

THE FIRST GCC OLD AGE PSYCHIATRY CONFERENCE

ORGANIZED BY:

COLLEGE OF MEDICINE & HEALTH SCIENCES
UNITED ARAB EMIRATES UNIVERSITY AND BEHAVIORAL SCIENCES INSTITUTE
AL AIN HOSPITAL

1-2 March 2013 – Al-Ain, UAE

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" صحة نفسية لكل الأعمار تعني أمة قوية على مر الأجيال "

هكذا يكون شعار الأمم عندما تجد طريقها إلى عالم الحضارات. وفي حقبة ارتفاع معدل الأعمال، التي نخبها جميعا في كل دول العالم، أصبح لزاما على الخدمات الصحية، أن تبذل الجهد من أجل توفير كل أنواع الرعاية، من طبية ونفسية إلى تأهيلية وكذلك أسرية، لتلك الشريحة العمرية التي بذلت أعمارها من أجل أجيال تليها، ليصبح واجب هذه الأجيال أن ترد جميلها، بأقل القليل وهو تقديم العناية الواجبة، فليس منا من لم يوقر كبيره.

كانت فكرة تنظيم هذا المؤتمر للتركيز على عرض أحدث الطرق العلمية الطبية من تشخيص وعلاج وكذلك الطرق الحديثة للرعاية النفسية والبدنية، واضعين نصب أعيننا مراعاة الجانب الروحي والثقافي لكبار السن في عالمنا العربي.

سوف يضم المؤتمر عددا من الخبراء والمتخصصين في رعاية المسنين من الأطباء والمرضى من العاملين في مجال الطب النفسي وطب المسنين، إضافة إلى المهتمين بهذا المجال من بين المؤسسات المجتمعية وكذلك الأسر التي تقوم على رعاية الأجداد.

من أهم محاور المؤتمر مناقشة المشاكل الطبية التي يعاني منها كبار السن، وحدث المستجدات في مجال التقييم والعلاج والتأهيل النفسي والبدني. وسوف يضم المؤتمر عددا من ورش العمل لمناقشة محاور المؤتمر بالتفصيل في التشخيص والعلاج.

There is a world-wide increase in the life span of the population which necessitates an urgent need to focus attention on health services in all aspects of care for the elderly population. This includes; medical, psychological, rehabilitative, social and family related issues.

The idea of organizing this Conference sprung out of the need to disseminate information about the latest scientific and evidence-based methods for medical diagnosis, treatment and care for psychiatric conditions in old age.

The Conference will include a wide range of interested practitioners; physicians, nurses, psychologists, social workers, physical and occupational therapists, care givers and families. The main conference topics will discuss mental health problems experienced by older persons, and the latest findings in the field of psychological assessment, psychiatric and rehabilitative therapies. The Conference will include a number of workshops to discuss the Conference topics in depth.

THE EVENT

DATE: 1-2 March 2013

VENUE

Khalifa Theatre, College of Medicine and Health Sciences (FMHS) UAE University Al Ain, United Arab Emirates

From Ayla, Hilton and Danat hotels once daily bus transportation to the conference venue (morning time) and back to the hotel (afternoon) will be provided by the organizers

COURSE OBJECTIVES

The primary objective for this conference is to provide professionals in the field of old age mental health and related fields with a general understanding of the state of the art practices in the psychiatric assessment and management for the elderly patients. We hope to accomplish this through a series of lectures, practical workshops, and discussion sessions

TARGET AUDIENCE

Psychiatrists, Psychologists, Internists ,Primary care physicians, Neurologists, Nurses, Community Teams, social workers, Occupational therapists, medical students, rehabilitation services, families and cares

CME CREDIT

The organiser of the conference will apply for CME credit hours from CME and CPD Committee of United Arab Emirates University which is recognized by all medical bodies in United Arab Emirates once the scientific program is finalized.

CONFERENCE ORGANIZING COMMITTEE**ORGANISERS**

College of Medicine and Health Sciences United Arab Emirates University.

in association with

Behavioural Sciences Institute, Al Ain Hospital

- Prof. Mohamed Yousef Hasan Baniyas (Conference President)
- Prof. Tar-Ching Aw (Conference Chair)

CORE COMMITTEE

- Prof. Hamdy Moselhy (Chair)
- Dr. Yahya Bashir Takriti (Co-Chair)
- Dr. Kanita Dervic
- Dr. Leena Amiri
- Dr. Adel Al Offi
- Dr. Saad Ghalib
- Dr. Ghanem Al Hassni
- Ms. Fadwa Almugaddam
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- Mr. Said Yousef

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- Dr. Kanita Dervic (Co-Chair)
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- Dr. Essam Emam
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- Dr. Mohamed Al Banna
- Dr. Mohamed Abd Al Maksoud
- Dr. Mohamed Khalid
- Dr. Leena Amiri
- Dr. Anne Omara

