Training Workshop

MENTAL HEALTH ISSUES RELATED TO CHILDREN

ZERO TO FIVE YEARS (INFANTS, TODDLERS & PRESCHOOL)

December 14 - 18, 2008. Venue: American Center, Alexandria, EGYPT

Introduction

Zero to Five years is a very critical period of human life. That period of life is an important phase particularly as regards Mental Health issues which is a crucial point and corner stone for the development of healthy individual capable to cope with future stressors. Many serious mental health problems have an impact later on that can lead to serious irreversible disorders. Unfortunately, in our region that period of life is neglected by many professionals and care givers.

This encouraged The Child Mental Health Association-Egypt to develop, for the first time in our Region, A training program dedicated to highlight on the normal and abnormal changes happening during this period of life and to provide the proper management plan and skills necessary to improve the quality of life of Our Future Generation.

Objectives (Bridge building Process to link home to school)

- To learn about (Bonding, Attachment, Attention, Fear, Cognitive, Behavioural and Learning Development) of children Zero to Five Years.
- 2. To understand different Mental Health Problems and their Management according to their age group [Zero to Five years] among these problems [Autism, MR, ADHD, Learning Disabilities, Emotional and Behavioural Problems]
- 3. To develop and gain skills for early detection and management.
- 4. To develop communication skills, life skills and mature play for the children and their caregivers.

The Workshop is directed to

Psychiatrists, Psychologists, Psychiatric Nurses, Pediatricians, Family doctors, Primary Health Care physicians, Therapists, Mental Health Providers, Social Workers, Teachers, School Administrators and Parents.

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Time:

Program will start daily from 08.30~am-05.30~pm. The training is conducted by a highly qualified professional team who dedicated their time, work, and enthusiasm that created the way for years in many areas of mental health care. The Training will be through; lectures, group discussion, role play, case study and home works activities.

Registration Includes

- 1) Manual including the materials of the training.
- Certificate approved from Child Mental Health Assoc. EGYPT and the American Center including Time Accreditation.
- 3) Five Coffee Breaks and Lunches for the 5 days.
- 4) Folder.

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