-hendy Professor of psychiatry, Zagazig University	(Egypt)
3.00-3.30 pm	A New Hope in the Treatment of OCD	Prof. Abdel Hamid Hashim Professor of psychiatry, Cairo University.	(Egypt)

SATELLITE SYMPOSIUM (1) - .45-08.15pm: "ADHD: Latest in Comorbidities, Assessment and Psychopharmacological challenges"

Time	Program	Lecturer Name	Country
06.45 -07.30 pm	" ADHD: Trends in Psychopharmacology"	Prof. Azeem Waqar Medical Director and Chair, Department of Psychiatry, Connecticut, USA	(USA)
07.30-08.15 pm	" Autism Spectrum Disorders and ADHD: Diagnostic challenges & Treatment Difficulties"	Dr. Khalid Bazaid Consultant Psychiatrist, Dhahran Health Centre, Saudi Aramco.	(KSA)

SATELLITE SYMPOSIUM (2) 08.30-10.00 pm

Time	Program	Lecturer Name	Country
08.30-09.15 pm	Drug-Induced Psychosis Treatment Approaches	Dr. Abdullah Al Sharqi Consultant of Psychiatry and Addiction Psychiatry, specialized psychiatric clinics, Riyadh	(KSA)
09.15-10.00 pm	Treatment of Depression in Schizophrenia	Prof. Abdul Naser Omer Professor of psychiatry, Institute of psychiatry -Ain Shams University	(Egypt)

SATELLITE SYMPOSIUM (3) 10.00-11.30 pm

Time	Program	Lecturer Name	Country
10.00-10.30 pm	Authoritarian Personality (KSA)	Prof. Tariq Alhabeeb Professor and Consultant of Psychiatry, King Khalid University Hospital, King Saud University, Riyadh.	(KSA)
10.30-11.30 pm	Social Anxiety disorders	Prof. Ahmed Okasha Professor of psychiatry, President of Egyptian Psychiatric Association, President of Arab Federation of Psychiatrist, Past President WPA	(Egypt)

Thursday 30 April, 2009 - Venue: Intercontinental Hotel

WORKSHOP: 8:30-12:30am

Time	Hall (A)	Hall (B)
8.30 – 10.30 am	Updating personality disorders Prof. Tarek Okasha Professor of psychiatry Institute of psychiatry -Ain Shams University Prof. Mohamed Fekry- Ass. Ass. Professor of psychiatry Institute of psychiatry -Ain Shams University Prof. Nivert Zaki- Lecturer of psychiatry Ain Shams University. Dr. Doaa Nader Lecturer of psychiatry Ain Shams University.	How to approach a case of school refusal? Prof. Saffeya Effat Professor of psychiatry Institute of psychiatry -Ain Shams University Ass.Prof. Eman Abou El-Ala- Ass. Professor of psychiatry Institute of psychiatry -Ain Shams University Ass.Prof. Afaf Mohamed- Ass. Professor of psychiatry Institute of psychiatry -Ain Shams University
10.30 am –12.30 pm	Children reaction to divorce Prof Tarek Alhabeeb Professor and Consultant of Psychiatry, King Khalid University Hospital, King Saud University, Riyadh. KSA	Child and adolescent Psychic – Examination Dr: M.A.F.Alkhani Consultant of Psychiatry, Riyadh KSA

12.30 -1.00 pm : Coffee Break

WORKSHOP: 1:00-03:00pm

1.00 – 3.00 pm	Understanding & assessing complex issues in addiction Prof. Amany Haroun Professor of psychiatry Institute of psychiatry -Ain Shams University Ass. Prof. Hisham Sadek Ass. Professor of psychiatry Institute of psychiatry -Ain Shams University Dr. Marwa Abdel-Meguid Lecturer of psychiatry Ain Shams University.	For Substance Use Disorders Dr. Mohammed aLzahrani Consultant psychiatry of Alamal Hospital Dr. Yasser Abdel Razek Consultant psychiatry. Dr. Waled Melhem Consultant psychiatry. Dr. Ghada Refaat Consultant psychiatry. Mahmoud Mohamed Rashad Consultant psychology. Dr. Ghada Abdel Razek - Consultant psychiatry
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3.00 – 4.00 pm: Coffee Break

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4.00 – 6.00 pm	Psychiatry Interview Skills Dr. Mousa A. Al-Zaalah, Psychiatric consultant King Fahd University, KSA.	Exercise Sports & psychiatry Psychological Aspects of Sports and Exercise and the role of the Coaches Prof. Said Abdel Azim Professor of psychiatry Institute of psychiatry Cairo University Problem of drug abuse and championship. Prof. Samir Abou Almagd Professor of psychiatry Institute of psychiatry Cairo University
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Thursday 30 April, 2009

