

W PA "REGIONAL MEETING"

"CO-MORBIDITY BETWEEN MENTAL AND PHYSICAL DISORDERS"

CONGRESS BROCHURE

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HOSTED BY: EGYPTIAN PSYCHIATRIC ASSOCIATION (EPA)
Cairo, EGYPT 26-28 January 2011



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Welcome Prof. Ahmed OKASHA



One of the main caveats of our current psychiatric classifications is the high prevalence of co-occurrence of psychiatric disorders because of the overlap of symptoms and blurring of delineation of disorders. What is more alarming is the high co-morbidity between physical and mental disorders. Recent studies revealed that the prevalence of cardiovascular, cerebrovascular, diabetes, hyperlipidaemia, emphysema, etc... are commoner in mental patients than in the general population. Our patients may have high threshold for pain and so many painful physical disorders are misdiagnosed and under diagnosed. The life span and quality of life of our mental patients are less than the general population. Clinical training and postgraduate curricula should have an emphasis on the co-morbid medical conditions with psychiatric disorders so that the psychiatrist should have proper access for diagnosis and management of their medical disorders. It is a good opportunity to highlight this co-morbidity in the next WPA regional meeting in Cairo where ancient Egyptians believed that the site of all mental illness was in the heart as revealed in Eber's papyrus and at treatment was physical rather than mystical.

You are welcome to Cairo to discuss what was realized 6000 years ago of the physical and mental co-morbidity.

Prof. Ahmed Okasha
Honorary President of WPA Regional Meeting - Cairo
President Egyptian Psychiatric Association
President Arab Federation of Psychiatrists
Past President World Psychiatric Association

Welcome Prof. Mario MAJ



People with mental disorders are at increased risk for several physical diseases and have a higher mortality for natural causes than the general population. Their access to physical health care is reduced and the quality of the physical care they receive is worse compared to the general population.

If we are really concerned about the quality of life of our patients and the protection of their civil rights, we cannot ignore that physical health is a crucial dimension of quality

of life in these persons, and that access to a physical health care of the same quality as that available to the rest of the population is a basic right of these persons as human beings and as citizens.

This Regional Meeting will review the research evidence about the comorbidity between mental disorders and physical diseases, the factors which contribute to generate this comorbidity, and what can be done to address the problem.

The city of Cairo, which hosted an excellent World Congress of Psychiatry in the year 2005, will be the extremely attractive venue of the Regional Meeting, whose speakers will include many of the most renowned international experts in the field.

I look forward to meeting you in Cairo.

Prof. Mario Maj
President of WPA Regional Meeting - Cairo
President World Psychiatric Association

Congress Committees

- **Congress Honorary President:** Ahmed Okasha (Egypt)
- **Congress President:** Mario Maj (Italy)
- **Director of the Congress:** Tarek Okasha (Egypt)
- **Chairpersons Organizing Committee:** Momtaz Abdel-Wahab (Egypt) - Levent Kuey (Turkey)

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Juan Lopez-Ibor (Spain)	Raymond Tempier (Canada)

Congress Program at a Glance

Wednesday 26 January 2011

TIME	HALL (A)	HALL (B)	HALL (C)
09.00-10.00	OPENING CEREMONY		
10.00-11.00	2 KEY LECTURES (1)		WORKSHOPS (1a)
11.00-11.30		COFFEE BREAK	
11.30-01.00	SESSION (1)	FORUM (1)	WORKSHOPS (1b)
01.00-02.30	SESSION (2)	DEBATE (1)	WORKSHOPS (1c)
02.30-03.30		LUNCH TIME	
03.30-04.30	2 KEY LECTURES (2)		NEW RESEARCH (1)
04.30-06.00	SESSION (3)	FORUM (2)	NEW RESEARCH (2)

Thursday 27 January 2011

TIME	Hall (A)	Hall (B)	Hall (C)
08.30-10.00	SESSION (4)	MEET THE EXPERT (1)	WORKSHOPS (2a)
10.00-11.00	2 KEY LECTURES (3)		
11.00-11.30		COFFEE BREAK	
11.30-01.00	SESSION (5)	FORUM (3)	WORKSHOPS (2b)
01.00-02.30	SESSION (6)	PANEL DISCUSSION (1)	NEW RESEARCH (3)
02.30-03.30		LUNCH TIME	
03.30-04.30	2 KEY LECTURES (4)		NEW RESEARCH (4)
04.30-06.00	SESSION (7)	DEBATE (2)	MEET THE EXPERT (2)
06.30-08.30	Satellite Symposium		

Friday 28 January 2011

TIME	Hall (A)	Hall (B)	Hall (C)
08.30-10.00	SESSION (8)	NEW RESEARCH (5)	WORKSHOPS (3)
10.00-11.30	SESSION (9)	Round Table (1)	
11.30-12.00		COFFEE BREAK (Friday Prayer)	

Topics for Scientific Submission:

- Co-morbidity between mental and physical disorders
- Medicine in psychiatric education
- Psychiatry in medical education
- Medical disorders in Psychiatric patients
- Emotional disorders
- Anxiety disorders
- Mood disorders
- Internalizing and externalizing disorders in children
- Dementia
- Somatoform disorders
- Dual diagnosis in substance abuse
- Biological psychiatry
- Genetics in psychiatry
- Consultation-liaison psychiatry
- Pharmacotherapy
- Psychosocial therapy
- Somatic therapies
- Diagnosis and classification
- Ethics and psychiatry
- Forensic psychiatry
- Trans-cultural psychiatry
- Disasters and mental health
- Mental health services

Audio Visual Aids :

Data show, overhead projectors, audio visual and video projectors will be provided during the scientific sessions.