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- Ms. Fadwa Almugaddam
- Mr. Mohamed Ali
- Mr. O Poker

Mr. Basheer T V

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- Mr. Haytham Soukieh (Co-Chair)
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- Mr. Ehsan Ullah
- Mr. Musa Yasin
- Mr. Ashok Prasad
- Ms. Ivanna Lizarrituri
- Mr. Usman Thanikkal (CMHS, UAEU)

PROGRAM OUTLINE**OBJECTIVE**

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LECTURE TOPICS

- Updates in Dementia Research
- Advances in Management of Alzheimer's Disease
- Co-morbidity in Old Age Psychiatry
- Evidence Based Psychopharmacology
- Neuro-Imaging

- Management of Psychiatric Disorders in the Elderly
- Future Directions in Old Age Psychiatry Services
- Role of Families and Support Groups

WORKSHOPS

- Delirium Assessment and Treatment
- Psychiatric Assessment of Elderly Patients in General Practice
- Treatment of Common Psychiatric Disorder in Later Life

TARGET AUDIENCE

Psychiatrists, Psychologists, Internists, physicians, neurologists, Nurses, Social Workers, Occupational therapists, medical students, rehabilitation services Community teams, families and caregivers

PRELIMINARY SCIENTIFIC PROGRAMME**FRIDAY 1, MARCH 2013**

- **08:00** Arrival, registration and coffee
- **09:00** Opening and Introduction
- **09:15** Developments in Dementia Research and Treatment
- **09:45** Mild Cognitive Impairment
- **10:15** What is New in Neuro-Imaging in Dementia?
- **10:45** Coffee Break
- **11:00** Improving Care for the Elderly
- **11:30** Memory Clinics - Who Needs Them?
- **12:00** Poster Session / Lunch Break / Prayer
- **14:00** Comorbidity in Old Age Psychiatry
- **14:45** Psychosis in Old Age
- **15:30** Prescribing Psychotropics for Elderly Patients
- **16:00** Question and Answer Session
- **19:00** Gala Dinner and Social Entertainment

SATURDAY 2, MARCH 2013

- **08:00** Registration and Coffee
- **08:30** Advances in Treatment of Anxiety Disorders
- **09:00** Suicide in Older People
- **09:30** Treating Depression in Old Age
- **10:00** Question and Answer Session
- **10:30** Coffee Break
- **11:00** Current & Future Directions in Old Age Psychiatric Practice in the GCC
- **12:00** Poster Session / Lunch Break / Prayer
- **13:00** Workshops in Parallel
 - a) Cognitive Assessments in GP Services
 - b) Delirium Assessment and Treatment
 - c) How to Develop and Old Age Psychiatry Service

- **15:00** Coffee Break
- **15:30** Plenary and Closing Session

ONLINE REGISTRATION

Online Registration will be available soon

EARLY REGISTRATION

Before 31 January 2013

Physicians	AED 500/-
Other Health Professionals	AED 400/-
Residents	AED 200/-
Students & Family Caregivers	Free

LATE REGISTRATION

From 1 February 2013 - 26 February 2013

Physicians	AED 700/-
Other Health Professionals	AED 600/-
Residents	AED 400/-
Students & Family Caregivers	AED 100/-

The registration fee includes the scientific programme, course material meals for two days (morning and afternoon coffee, lunch). Please note that travel and accommodation are not included in the registration fees.

ACCOMODATION

Accommodation is to be arranged individually by the participants and it is not included in the registration fee. There are several hotels in Al Ain, from three of them (Ayla, Danat and Hilton) once daily bus transport in the morning to the conference site and back in the afternoon will be provided.

AYLA HOTEL

Ayla Hotel is centrally located in Al Ain City next to the Ayla Commercial Complex. It offers contemporary guest rooms, an indoor pool and luxury spa facilities. Rooms feature flat-screen TVs and modern furnishings with Arabic elements. Each has ornate, wooden headboards and white linens on the plush beds. The floor-to-ceiling windows provide views of the city. Massage treatments and a sauna are offered at Ayla Hotel's Pulse Health Club. A fitness centre is also provided..... [more](#)

DANAT AL AIN RESORT

Nestled amid lush greenery and beautiful gardens, this Five-Star Al Ain hotel features luxurious accommodations and lavish resort-style features, including three pools, a 24-hour fitness centre, spa, and engaging children's activities. For guests interested in exploring, the city is at your doorstep..... [more](#)

HILTON AL AIN

Set in exotic landscaped gardens, the Hilton Al Ain hotel offers a peaceful oasis in the heart of this bustling city. This Al Ain hotel is close to major tourist attractions and Dubai and Abu Dhabi airports are 80 minutes away. Visit nearby Al Ain attractions, enjoy a round of golf on the hotel's 9-hole course or simply relax by the pool.... [more](#)