SESSION (6A) - Auditorium (A) : Challenges in the outcome of substance abuse

Time	Program	Lecturer Name	Country
8.30-8.50 am	Effect of Behavioral Modification Program among Adult Drug Abusers in Al-Amal Hospital	Dr. Mahmoud Abdul Rahman Mahmoud Consultant Community Medicine, Elamal hospital, Riyadh, KSA	(KSA)
8.50-9.10 am	A 12-YEAR FOLLOW-UP OF A SAMPLE OF PATIENTS DEPENDENT UPON HEROIN	Prof. Haroon Rashid Chaudhry Head Dept. Psychiatry, Sir Ganga Ram Hospital, Lahore, Pakistan	(Pakistan)
9.10-9.30 am	Drug Abusers and Driving	Dr. Mohamed Shavoosh Consultant psychiatrist, Al-Amal Hospital Jeddah, Vice President, Saudi Psychiatric Association, KSA	(KSA)
9.30-10.00 am	Current pattern of substance abuse in the Arab World	Prof. Tarek Abdelgawwad Professor of psychiatry, Cairo University.	(Egypt)
10.00-10.30 am	Advances in Pharmacotherapy of Addiction	Prof. Ahmad Elkashef Chief, Clinical Trials Branch, (DPMC), (NIDA)	(USA)

SESSION (6B) - Auditorium B

Time	Program	Lecturer Name	Country
8.30-8.50 am	CHALLENGES AND OUTCOME IN PARASUICIDE MANGMENT	Dr. Ehab Ali Sorketti Consultant Psychiatrist , Mandag General Hospital, Al-Baha, KSA	(KSA)
8.50-9.10 am	Preoperative psychological preparation for children	Dr. Huda J. M. Abdul-Wahab Childhood's Studies Department Home Economics Faculty, King Abdul Aziz University, KSA	(KSA)
9.10-9.30 am	THE EFFECTIVENESS OF PSYCHOTHERAPY IN SUB-SAHARAN AFRICAN POPULATIONS	Dr. mohammed jidda Consultant psychiatrist, federal neuropsychiatric hospital Maiduguri, Nigeria.	(Nigeria)
9.30-10.00 am	SPIRITUAL DIMENSIONS OF TRAUMA HEALING Spiritual Dimentions	Abdul Basit Director of research and quality assurance, Orland family services, Chicago, USA.	(USA)
10.00-10.30 am	Religion at work in clinic: can religion be employed in clinical practice?	Dr. Mehmet Atalay Assistant Professor of Psychology of Religion, Istanbul University, Turkey	(Turkey)

SESSION (7) - Auditorium (A)

Time	Program	Lecturer Name	Country
10.30-11.00 am	Psycho-Social Correlates of Physical and Mental Disability in Saudi Children	Prof. Abdullah S. AL-Suabi Professor and Consultant of Psychiatry, King Khalid University Hospital, King Saud University, Riyadh.	(KSA)
11.00-11.30 am	Family Violence and Psychiatric Disorders	Prof. Adnan Takriti F.R.C.Psych., Fellow of the Royal College of Psychiatrists UK	(Jordan)
11.30-12.00 am	Outcome of early marriages: psychological perspective	Dr. Dr. Ahmad Hafez Consultant Psychiatrist , Director of Madina Mental Hospital, KSA	(KSA)
12.00-12.30 pm	Family Therapies	Prof. Adel Almadani Professor of psychiatry, AL-Azhar University	(Egypt)
12.30-01.00	Coffee Break & Al Dohr Prayer		

Thursday 30 April, 2009

SESSION (8)

Time	Program	Lecturer Name	Country
01.00-01.30 pm	Implementation of hormones in the etiology and management of depression	Prof. Adel M. El Sheshai Professor of psychiatry - Alexandria University.	(Egypt)
1.30-2.00 pm	Psychotherapy as an adjuvant to Pharmacotherapy for major depression	Prof. Abdul Karim Mustafa Professor of psychiatry – Al-Azhar University.	(Egypt)
2.00-3.00 pm	Long term management of Resistant Depression	Prof. Ahmed Okasha Professor of psychiatry, President of Egyptian Psychiatric Association, President of Arab Federation of Psychiatrist, Past President WPA	(Egypt)

SATELLITE SYMPOSIUM (4) : Raising the Bar in Schizophrenia

Time	Program	Lecturer Name	Country
06.30-07.00 pm	Mild cognitive impairment	Prof. Magdi Dahab Professor of Neurology , Alazhar University - Cairo	(Egypt)
	cognitive impairment in Schizophrenia	Prof. Mohamed Ghanem Professor of psychiatry, Institute of psychiatry -Ain Shams University	(Egypt)
07.00-08.00 pm	Improving Quality of life in Patients with Alzheimer's Disease and Schizophrenia.	Prof. Afaf Hamed Professor of psychiatry, Ain Shams University.	(Egypt)

SATELLITE SYMPOSIUM (5): Presentations among Psychotic Spectrum

Time	Program	Lecturer Name	Country
08.30-09.15 pm	Schizophrenia, no longer an enigma, merely a puzzle.	Prof. Robin M Murray Professor of Psychiatry, Institute of Psychiatry at the Maudsley, Kings College, University of London	(UK)
09.15 -10.00 pm	Optimizing the management of patients with Depression	Prof. Afaf Hamed Professor of psychiatry, Ain Shams University.	(Egypt)
10.00-10.45 pm	Neurobiology of Depression update	Prof. Tarek Assad Professor of psychiatry - Ain Shams University.	(Egypt)
10.45-11.30 pm	Staying better longer in bipolar disorder	Prof. Ronald Koshes Assistant clinical Professor of psychiatry, Georgetown university medical center	