Scientific Program Format:**Key Note Lectures:**

The highlight issues related to the overall theme will be presented by distinguished national and international speakers for 30 minutes each.

Symposia :

4 to 5 speakers on specific topics that last 90 minutes , each for 20 minutes

New Research :

Presentation should be 20 minutes and will be followed by discussion.

Poster Session:

Participants will display their work in the Exhibit Hall during the conference followed by sessions for poster discussion. The poster board surface will be 70 cm wide by 100 cms height. Illustrations and typed material must be read from a distance of at least 100 cms.

Satellite Symposia:

Scientific associations or commercial firms interested in organizing satellite symposia are cordially invited to submit their programs. Each symposium is 90 minutes

Meet the Expert**Forum****Debate****Workshop****Abstract Submission****Instruction for preparation of abstracts :**

1. The abstract title (in capital letters)
2. The name of the speaker who will present the paper should be underlined.
3. Abstracts should clearly typewrite on the form enclosed. Text should be typed in double spaced format within the frame indicated and should not exceed 200 words.
4. Abstracts are concise description of the specific purpose, content, methodology, results and importance of the proposed presentation. Please include a concluding statement to provide a strong summary of the abstract. Abstracts must include the following information
 - i. Objectives: Questions addressed by the study
 - ii. Method: Design of the study, setting, patients, intervention (if any), and main outcome measures
 - iii. Results: Key findings, and Conclusions
 - iv. Figures, tables and other illustrations should not be included in the abstract.
5. Abstract will not be accepted unless they are submitted according to the rules, instructions and format described
6. Completed abstract form must be sent to the Congress Secretariat before: 1st Nov. 2010
7. Authors will be notified in writing whether or not their abstract has been approved by the Scientific Advisory Committee
8. Once an abstract has been approved, the presenting author must register for the Congress
9. Instructions for poster presentations will be made available with notices of acceptance
10. All abstracts accepted for presentation at the congress will be published, in the congress abstract book.

Suggestions for any scientific activity and abstracts of papers and poster should be sent to :

- Prof. Afaf Hamed Khalil : profkhafaf@yahoo.com
abstract@wpacairo2011.com
- Send to Fax : +(202) 29 200 908

If you wish to submit your abstract this way, please send an email message to both the emails presented above.

To submit by web :

You can fill the submission form online. Just fill all the fields in the form below and press "Send". Your abstract will be automatically sent on the following formats not exceeding 250 words :

Abstract Type:

- Abstract of a Symposium
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Title:

Authors:

Presenter:

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Presentation preference :

- Oral Poster

Audiovisual aids needed :

- Slide Transparencies Data show

Abstract :

Literature references:

1.
 2.
 3.

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Registration

Registration on-line:

- Registration is divided into Individual Registration, Group Registration, Accompanied Registration; please select carefully and fill in completely according to the registration requirements.

Registration type (outside Egypt)	Before 30/09/2010	After 30/09/2010
Participation from high income countries	450 Euro	500 Euro
Participation from upper-middle income countries	400 Euro	450 Euro
Participation from lower-middle income countries	300 Euro	350 Euro
Participation from lower income countries	200 Euro	250 Euro
Accompanying persons	150 Euro	200 Euro
Trainees or Students	150 Euro	200 Euro

[Book Now](http://www.wpacairo2011.com/indv/indv.htm): www.wpacairo2011.com/indv/indv.htm

* Please refer to [List of Countries](#)
www.wpacairo2011.com/Registration/List%20of%20Countries.pdf

The fees for participants includes

- Access to the Opening Ceremony
- Access to the scientific sessions
- Access to the exhibition
- The bag with the congress materials
- lunches
- Coffee breaks

Registration fees for accompanying persons includes:

- Admission to Opening Ceremony
- Access to the scientific sessions
- lunches
- Coffee breaks

Paying and Cancellation Policy

- After the success of receiving fees from the bank, organizers confirm the registration.

CME Certificate

- The Faculty of Medicine, Ain Shams University and the Institute of Psychiatry CME council accredited this meeting according to the following schedule format:

Plenary Lecture	One hour / lecture
Key lecture	One hour
Satellite Symposium	One and half hour / function
Forum, debate, panel discussion symposia, round table	One hour / function
Workshops, training courses	Half hour / function
Maximum accredited hours	22 hours

How to receive your CME Certificate?

- complete the CME diary form
- You will receive your personalized CME certificate on return to the completion of the evaluation form.

CME award Booth

Located at the registration desk

Registration procedure :

The registration form presented below must be filled, printed and mailed or faxed to the following address

SERVO Egypt : Sheraton Heliopolis Bldg.

Cairo, Egypt

Fax: (+202) 22678336

Confirmation will be forwarded by return by Fax/E-mail.

Agent of the Congress :

SERVO

Tel. : +(202) 22678336

Fax : +(202) 22678338

Website : www.servoegypt.com

E-mail: servo@servoegypt.com

Prof. Afaf H. Khalil

Email: profkhafaf@yahoo.com

Prof. Tarek A. Okasha

Email: tokasha@internetegypt.com

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